

Going to the Dentist



Sometimes I go to the dentist.
If my teeth hurt, I might need
to go to the dentist. I also
go to the dentist to have my
teeth cleaned to make sure I
continue to be healthy.





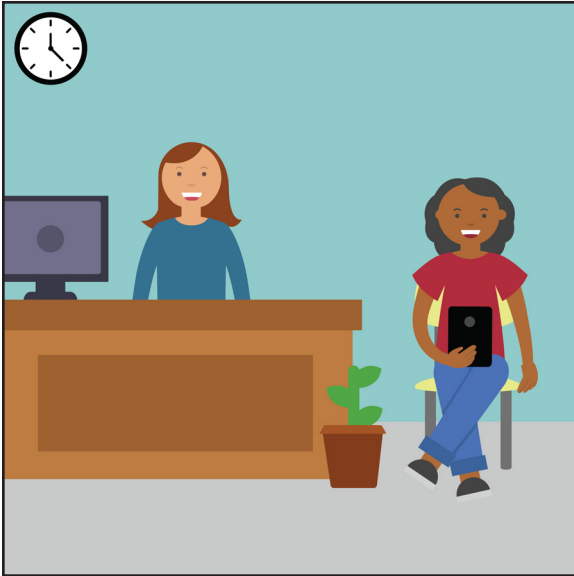
When I get to the dentist's office, I go to the reception desk to check in first. The receptionist will ask me some questions. I will need to give them my I.D. and insurance cards, and I might need to pay for my appointment.

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The receptionist might hand me paperwork to fill out. I take the paperwork and sit down in an empty seat in the waiting room. I answer all the questions and give the paperwork back to the receptionist when I am done.

3



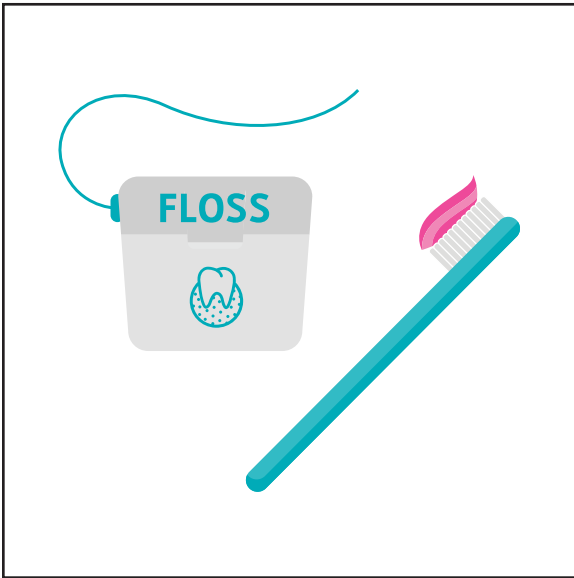
I sit back down and wait for my turn. While I am waiting, I can do quiet activities. When it's my turn, I will hear my name. It is important for me to stop what I am doing and walk toward the person calling my name, even if I'm in the middle of a game or a book.

4



When I enter the room, I may have to wait for the dentist or dental assistant. The employees take care of other people in addition to me, so I have to wait my turn. It can be hard to wait! I can do a quiet activity just like the one I did in the waiting room.

5



When the dental assistant comes in, they will clean my teeth. They may use floss and an electric toothbrush to make sure my mouth and teeth are clean and ready for the dentist.

6



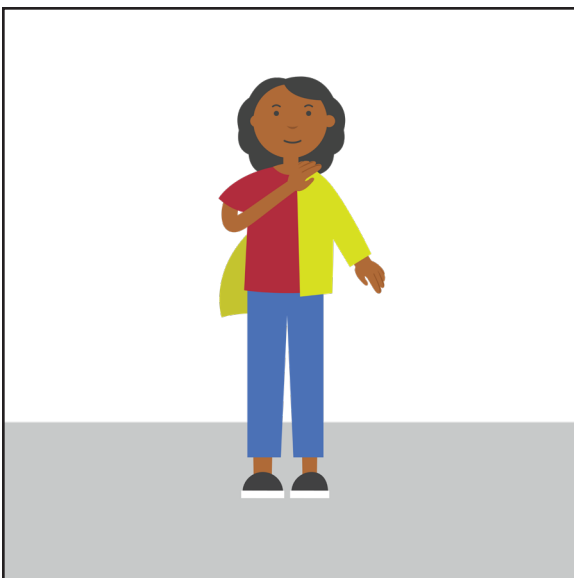
After my teeth are clean, the dentist will come in and check my teeth and mouth for cavities. The dentist may ask me questions. I will do my best to answer the questions. If I don't know the answer, I can say, "I don't know," or give my best guess.

7



If I am uncomfortable or in pain when the dentist or dental assistant are looking at my teeth, I can tell them how I feel. It may be necessary for the dentist or dental assistant to touch my teeth where they hurt in order to figure out what is wrong.

8



When the exam is done, the dentist will leave. Then, I will gather my things, open the door, and walk to the checkout area.

9



At the checkout area, I may need to make another appointment. I might also get some papers or a bag with a toothbrush and toothpaste in it.

10



I will go to the dentist for checkups to make sure my teeth and mouth stay healthy. I'm glad I have a dentist who helps me stay healthy!

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