ESY Secondary Schedule





Start Time	End Time	Activity Name and Description
8:30	8:45	Arrival Create an arrival visual strip or checklist to help students learn the expectations of the routine. Click here to see Links Going to and Leaving School Routine Teaching Unit for more ideas
8:45	9:00	Hygiene/Restroom Include supports for students to practice washing hands, brushing teeth, brushing and combing hair, using a tissue, taking a shower, using a nail clipper, and using deodorant. Click here to see Links Hygiene Routine Teaching Unit for visual supports and teaching materials.
9:00	9:20	Breakfast Provide opportunities for communicating food choices, obtaining utensils and food items, interacting with peers, and throwing away or recycling items after meals. Click here to see Links Lunchtime Routine Teaching Unit for more ideas.
9:20	9:40	Morning Meeting Morning Meeting activities are a great way to build a positive classroom climate, teach social skills such as sharing and turn-taking, as well as provide an opportunity to generalize skills learned during 1:1 teaching sessions. Click here to see our Morning Meeting Tip Sheet.
9:40	10:40	Rotations Use this time to teach students skills using Links Lessons, small group activities from Links Routine Teaching Units, and leveled independent work from Routine Teaching Units. Students can use visual schedules to transition to different stations every 15 minutes. Click here to find printable visual supports and ideas in Links Changing Activities Routine Teaching Unit.
10:40	11:00	Routine Simulation Consider creating a simulation to teach students how to participate in routines or activities outside of the classroom. Look through Links Routine Teaching Units for teaching materials for Hobbies, Crossing the Street, Going to the Movies, and more!
11:00	11:20	Leisure Activities Create a space in your classroom to give students a choice of leisure activities Include games, books, creative building tools, drawing tools, and other activities your students prefer.
11:20	11:40	Classroom/School Job Generalize skills and teach essential job skills through classroom or school jobs. Click here to find teaching materials that include recycling, mail delivery, stacking chairs, shredding paper, or a coffee/snack cart.
11:40	12:10	Lunch Provide opportunities for communicating food choices, obtaining utensils and food items, interacting with peers, and throwing away or recycling items after meals. <u>Click here</u> to see Links Lunchtime Routine Teaching Unit for more ideas.
12:15	12:30	Departure Create a departure visual strip or checklist to help students learn the expectations of the routine. <u>Click here</u> to see Links Going to and Leaving School Routine Teaching Unit for more ideas.