

STAR Autism Support



FREE WEBINAR

From Challenges to Strengths: A Proactive Approach to Behavior Support

Resources

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[STAR Program](#) | [Links Curriculum](#) | [SOLER](#)

Curriculum Overview Flyers for Caregivers:

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Spanish: [STAR Program](#) | [Links Curriculum](#) | [SOLER](#)





ROUTINE ESSENTIALS

COMMON LANGUAGE POSTER

Attending

Come here
Walk with me
Stop
Wait
Sit down / Stand up
Hands down
Look at me
Look at X [object or name]

Social / Requesting

Model if needed.

Hi, X [name] / Bye, X [name]
Want X [object, activity, or name]
I want X [object, activity, or name]
No [object, activity, or name]
Help / Help, please
Want help

Following Directions

Give direction, pause, and give the student time. If needed, provide gestural or physical prompting.

Do this (Say, "Do this," and model routine step.)
My turn / Your turn
Pick it up
Put it in
Put it here
Get X [object] and give it to X [name]
Go to X [location] and get X [object]
Give me X [object or a number of objects]

Answering Questions

Ask the question, pause, and give the student time to respond. If needed, provide visual or verbal prompting.

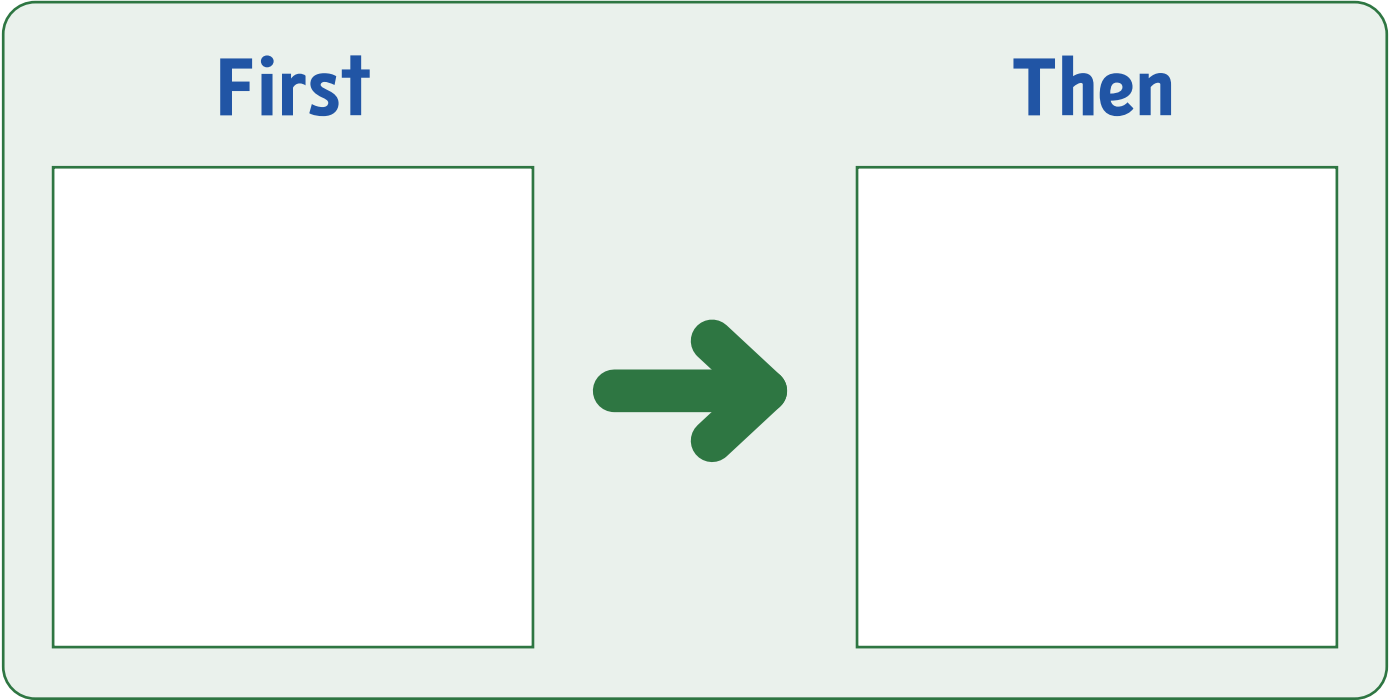
What is this?
Who is this?
What is X [name] doing? (Actions)
How does X [name] feel? (Emotions)

I'm working for

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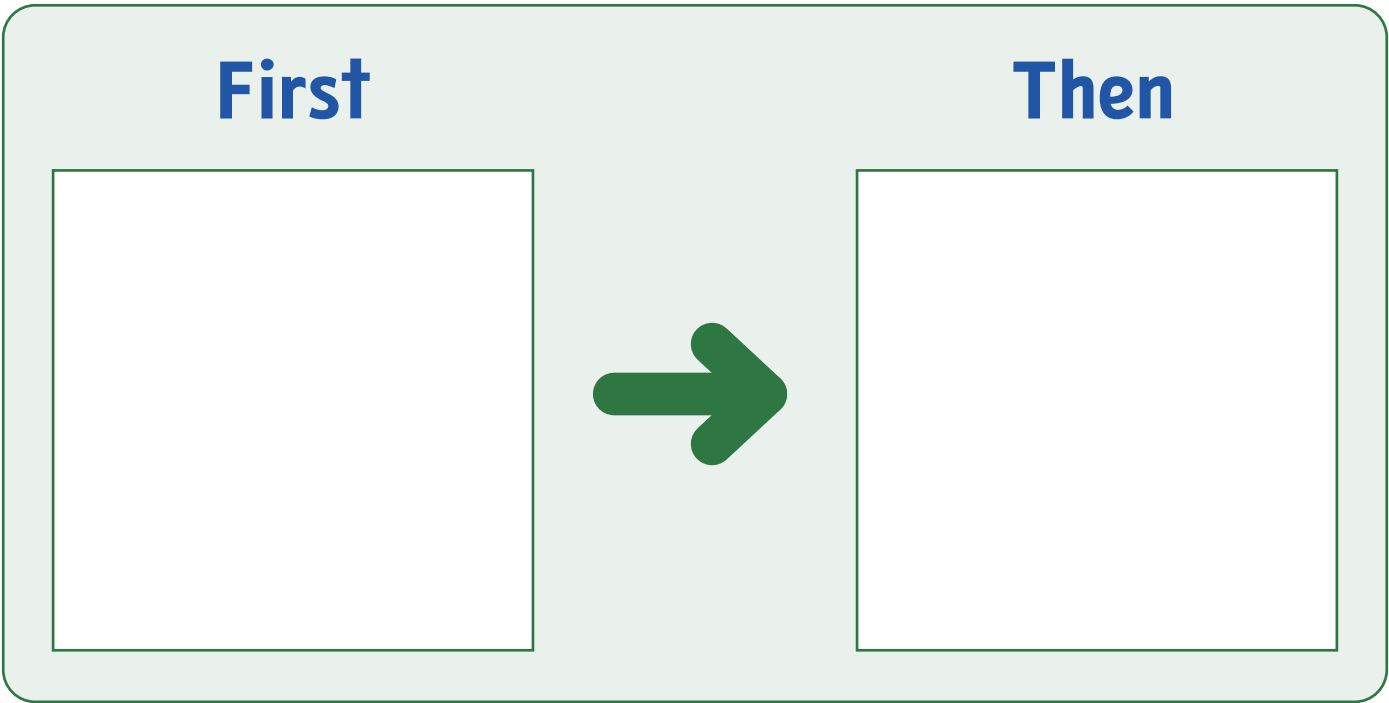
I'm working for

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Behavior Supports – First-Then Charts: Horizontal Chart

© STAR Autism Support 2024. Routine Essentials.



Behavior Supports – First-Then Charts: Horizontal Chart

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ROUTINE ESSENTIALS

REINFORCEMENT INVENTORY

CONSUMABLE REINFORCERS

Food Examples: candy (note the type), chips, pretzels, crackers, fruit, etc.	Drinks Examples: water, juice, milk
Note:	

ACTIVITY REINFORCERS

Sensory stimulation Examples: scented markers, rain sounds, swinging, water play, rocking	Indoor activities Examples: coloring, watching TV, playing board games, listening to music	Outdoor activities Examples: playing at the park, going for a walk, drawing with sidewalk chalk
Note:		

TOY REINFORCERS

Toys Examples: bubbles, spinners, cars, farm animals, balloons, blocks	Electronics Examples: tablets, apps, websites, video games
Note:	

TANGIBLE REINFORCERS

Materials

Examples: string, bubble wrap, lotion, stickers

SOCIAL REINFORCERS

Attention

Examples: excited facial expressions, listening to music together, reading a book together

Praise

Examples: "Good job," "Way to go," "Awesome"

Tasks

Examples: helping teachers, taking a turn as class leader, completing preferred classroom jobs

Note:

FAVORITE MEDIA REINFORCERS

Favorite media

Examples: movies, TV shows, video games

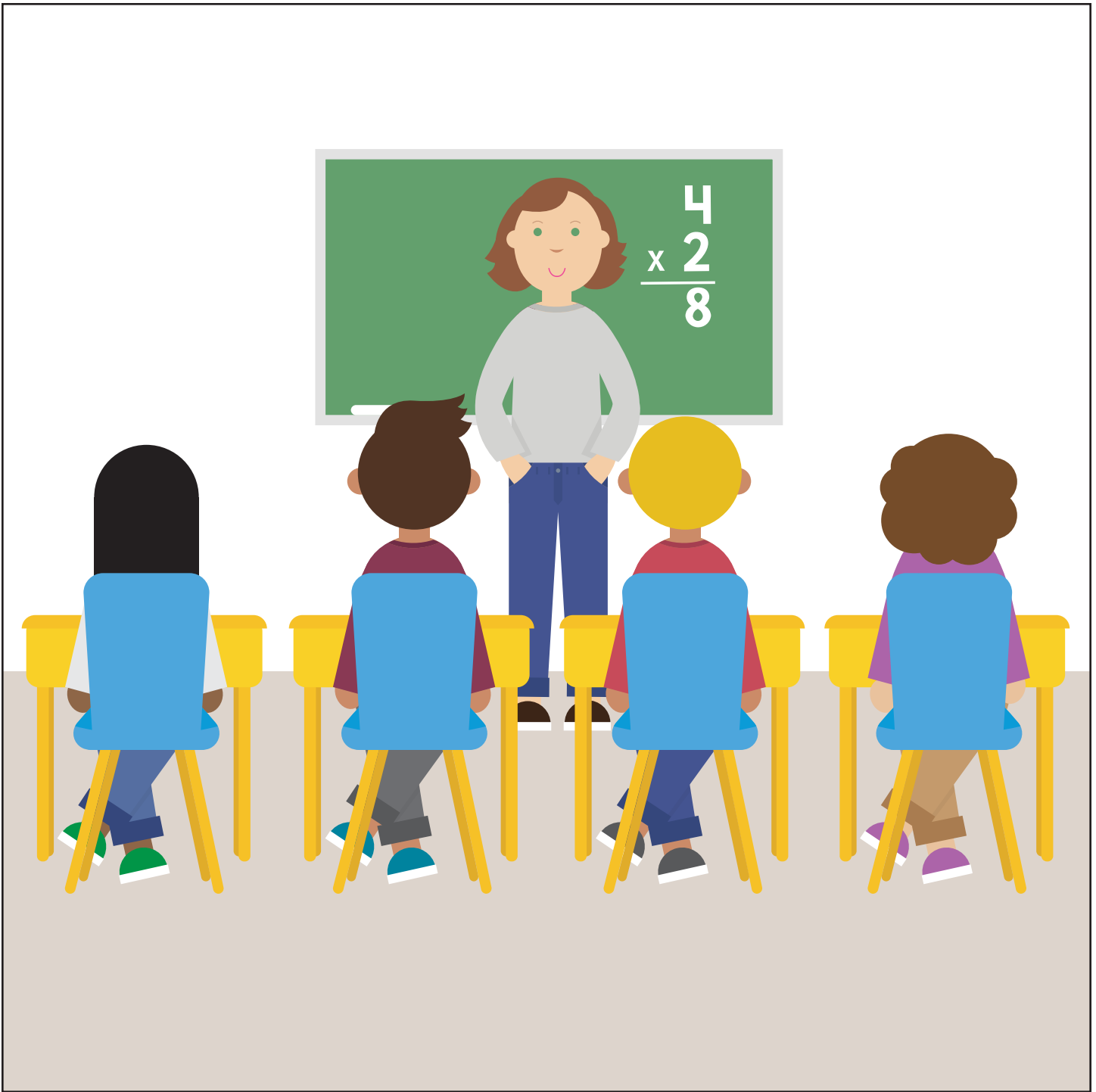
Favorite music

Examples: songs, music artists, instruments

Favorite characters

Examples: movie character, TV show character, video game character

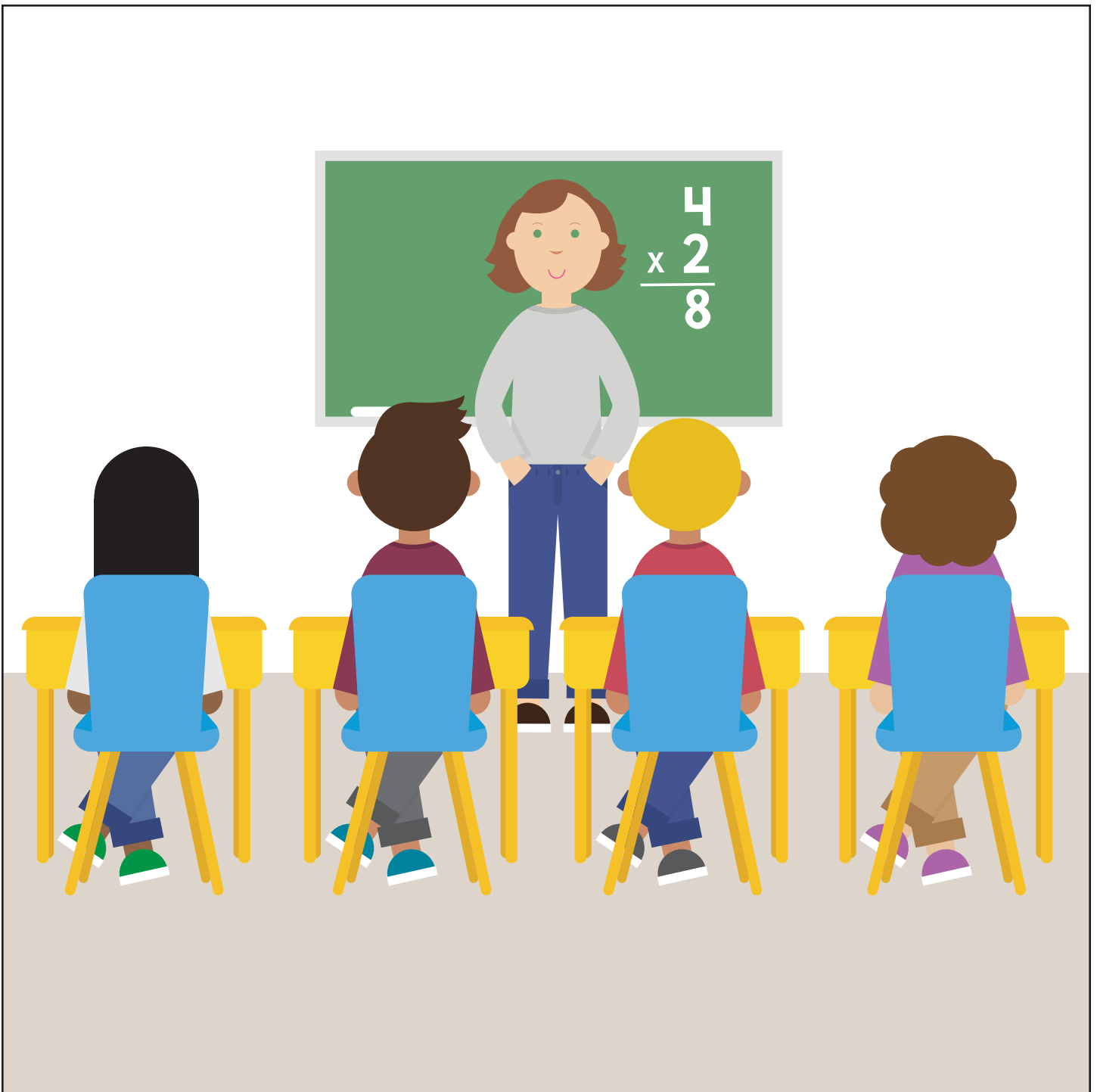
Note:



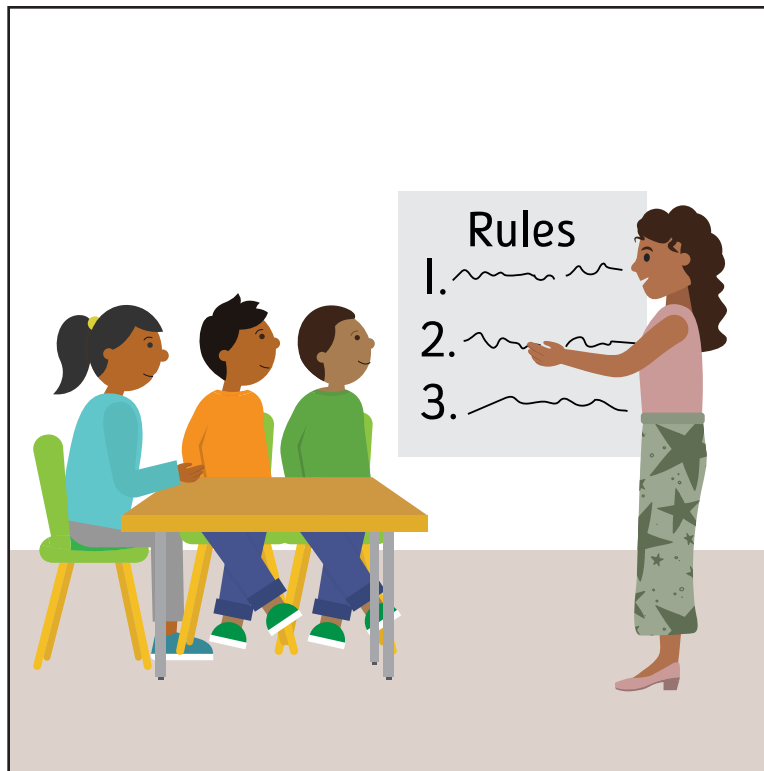
Classroom Rules



Rules tell us what things are okay to do and what things are not okay to do.



Classroom rules help us be respectful, responsible, and safe. When we follow these rules, we are ready to learn and make friends!

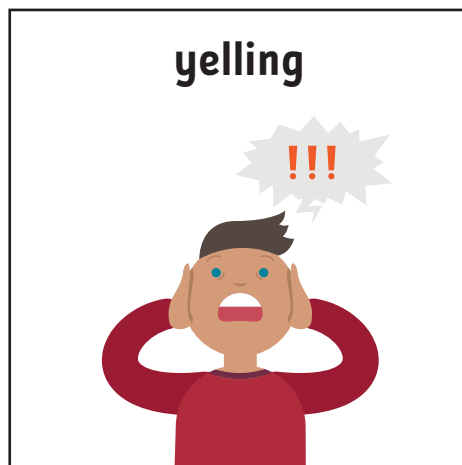


Be respectful

Being respectful to teachers means:

- Listening when the teacher is talking
- Following the teacher's directions
- Raising your hand to talk

What shows you are respectful to your teacher?

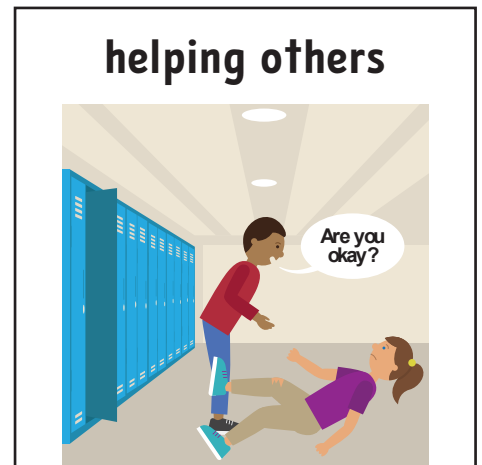
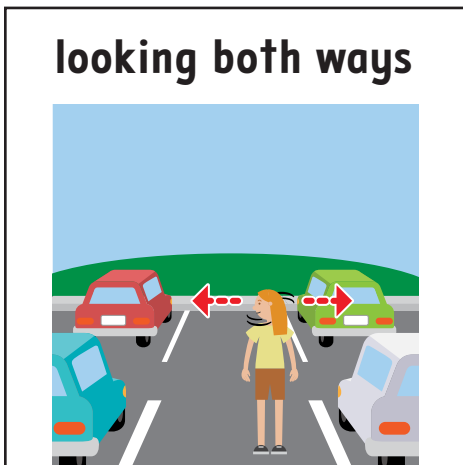




Being respectful to friends means:

- Using kind words
- Helping others
- Sharing

What shows you are respectful to friends?





When we are respectful, we show our teachers and friends that we care about learning and being nice.

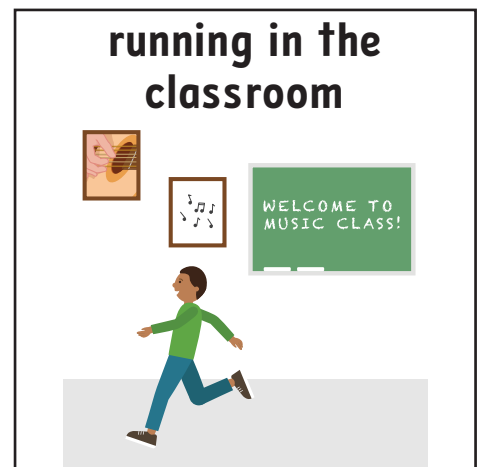


Be responsible

Being responsible means:

- Having your school materials ready
- Working hard
- Putting materials away when you are finished

What shows you are responsible?





When we are responsible, we have what we need and are ready to learn.

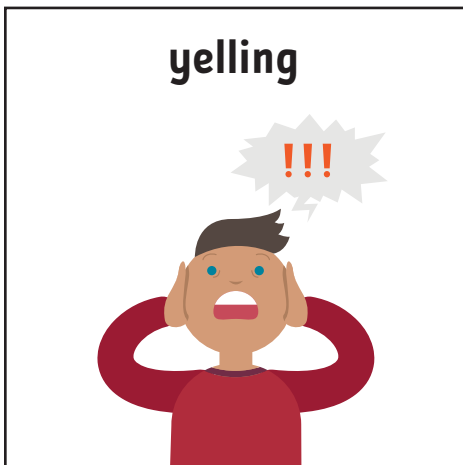


Be safe

Being safe means:

- Walking in the classroom and hallways
- Keeping your hands and feet to yourself
- Staying with the group when not in the classroom

What helps you to be safe?





When we are safe, we can learn and make new friends!



School is fun when we follow classroom rules to be respectful, responsible, and safe.



Pick a card

Read the card

Decide whether it follows the rules

Sort the card

Back to School – Social Studies: Lesson 3 – Are You Following the Rules?

Pass the bag

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Pick a card



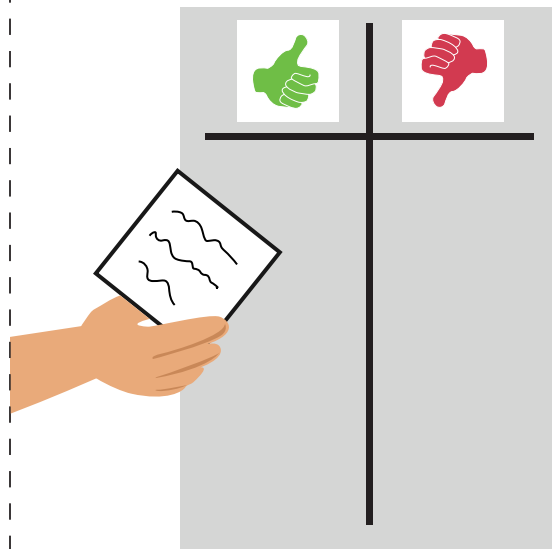
Read the card



Decide whether it follows the rules



Sort the card





Pass the bag





Yes

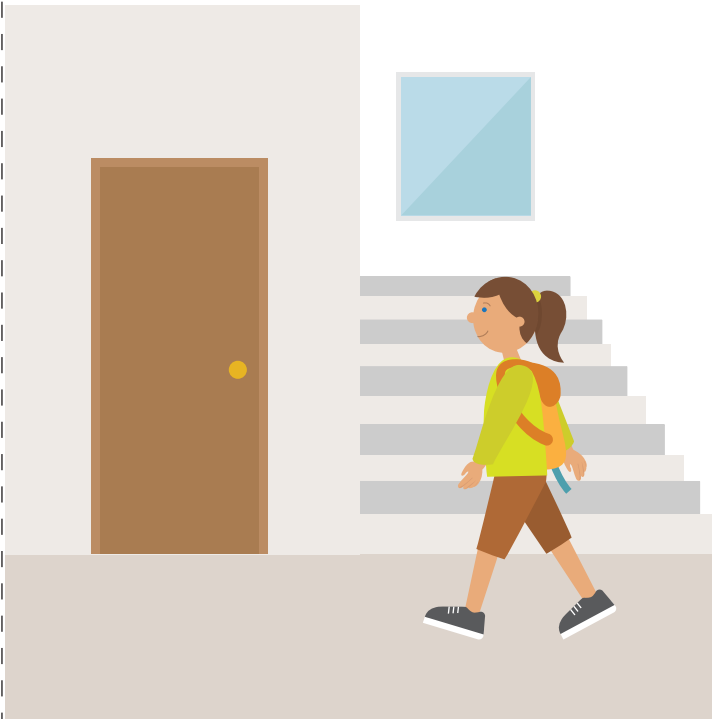


No

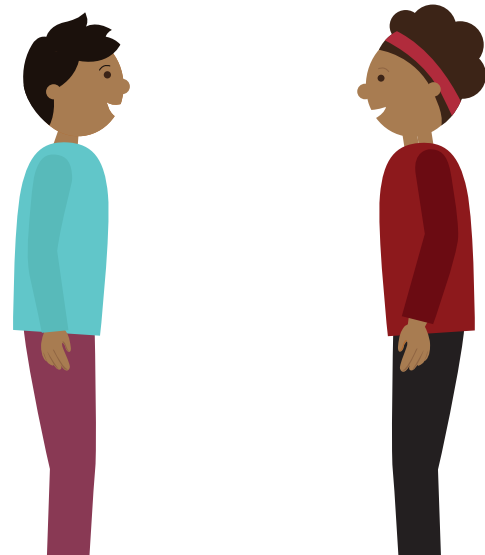




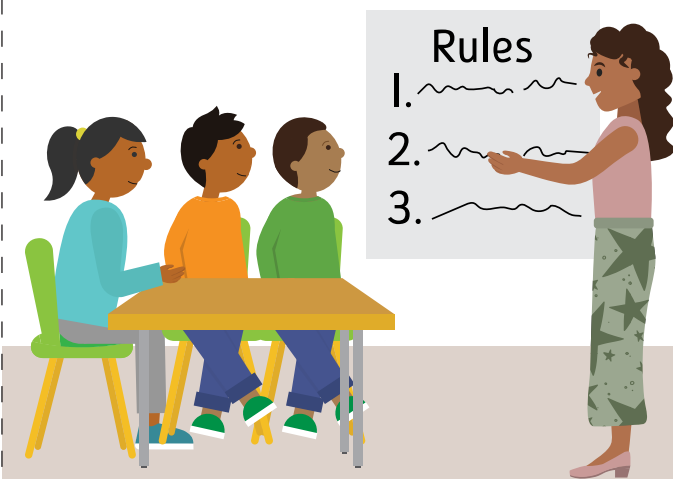
Walk in the hallway



Keep hands and feet to yourself



Listen to the teacher



Help others





Follow directions



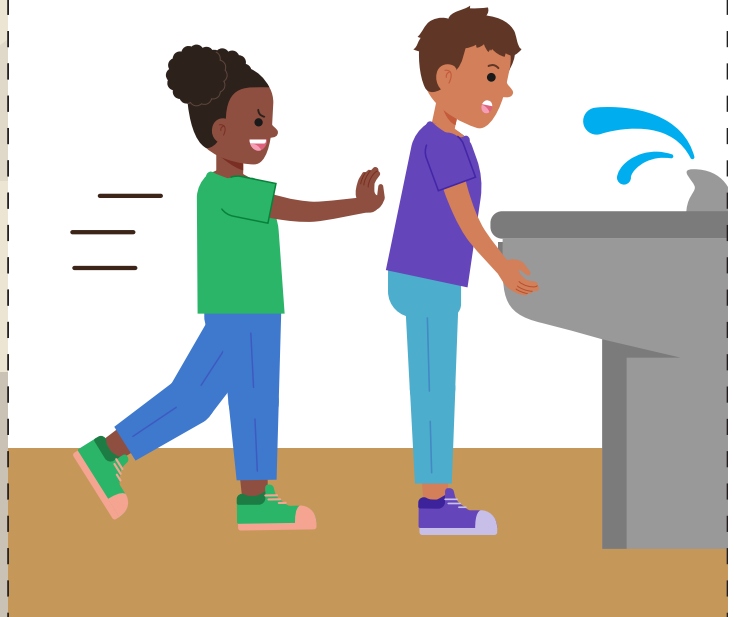
Raise your hand



Run in the hallway



Push people





Talk when the teacher is talking



Ignore others



Ignore teacher directions



Shout in class



FREE HOME SUPPORTS

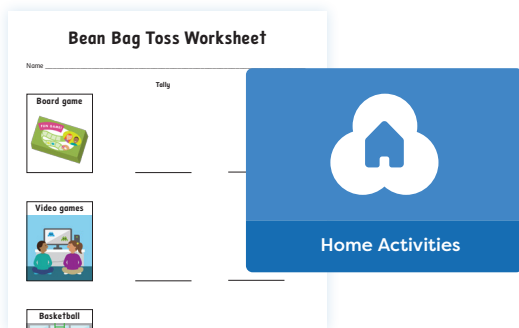
Presented by STAR Autism Support



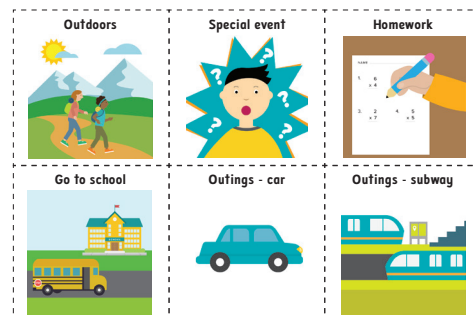
Go to our website and click on Free Home Supports.
It's the orange button!

Website:

www.starautismsupport.com



Looking for materials and resources to help your child practice skills at home? These activities and worksheets are available to download or print. REELs are interactive presentations that will guide you through appropriate activities for your child.



Visual supports can help your child learn what to do in social situations or help them handle transitions better at home or in the community.

Click on Home Visual Supports for access to visual supports for behavior, staying safe and healthy, learning from home, social skills, family routines, community skills, and current events.



Want to learn some quick strategies for teaching your child routines or motivating them at home?

Click on Home Support Webinars for access to six short informational sessions. These include information on:

**Routines • Motivation • Schedules • Visual supports
Prompting • and more!**

