

STAR Autism Support



FREE WEBINAR

**Let's Talk About It!
Puberty, Hygiene, and Adolescence**

Resources

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Spanish: [STAR Program](#) | [Links Curriculum](#) | [SOLER](#)



Puberty and Sexual Education Resources

Dr. Ruth Eyres Publication

Important Conversations: Exploring Parental Experiences in Providing Sexual Education

Sexuality Information and Education Council of the United States

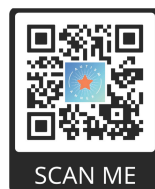
Sex Ed for Social Change

Autistic Experiences with Menstruation

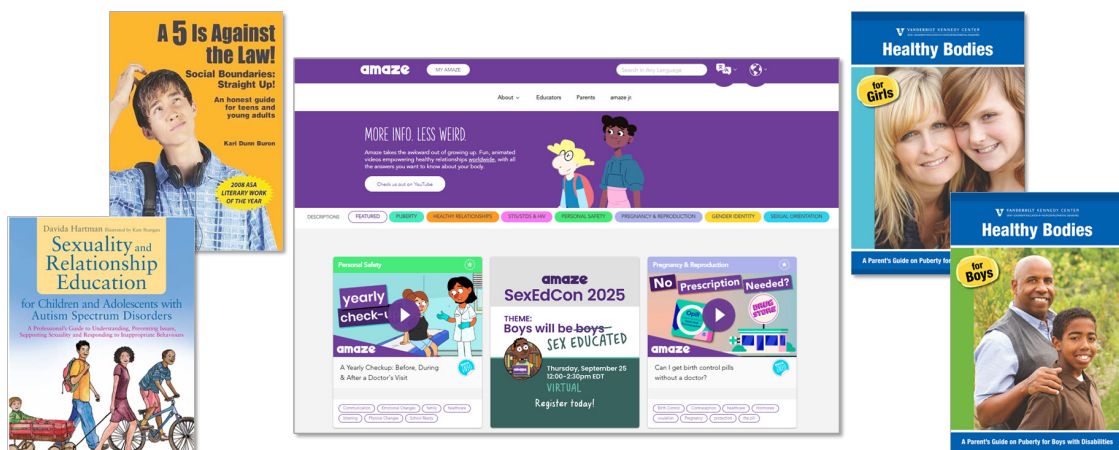
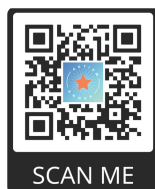
Life is Much More Difficult to Manage During Periods

Autism Annex: STAR Autism Support Podcast

Love, Dating, and Autism with Amy Gravino

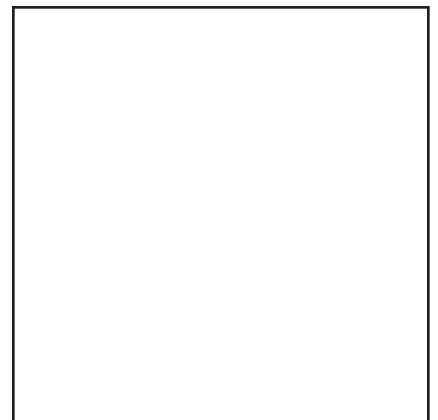
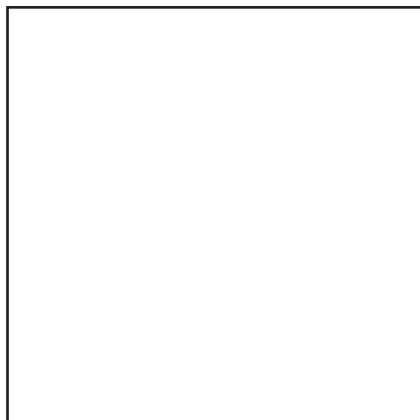
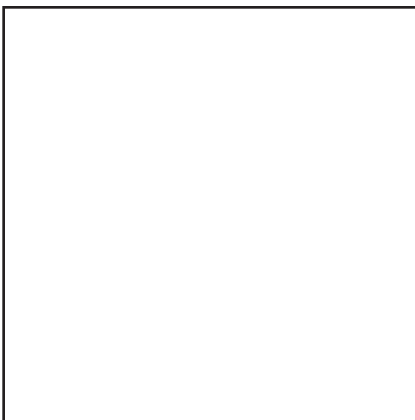
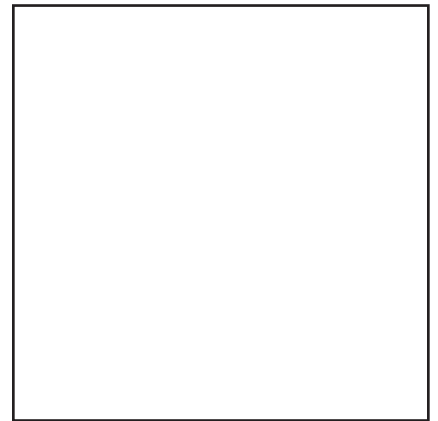
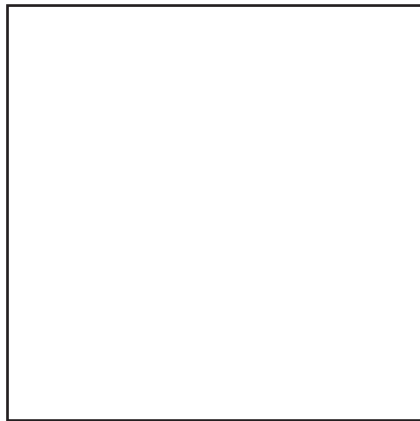
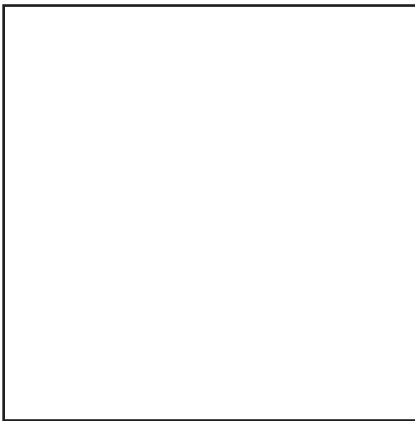


Comprehensive Sexuality Education for Today's Classroom with Dr. Ruth Eyres

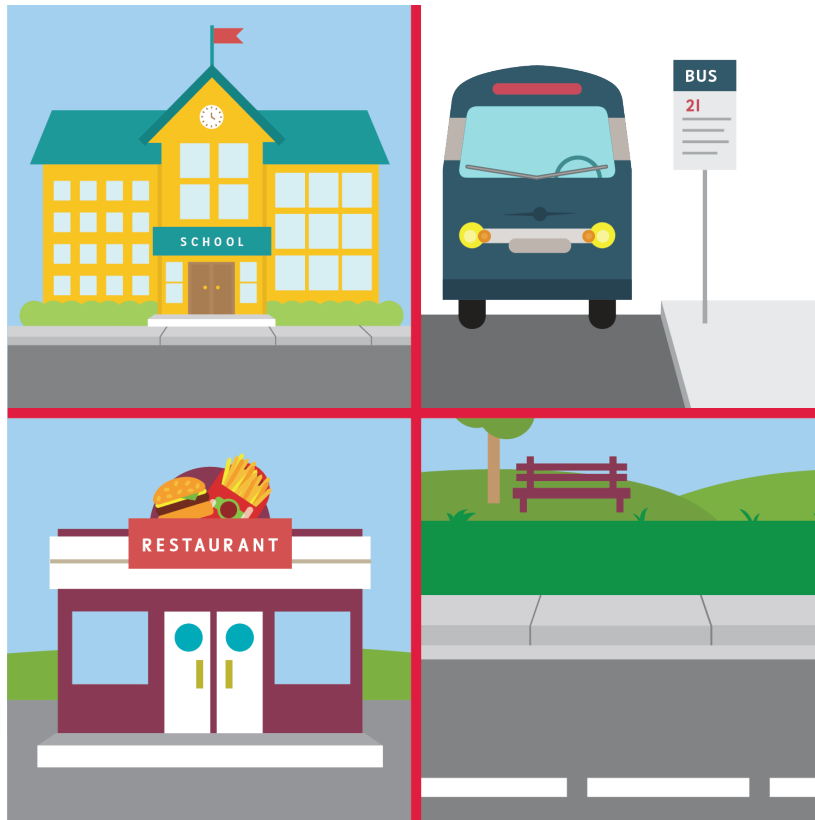


AMAZE. More Info. Less Weird.

Private



Public



Empty box for sorting activity.

Empty box for sorting activity.

Empty box for sorting activity.

Empty box for sorting activity.

Empty box for sorting activity.

Empty box for sorting activity.





ROUTINE ESSENTIALS

PROMPTING STRATEGIES

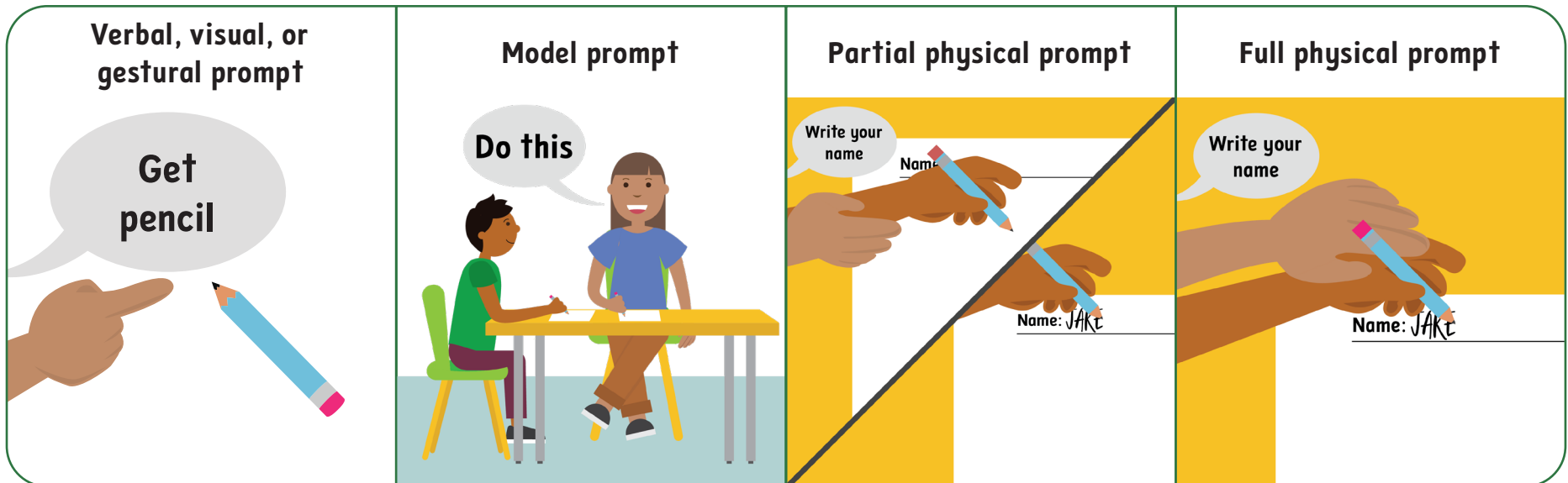
USING PROMPTS DURING ROUTINES

1. Gain the student's attention, and give the cue one time.
2. Give the student a chance to respond (e.g., wait 5–10 seconds).
3. Respond to the student's attempt:
 - Correct response: Provide positive feedback
 - Incorrect response: Repeat the cue, provide the least restrictive prompt needed to complete the step of the routine, and then provide positive feedback
4. Go to the next step of the routine. Repeat Step 3 as needed throughout the routine.



TIPS TO AVOID PROMPT DEPENDENCE

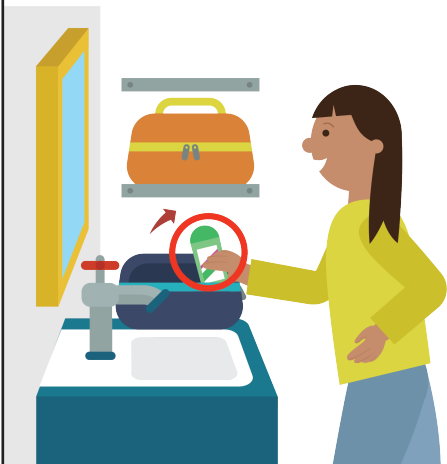
1. Start with the least restrictive prompt.
2. If that prompt is unsuccessful, use the next restrictive prompt, moving up the prompt hierarchy from least-to-most as needed.
3. Allow the student a chance to respond correctly before prompting.
4. Fade your prompts as quickly as possible.



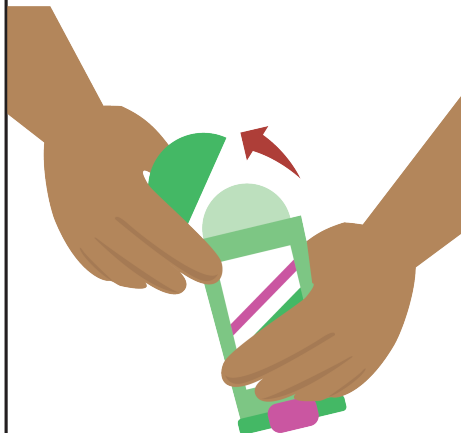
Least-to-most prompting hierarchy



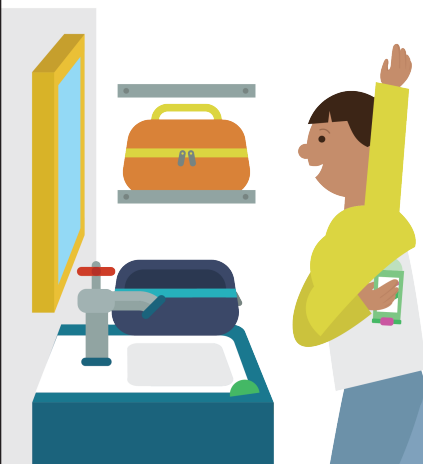
Get the deodorant



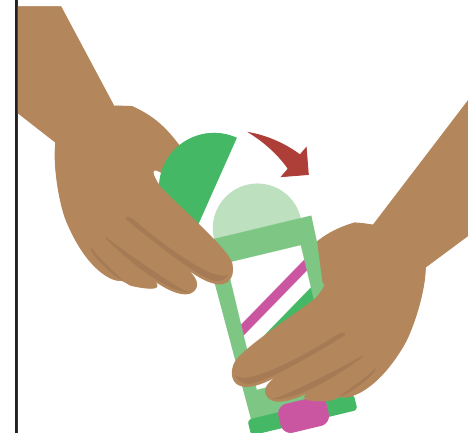
Take the cap off the deodorant



Put the deodorant in both armpits

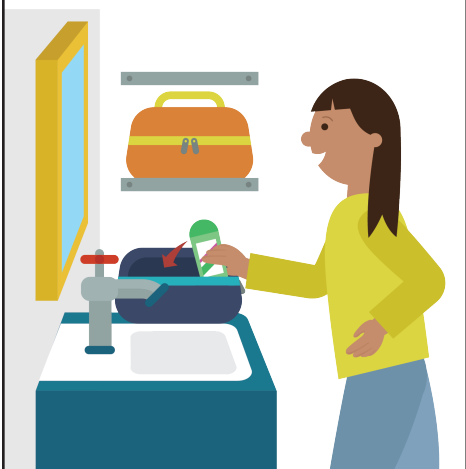


Put the cap back on the deodorant



Hygiene - Visual Supports: Using Deodorant Sequence Strip

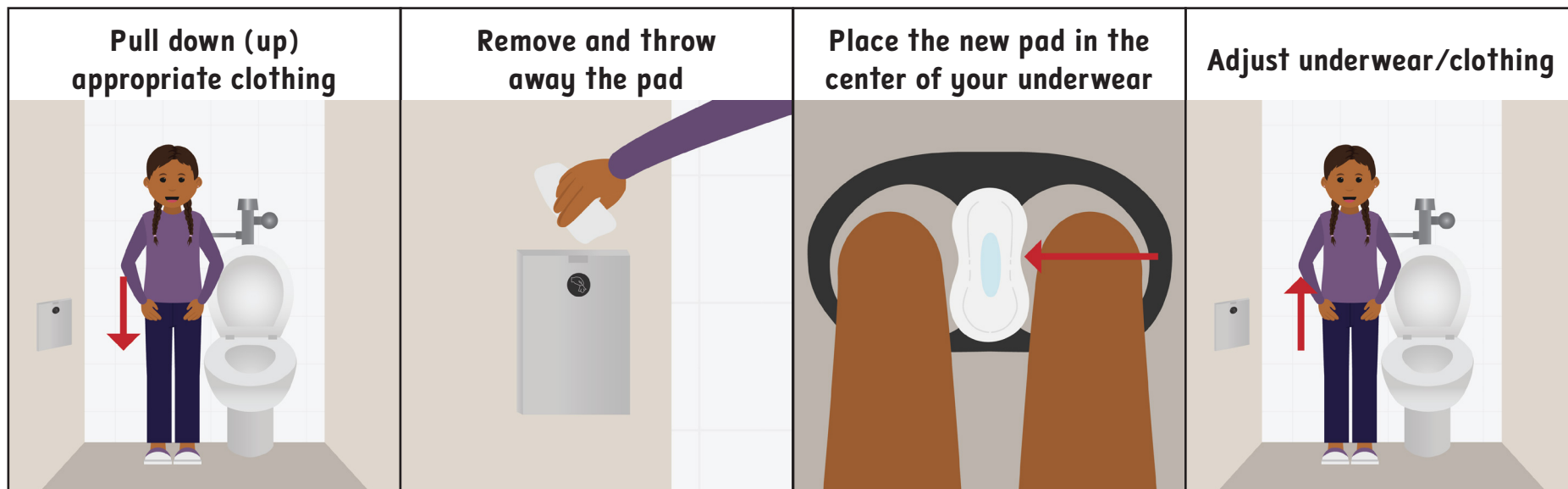
Put away the deodorant



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Hygiene - Visual Supports: Using Deodorant Sequence Strip

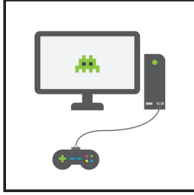
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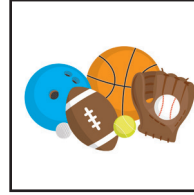
Using a Menstrual Pad (Public Bathroom) Sequence Strip



Conversation Supports Questions



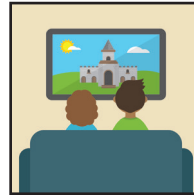
What video games
do you like to play?



Do you like to play
sports?



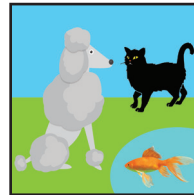
What is your
favorite book?



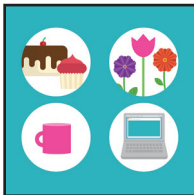
What movies or TV
do you like to watch?



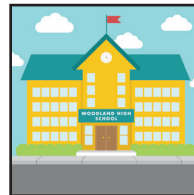
What is your
favorite website?



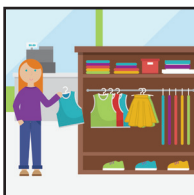
Do you have any pets?



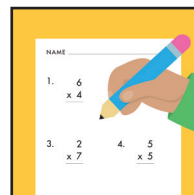
Do you have a job?



Where do you go
to school?



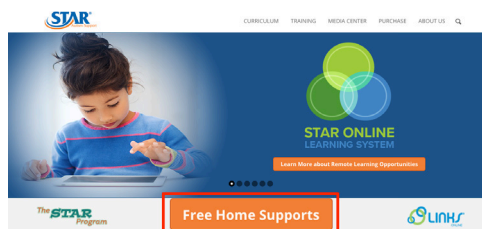
Where do you like
to go shopping?



What is your
favorite school
subject?

FREE HOME SUPPORTS

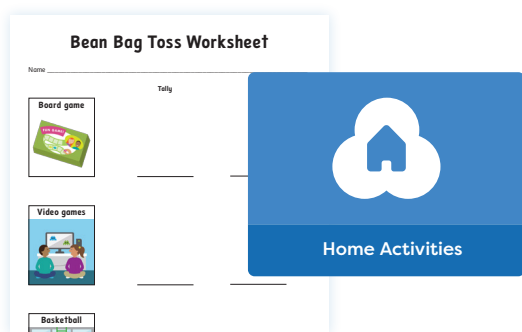
Presented by STAR Autism Support



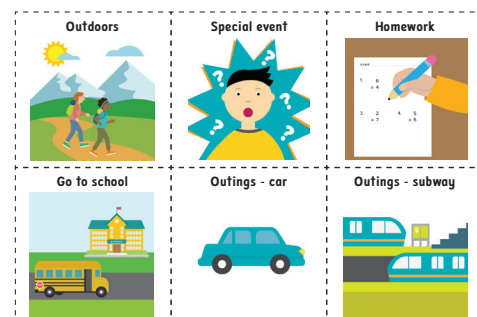
Go to our website and click on Free Home Supports.
It's the orange button!

Website:

www.starautismsupport.com



Looking for materials and resources to help your child practice skills at home? These activities and worksheets are available to download or print. REELs are interactive presentations that will guide you through appropriate activities for your child.



Visual supports can help your child learn what to do in social situations or help them handle transitions better at home or in the community.

Click on Home Visual Supports for access to visual supports for behavior, staying safe and healthy, learning from home, social skills, family routines, community skills, and current events.



Want to learn some quick strategies for teaching your child routines or motivating them at home?

Click on Home Support Webinars for access to six short informational sessions. These include information on:

**Routines • Motivation • Schedules • Visual supports
Prompting • and more!**

