Group Activity: Life Skills - Lesson 3 - Transportation Safety – What to Do If I Get Lost

Objective:
This activity builds on listening, motor, and social skills to support students in reaching individual learner outcomes through the study of transportation safety.

Materials:
- Social story: "What to Do If I Get Lost" (provided)
- Community helper worksheet (provided)
- Scissors
- Glue

Duration: 15 to 20 minutes

Preparation:
1. Print, laminate, and cut out the social story (1 for the entire class).
2. Print the community helpers worksheets (1 per student).
3. Gather students in a semi-circle facing the front of the classroom.

Instructions:
1. Lead a discussion with students about how to stay safe when you're in public and you get separated from your adults. Explain that when you're lost, it's important to stay safe by:
    a. Trying to find your group by looking around and calling one of their names to get their attention
    b. Staying where you are
    c. Keeping calm
    d. Finding a community helper nearby
    e. Telling the community helper you're lost and need help
2. Read the social story, "What to Do If I Get Lost," to the class, while showing the images to students.
3. Discuss the story and answer students' questions.
4. Distribute to students:
    a. Community helper worksheets
    b. Scissors
    c. Glue
5. Prompt students to complete the community helper worksheets by cutting out the images and gluing them in the corresponding boxes.
6. When students are finished, review the completed worksheet and revisit your discussion about getting lost.
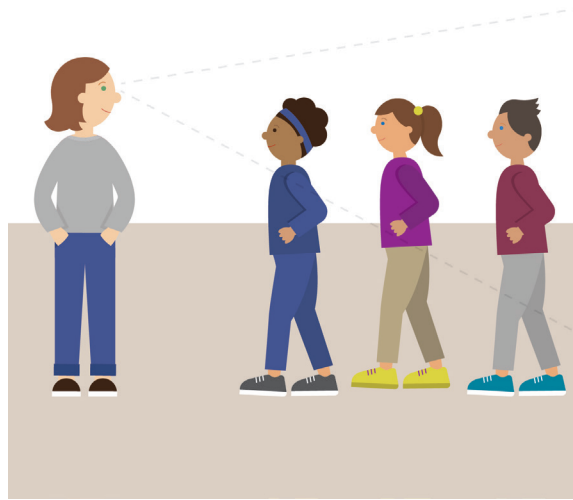
What to Do If I Get Lost

Sometimes I go out into the community with my family and friends. We might go to the park, to the store, or even to another city.
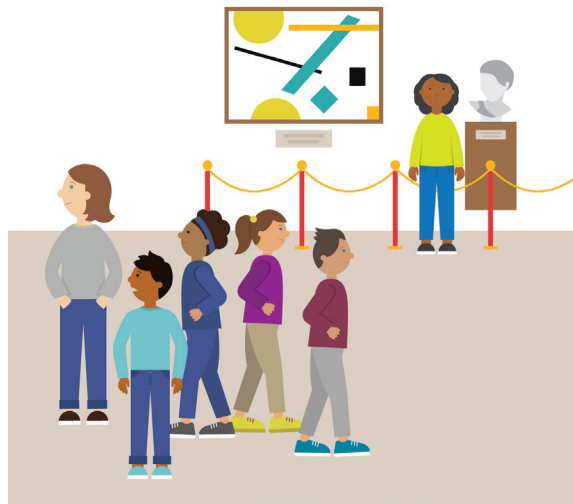
When I am out in the community, I should stay with the group. I should stay close to the adults in my group, such as my parents or my teachers.

What to Do If I Get Lost

I should walk next to the other people in my group and stand next to them if we stop. I should always stay within eyesight of the adults in my group, which means I can see them and they can see me.

If I don't stay close to my group, I might get lost. This means I am separated from the group and the adults can't see me anymore. This might make people in my group worried because they won't know if I am safe.

What to Do If I Get Lost
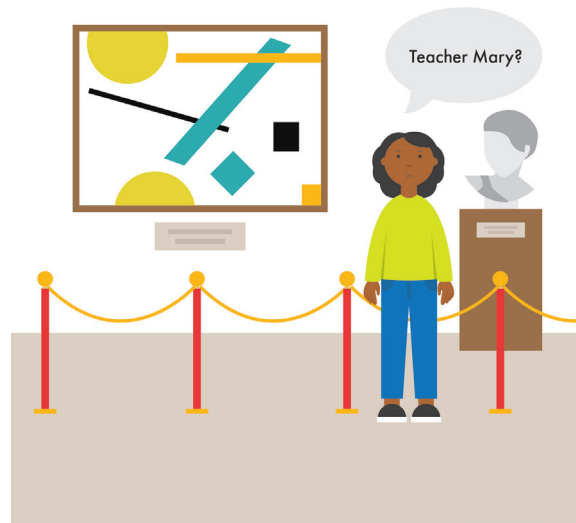
If I get lost, I should try to find my group again. I can look for them, and if I see them, I can walk over to them or say one of their names to get their attention.
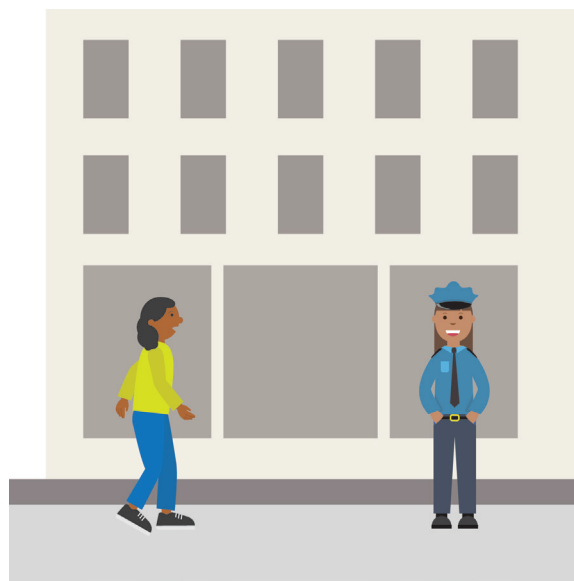
If I can't find my group, I can ask a community helper for help. A community helper is someone who works at the place I'm in, such as a cashier at the store. Police officers and security guards are also community helpers.

What to Do If I Get Lost

I can walk up to a community helper and say, "I am lost and I need help." The community helper might ask me some questions. I should answer them so that they can help me find my group.
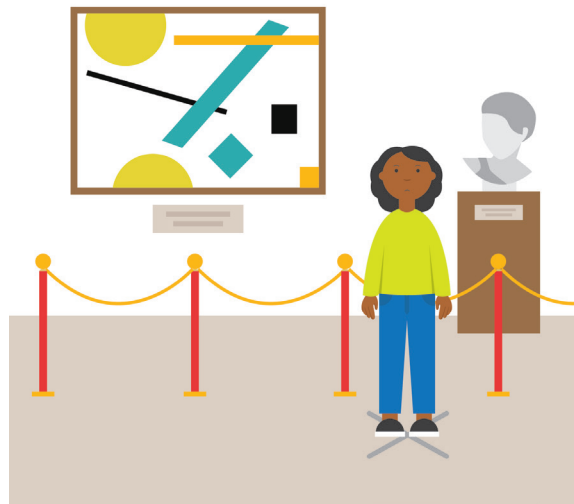
If I get lost, I should not leave the place I'm in. I will try to find an adult or community helper in the same area.

What to Do If I Get Lost

When I am out in the community, I will try to stay with my group. If I get lost, I can stay calm and ask for help so that I can find my group again. This will make my friends and family happy!

*If I get lost in a **grocery store** . . .*

. . . who can I ask for help?

Glue a picture of this community helper below:

If I get lost near a *fire station* . . .

. . . who can I ask for help?

Glue a picture of this community helper below:

*If I get lost in a **hospital** . . .*

. . . who can I ask for help?
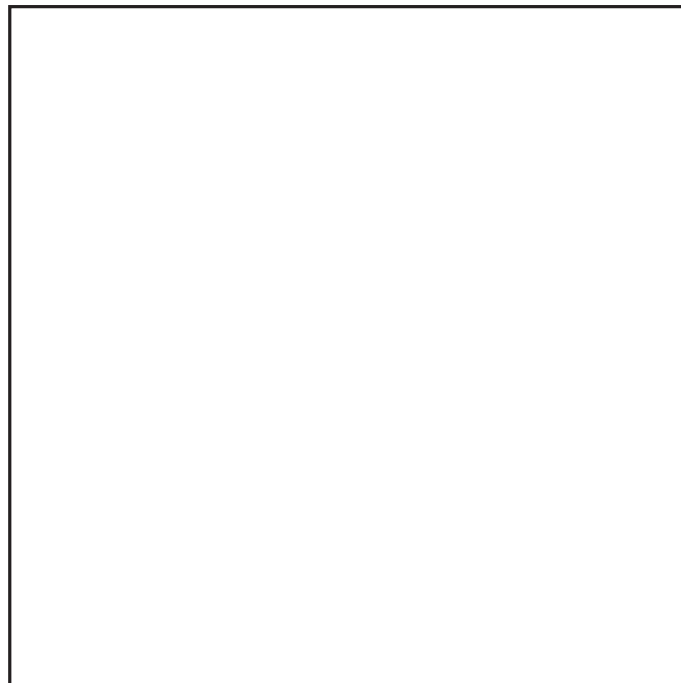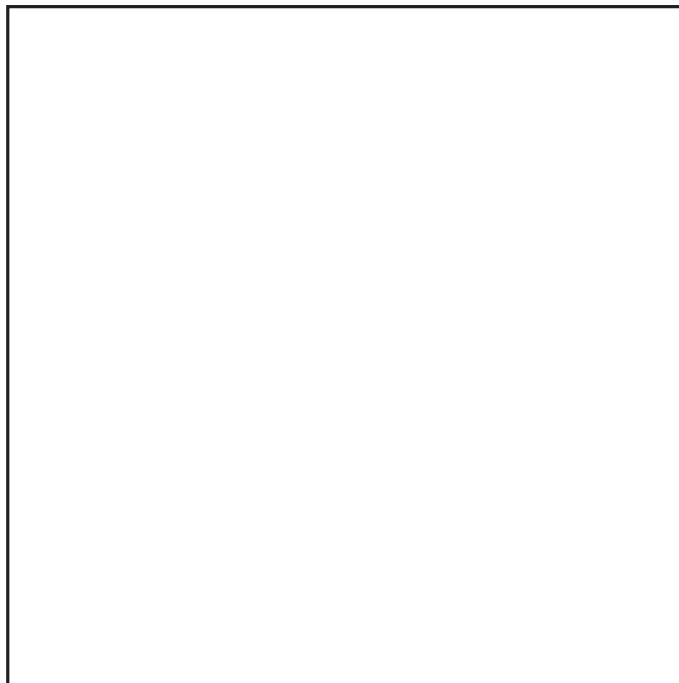
Glue a picture of this community helper below:

*If I get lost in an **airport** . . .*

. . . who can I ask for help?

Glue a picture of this community helper below:
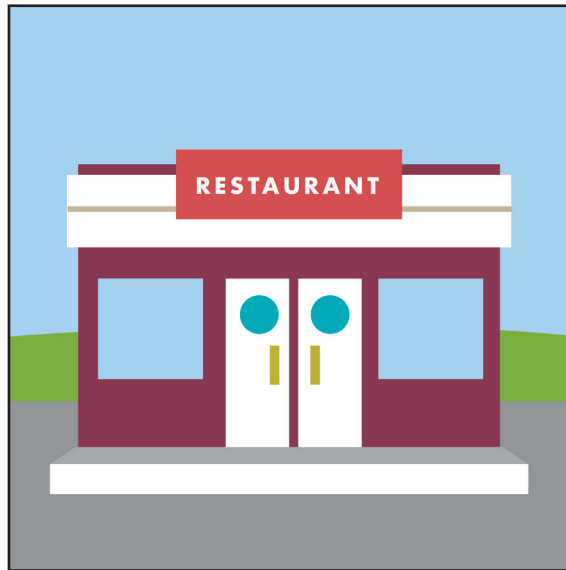
*If I get lost in a **library** . . .*
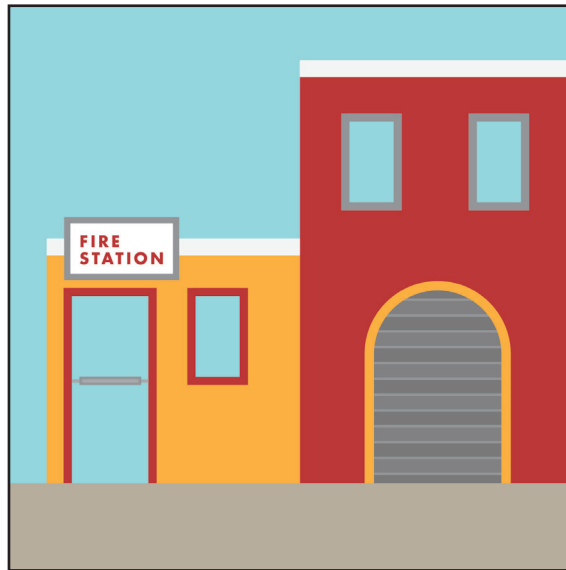
. . . who can I ask for help?

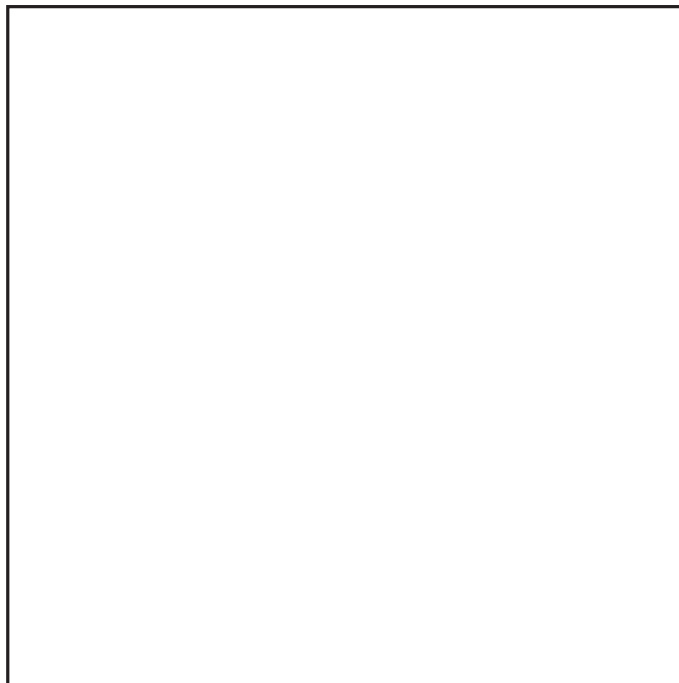# Glue a picture of this community helper below:
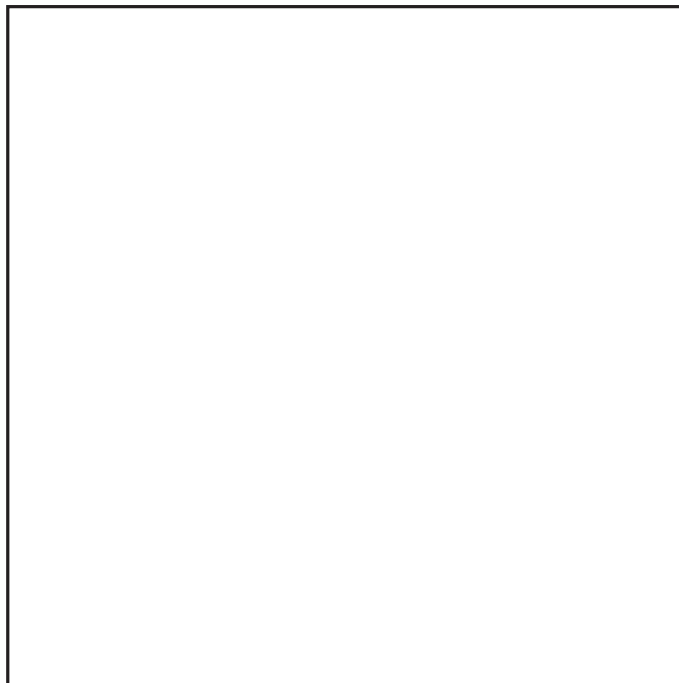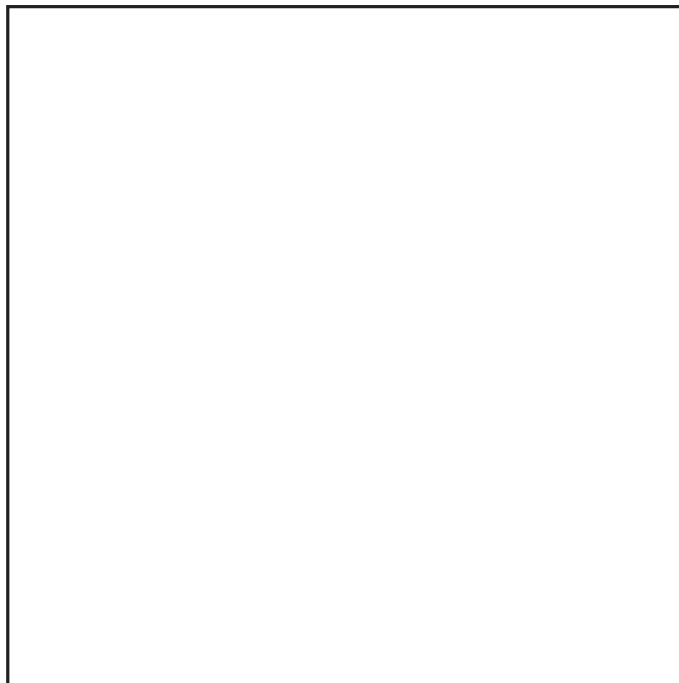
Community Helpers Worksheet

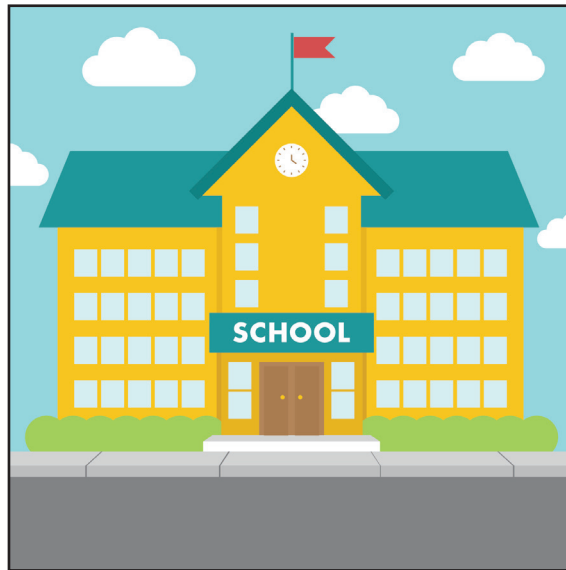*If I get lost in a **restaurant** . . .*

. . . who can I ask for help?
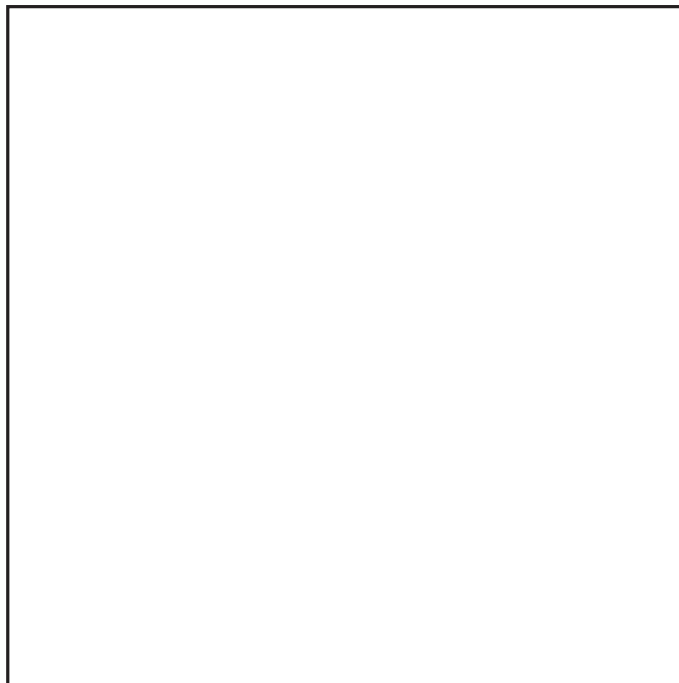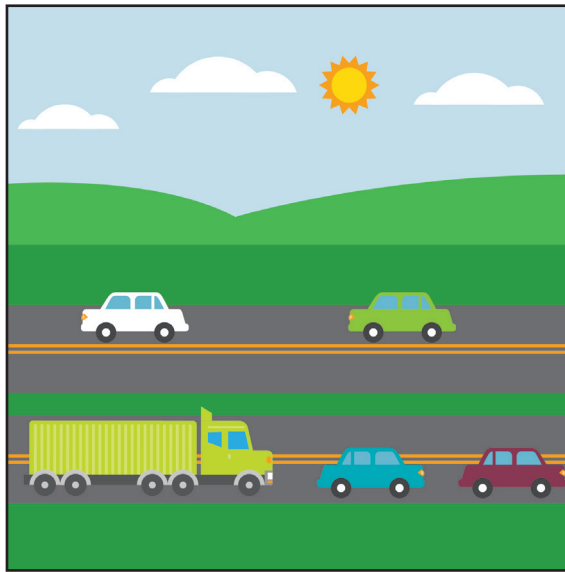

Glue a picture of this community helper below:

*If I get lost at **school** . . .*

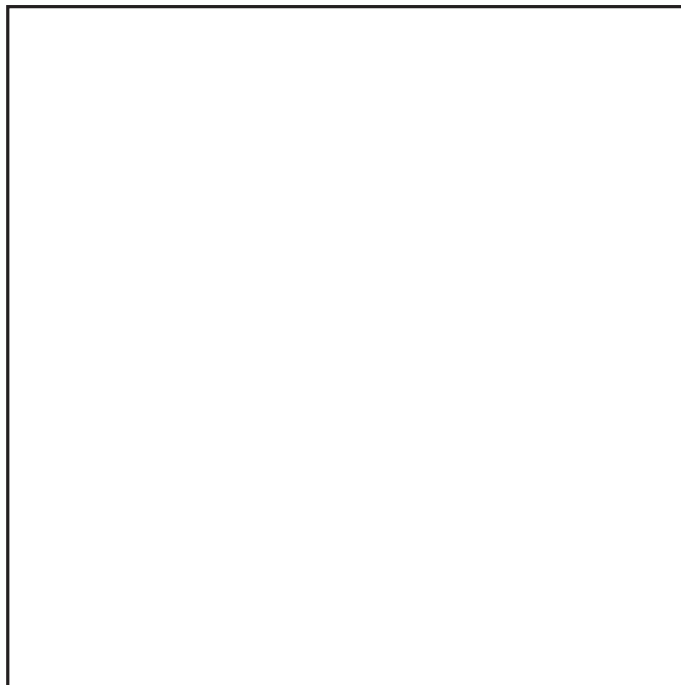*. . . who can I ask for help?*

Glue a picture of this community helper below:

*If I get lost on a **busy street** . . .*

. . . *who can I ask for help?*

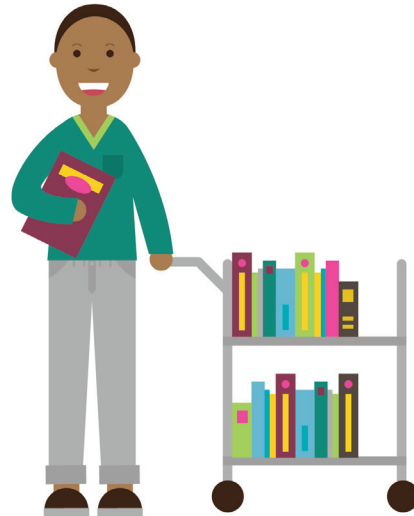## Glue a picture of this community helper below:

Cashier / Clerk

Aisle 7

$12.00

Firefighter

Doctor

Police Officer

Pilot

Librarian

Server

Teacher