

STAR Autism Support



FREE WEBINAR

Teaching Essential Safety Skills for School, Home, and Community

Resource List:

- **STAR Autism Support:** [Free Home Supports](#)
- **STAR Autism Support:** [Safety Newsletter](#)
- **STAR Autism Support:** [Puberty and Sexuality Newsletter](#)
- **STAR Autism Support:** [Traveling Newsletter](#)
- **Autistic Self Advocacy Network (ASAN):** [Safety Toolkit](#)
- **National Center for Missing and Exploited Children:** [Autism and Wandering Resources](#)
- **National Autism Center:** [Big Red Safety Box](#)
- **Hidden Disabilities Sunflower Symbol:** [Hidden Disabilities](#)
- **Healthy Relationships Curriculum:** [Free Resources](#)
- **IACP:** [Law Enforcement Resources on Autism](#)



Personal Information Visual Support

Name: _____

Birthday: _____

Address: _____

Phone number: _____

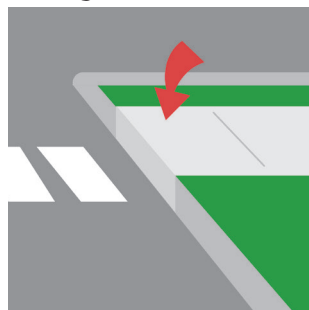
Age: _____



Walk



Stay on sidewalk



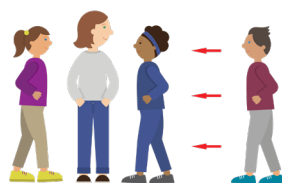
Come here



Pay attention



Stay with group



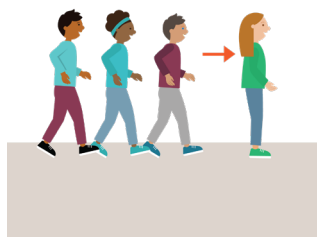
Stop



Wait



Line up



Listen



Water Safety Resources

National Autism Association

[Water Safety Guide](#)
[PASSED for Water Safety](#)

SwimAngelfish

[Water Safety Toolkit](#)

Autism Society

[Water and Wandering Resources](#)



STAR Themes First! Sample
Pair visuals with discussion questions:



Do you know how to swim?

yes



no



I don't know

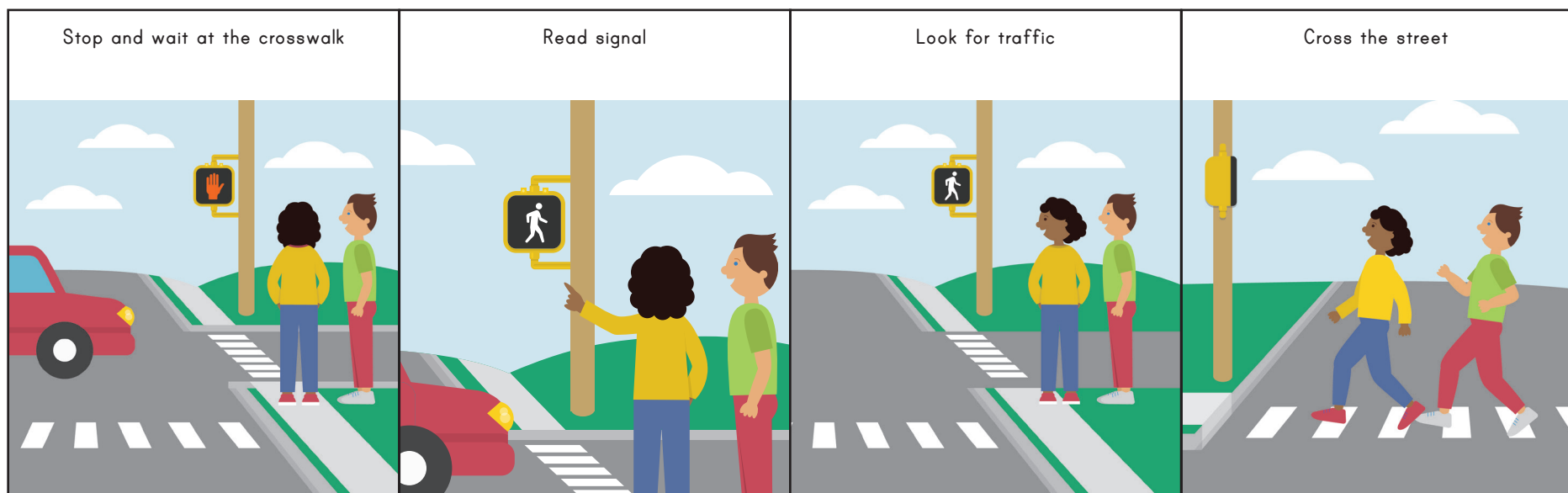
?



Crossing the Street

Crossing the Street Sequence Strip

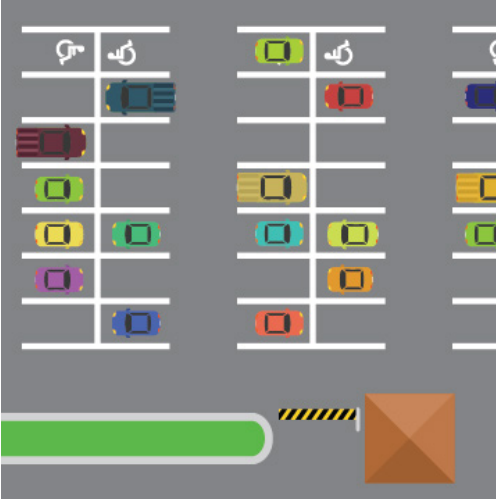
Print sequence strip, cut along dotted line and laminate.



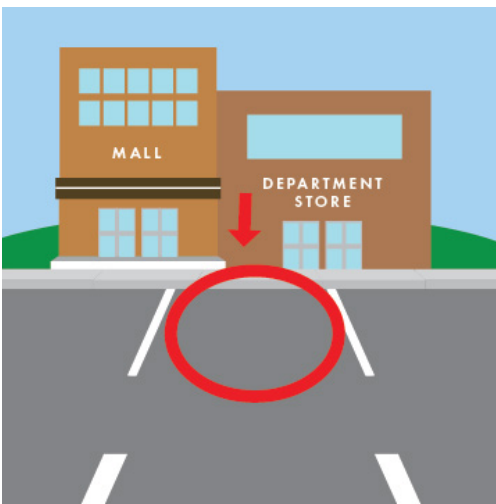
Crossing the Street - Sequence Strip

© Star Autism Support 2016. LINKS: Crossing the Street

Being Safe in the Parking Lot



A parking lot is a place where cars, buses, vans, and motorcycles park. When we drive to places with other people, our vehicles stay parked in parking lots while we are busy inside. Big parking lots have a lot of vehicles in the parking spaces and small parking lots have just a few.



We park in parking lots when we go to the store, doctor's office, movie theater, apartment, mall, or school. Since many other people go to these places too, I must know what to do when I'm in a parking lot.

Being Safe in the Parking Lot



I can get out of the vehicle once it is parked. If I am in a car, I look to make sure I will not hit another vehicle with my door. Then I can open the door and get out of the car. I always stay close to my car when I get out so I can look to see what is moving in the parking lot.



Before I walk through the parking lot, I look to the left, right, and left again to make sure there are no vehicles coming. If it is safe to go, I walk close to the parked cars. As I walk through the parking lot, I look for vehicles that are backing up out of parking spaces or turning into parking spaces.

Being Safe in the Parking Lot



When I get to the end of the row of vehicles, I have to cross a part of the parking lot that is similar to a road to get into the building. So, I stop, look to the left, to the right, and then to the left again. If I don't see any vehicles coming, I can safely cross the street. If vehicles are coming, I need to stop and wait for them to leave before walking toward the building.



When I leave a building, I have to stop and look to the left, to the right, and to the left again before continuing into the parking lot. While I walk back to the car, I watch for cars backing out of parking spaces or turning into open parking spaces. When I get to the car, I open the car door and get in the car. When I look for cars and walk safely, I am safe in the parking lot!



Lost in the Community Social Script

Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!



Sometimes I go out in the community with my family, friends, or class.



Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!



There are many places we can go. We can see a movie, go out to eat, or go shopping at the store. We also might go to a park or to a museum.

2

Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!

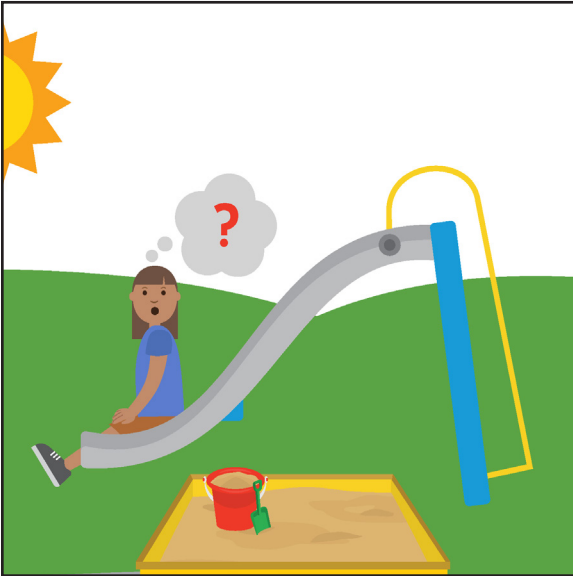


Wherever I go, I stay close to my adult. I should be able to see my adult and my adult should be able to see me.

3

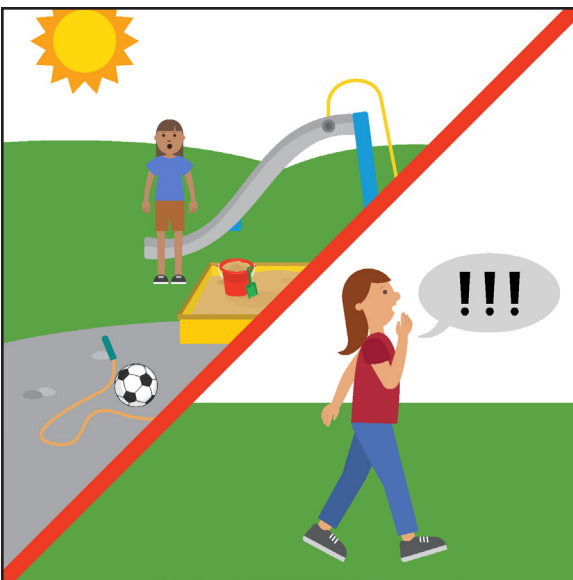
Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!



It probably won't happen, but I might get separated from my adult. If I am separated from my adult, that means I can't see them and they can't see me.

4



If I get separated from my adult, there are things I can do. I should stay where I am. I should look with my eyes and listen with my ears. My adult will walk around, look for me, and call my name.

5



I should never leave the area with a person other than my adult. The safe stranger can stay with me and use their phone to call for help.

8



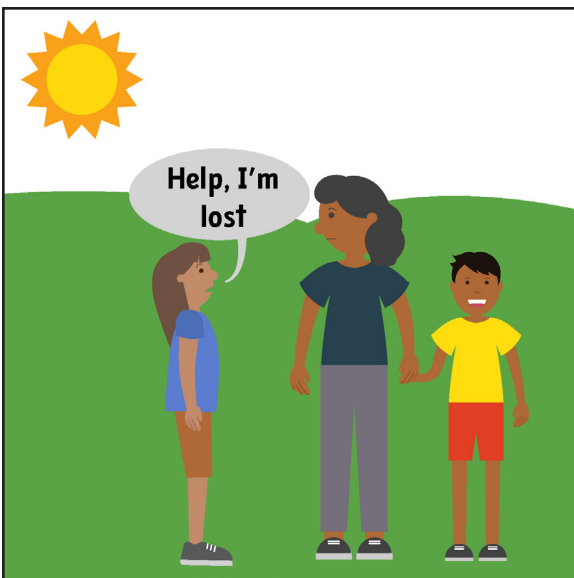
I will wait for my adult to come back. I might feel scared or worried while I wait for my adult.

9



I can ask for help from a safe stranger. A safe stranger is a person wearing a uniform like a police officer or security guard. Another safe stranger is a mom with children.

6



If I see a safe stranger, I can say, "Help me, I'm lost." I will answer their questions and they will help me find my adult.

7



When my adult comes back, I
will feel safe and happy! My
adult will feel safe and happy,
too!

10

Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!



I can do my best to stay safe
in the community by staying
with my adult!

11

Safety First - Group Activity: Social Studies - Lost in the Community Social Script

© STAR Autism Support 2020. Themes First!

People Around Me

Strangers

Community Helpers

Acquaintances

Friends

Family

ME!



**Unexpected
Strangers**

Acquaintances

**Community
Helpers/
Expected
Strangers**

Friends

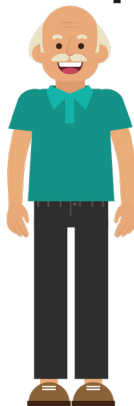
Family



Grandma



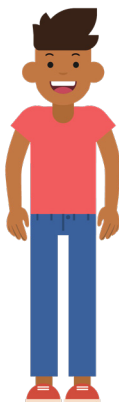
Grandpa



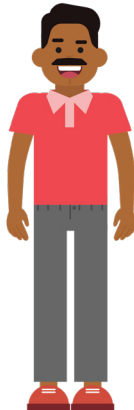
Sister



Brother



Dad



Mom





Firefighter



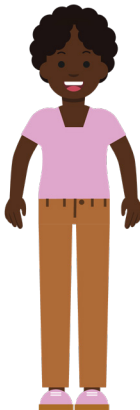
Police



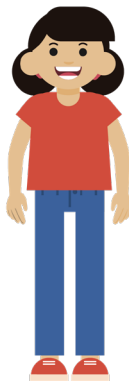
A parent's boss



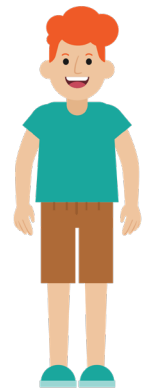
Mom's friend



Friends I play with



Friends from school





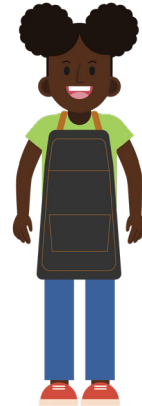
**A person standing
on a street corner**



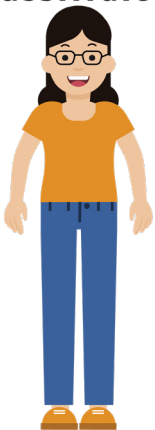
A person in the park



Store clerk



A new substitute teacher

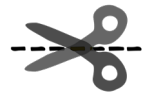


Doctor



Bus driver





A person walking their dog



Someone standing in the park



Someone waiting for the bus

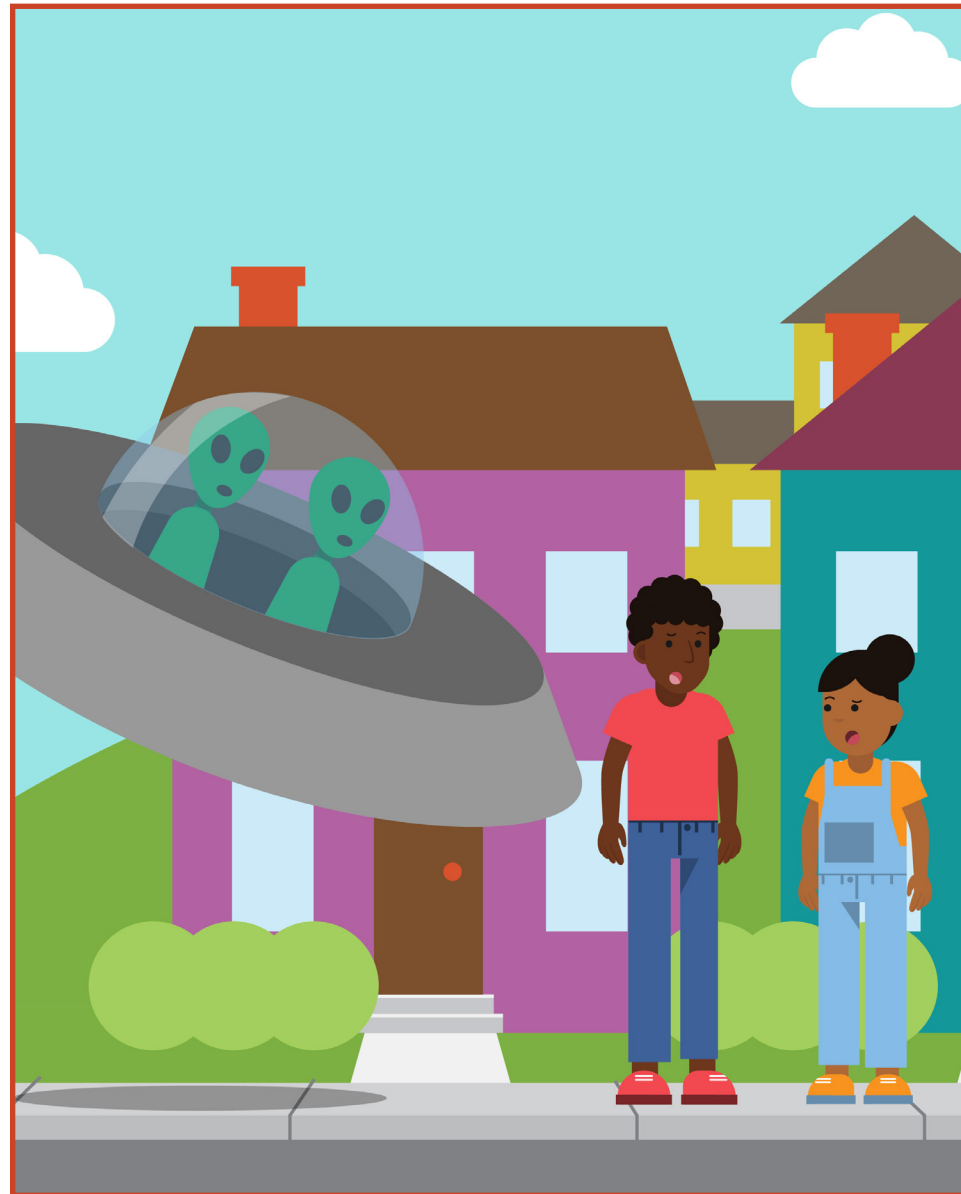


Stranger Safety

- Do not take sweets, toys, or presents from strangers.
- Do not get into a car or vehicle with someone who is a stranger.
- Do not give personal information to strangers, like a phone number, address, or social media details.

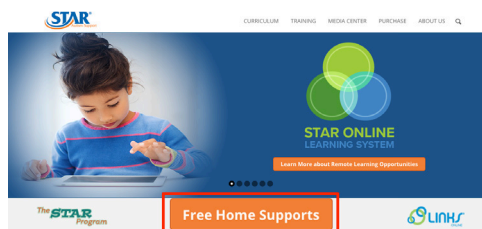
- You can talk to expected strangers out in the community, like a store clerk, doctor, new bus driver, or server at a restaurant.
- You should not give expected strangers any personal information.

- Always let a responsible adult know where you are going and who you are with.
- If you feel you are in an unsafe situation, immediately try to contact a responsible adult.



FREE HOME SUPPORTS

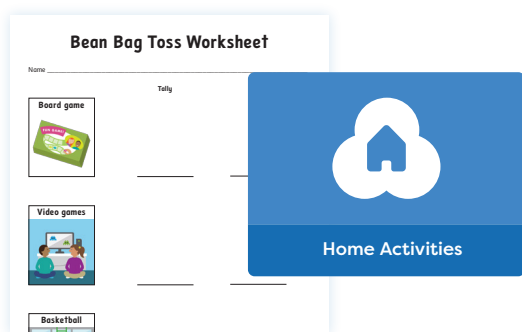
Presented by STAR Autism Support



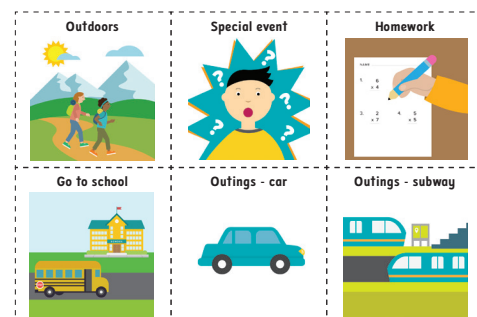
Go to our website and click on Free Home Supports. **It's the orange button!**

Website:

www.starautismsupport.com



Looking for materials and resources to help your child practice skills at home? These activities and worksheets are available to download or print. REELs are interactive presentations that will guide you through appropriate activities for your child.



Visual supports can help your child learn what to do in social situations or help them handle transitions better at home or in the community.

Click on Home Visual Supports for access to visual supports for behavior, staying safe and healthy, learning from home, social skills, family routines, community skills, and current events.



Want to learn some quick strategies for teaching your child routines or motivating them at home?

Click on Home Support Webinars for access to six short informational sessions. These include information on:

Routines • Motivation • Schedules • Visual supports Prompting • and more!