

Arizona Early Learning Standards rev. 2018	Teaching Strategies GOLD Objectives	STAR Lessons and Activities	Themes First Lessons	Routine Essentials Lessons
SOCIAL EMOTIONAL				
STRAND 1: SELF-CONCEPT				
Concept 1: Self-Awareness				
a. Demonstrates self-confidence.	1. Regulates own emotions and behaviors 1c. Takes care of own needs appropriately	L1 Expressive Language Lesson 2, 3 L1 Functional Routine Lesson 1-13	Group Work: Games	Self-Care
b. Makes personal preferences known to others.	1. Regulates own emotions and behaviors 1c. Takes care of own needs appropriately 37. Demonstrates progress in listening to and understanding English	L1 Expressive Language Lesson 1-3 L1 Functional Routine Lesson1-13		Behavior Supports
c. Demonstrates knowledge of self-identity/autonomy.	29. Demonstrates knowledge about self 37. Demonstrates progress in listening to and understanding English	L1 Expressive Language Lesson 1-3 L1 Play & Social Interaction Lesson 1, 2	Group Work: Games	Independent Work Systems Circle
d. Shows an awareness of similarities and differences between self and others.	29. Demonstrates knowledge about self	L2 Play & Social Interaction Lesson 4, 5 L3 Play & Social Interaction Lesson 2, 3	Group Work: Games	Circle: Calendar
e. Demonstrates developmentally appropriate cultural curiosity and responsiveness.	3. Participates cooperatively and constructively in group situations 3a. Balances the needs of rights of others 10. Uses appropriate conversational and other communication skills 10b. Uses social rules of language	L2 Spontaneous Language Lesson 3 L2 Play & Social Interaction Lesson 4, 5 L3 Play & Social Interaction Lesson 2,3	Group Work: Games	Play Interactions
Concept 2: Recognizes and Expresses Feelings				
a. Associates emotions with words, facial expressions and body language.	1. Regulates own emotions and behaviors 1b. Follows limits and expectations 2. Establishes and sustains positive relationships 2b. Responds to emotional cues	L1 Play & Social Interaction Lesson 4 L2 Receptive Language Lesson 11		Behavior Supports Social Supports
b. Identifies, describes and expresses their own feelings.	1. Regulates own emotions and behaviors 1c. Takes care of own needs appropriately 2. Establishes and sustains positive relationships 2b. Responds to emotional cues	L2 Expressive Language Lesson 10 L3 Play & Social Interaction Lesson 2		
c. Identifies and describes feelings of others.	2. Establishes and sustains positive relationships 2b. Responds to emotional cues	L2 Expressive Language Lesson 10 L3 Play & Social Interaction Lesson 3, 5		Social Supports
d. Expresses feelings of satisfaction in independent activities.	1. Regulates own emotions and behaviors 1c. Takes care of own needs appropriately 9. Uses language to express thoughts and needs 9a. Uses an expanding expressive vocabulary	L1 Play & Social Interaction Lesson 3 L2 Play & Social Interaction Lesson 2 L3 Play & Social Interaction Lesson 4 L1, L2, L3 Functional Routines		Independent Work
e. Expresses empathy for others.	2. Establishes and sustains positive relationships 2b. Responds to emotional cues 3. Participates cooperatively and constructively in group situations 3b. Solves social problems	L2 Play & Social Interaction Lesson 5 L3 Play & Social Interaction Lesson 2, 5		Self-Care

Concept 3: Self-Regulation				
a. Understands and follows expectations in the learning environment.	1. Regulates own emotions and behaviors 1b. Follows limits and expectations	L1 Receptive Language Lesson 1-4 L1 Functional Routine Lesson 1-13	Group Work: Games	Transition Independent Work Systems
b. Adjusts behavior and adapts to transitions, daily routines, and unexpected events.	1. Regulates own emotions and behaviors 1a. Manages feelings 1b. Follows limits and expectations	L1 Receptive Language Lesson 1-4 L1 Play & Social Interaction Lesson 1, 4 L1 Functional Routine Lesson 1-13		Transition Arrival Departure
d. Chooses appropriate words and actions.	1. Regulates own emotions and behaviors 1a. Manages feelings	L1 Expressive Language Lesson 3 L1 Play & Social Interaction Lesson 1, 4		Behavior Supports

STRAND 2: RELATIONSHIPS				
Concept 1: Attachment				
a. Expresses interest, curiosity, and trust with familiar adults	2. Establishes and sustains positive relationships 2a. Forms relationships with adults	L1 Receptive Language Lesson 1-4 L1 Play & Social Interaction Lesson 2, 4		Play Interactions
b. Seeks support from familiar adults.	1. Regulates own emotions and behaviors 1a. Manages feelings 2. Establishes and sustains positive relationships 2a. Forms relationships with adults 3. Participates cooperatively and constructively in group situations 3b. Solves social problems	L1 Expressive Language Lesson 2, 3 L1 Play & Social Interaction Lesson 4 L3 Lay & Social Interaction Lesson 1, 3		
c. Separates from familiar adult with minimal distress.	2. Establishes and sustains positive relationships 2a. Forms relationships with adults	L1 Expressive Language Lesson 3 L1 Functional Routine 1-3, 7		Transition

Concept 2: Social Interactions				
a. Responds when adults or other children initiate interactions.	2. Establishes and sustains positive relationships 2a. forms relationships with adults 2. Establishes and sustains positive relationships 2d. Makes friends 3. Participates cooperatively and constructively in group situations 3a. Balances the needs and rights of others 10. Uses appropriate conversational and other communication skills 10a. Engages in conversation	L1 Expressive Language Lesson 3 L1 Play & Social Interaction Lesson 1 L2 Functional Routine 12 L2 Play and Social Interaction Lesson 5 L3 Spontaneous Language Lesson 2 L3 Play & Social Interaction Lesson 2, 3	Group Work: Games	Play Interactions
b. Initiates and sustains positive interactions with adults and other children.	2. Establishes and sustains positive relationships 2a. Forms relationships with adults 2d. Makes friends 10. Uses appropriate conversational and other communication skills 10a. Engages in conversation	L1 Play & Social Interaction Lesson 4 L2 Spontaneous Language Lesson 2 L2 Functional Routine 4, 5, 11, 12 L3 Functional Routine 5-8, 10-16 L3 Play & Social Interaction Lesson 3, 5	Group Work: Games	Circle Small Group Activities
c. Acknowledges someone's perspective by demonstrating positive ways to resolve conflict.	2. Establishes and sustains positive relationships 2d. Makes friends 3. Participates cooperatively and constructively in group situations 3b. Solves social problems	L3 Play & Social Interaction Lesson 2 L3 Play & Social Interaction Lesson 2, 3	Group Work: Games	Circle

Concept 3: Respect				
a. Respects the rights and property of others.	3. Participates cooperatively and constructively in group situations 3a. Balances needs and rights of self and others	L1 Receptive Language Lesson 2, 3 L1 Play Social Interaction Lesson 1		Circle: Music Circle: Calendar Circle: PE
b. Defends own rights and the rights of others.	2. Establishes and sustains positive relationships 2d. Makes friends 3. Participates cooperatively and constructively in group situations 3b. Solves social problems	L2 Play & Social Interaction Lesson 3-5 L3 Play & Social Interaction Lesson 2-5		Circle: Music Circle: Calendar Circle: PE
c. Shows respect for learning materials in the learning environment.	3. Participates cooperatively and constructively in group situations 3a. Balances needs and rights of self and others	L3 Play & Social Interaction Lesson 2 L3 Functional Routines 4, 5, 9-16	Group: Art, Cooking, Games	Circle: Music Circle: Calendar Circle: PE