



# Splash Into Summer

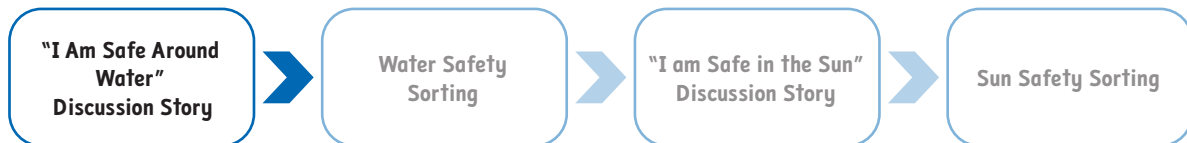
## Social and Life Skills: Lesson 1 – “I Am Safe Around Water” Discussion Story

### Activity Goal:

Students identify ways to stay safe around water.

### Teaching Sequence:

This lesson is part of a four-lesson series, which is intended to be taught in the following order:



### Materials:

#### Provided:

- “I Am Safe Around Water” discussion story
- Response cards

#### Needed:

- Stapler or hole punch
- Ring for binding purposes (optional)
- Scissors

### Preparation:

- I. Prepare the discussion story pages:
  - a. Print and laminate one set of the pages.
  - b. Assemble the story pages in order.
  - c. Staple the pages together, or hole-punch the top left corner of the pages and secure them together with a ring.
2. Print, laminate, and cut out the response cards.

### Helpful Learning Tools

- Use the corresponding digital REEL as an alternative or complement to the printable materials.
- Review the Learning Differentiation Guide to individualize this lesson for each student’s learning level.

## Instructions:

- I. Read the discussion story to the class:
  - a. Present each response card after reading the corresponding story page discussing staying safe around water.
  - b. Have the students point to the picture and/or discuss ways to stay safe around water.

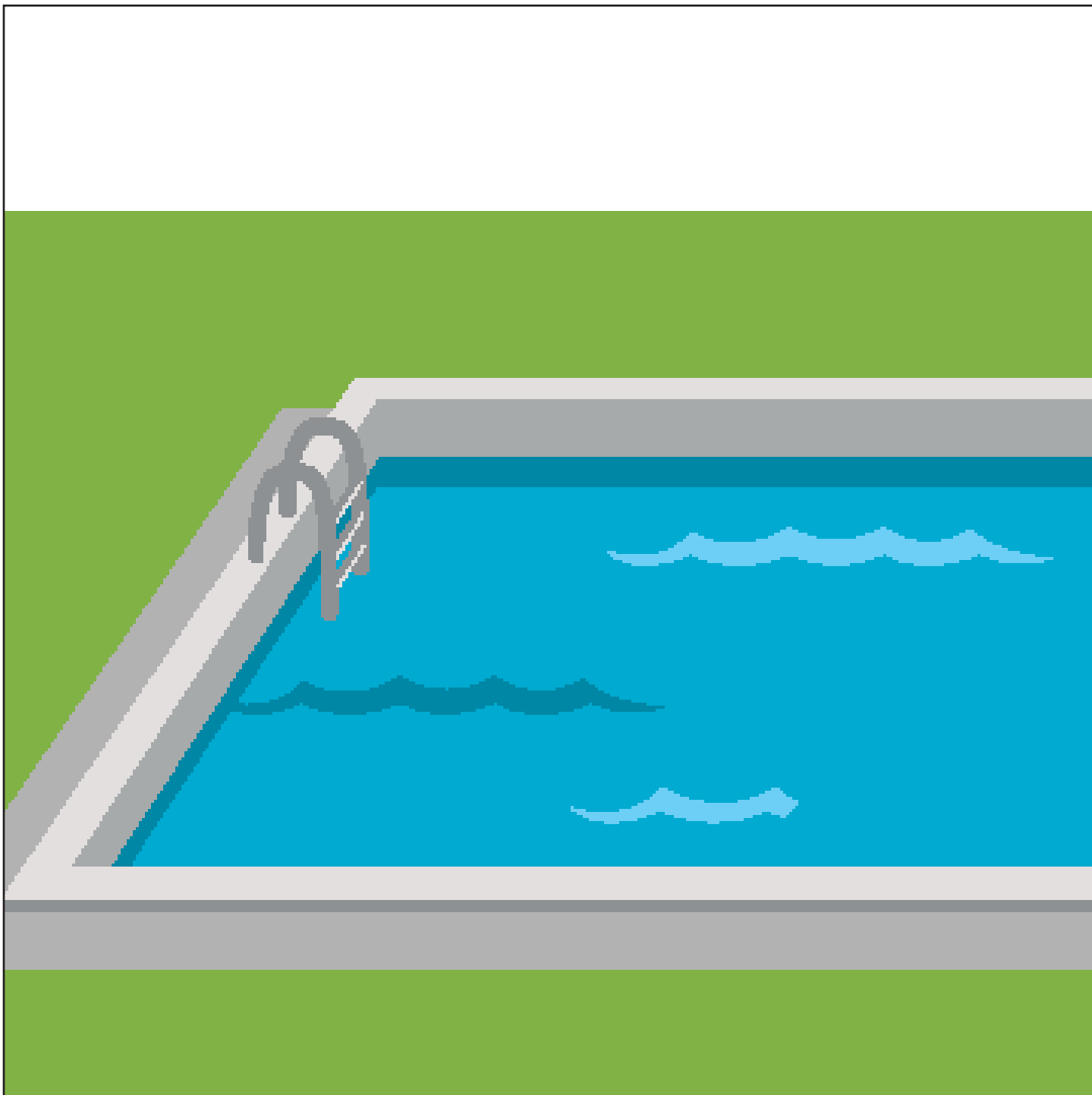
**Note:** Use the response cards to elicit responses, and encourage students to give personal examples.
2. Repeat Step I until you have read all pages and students have discussed all ways to stay safe around water.



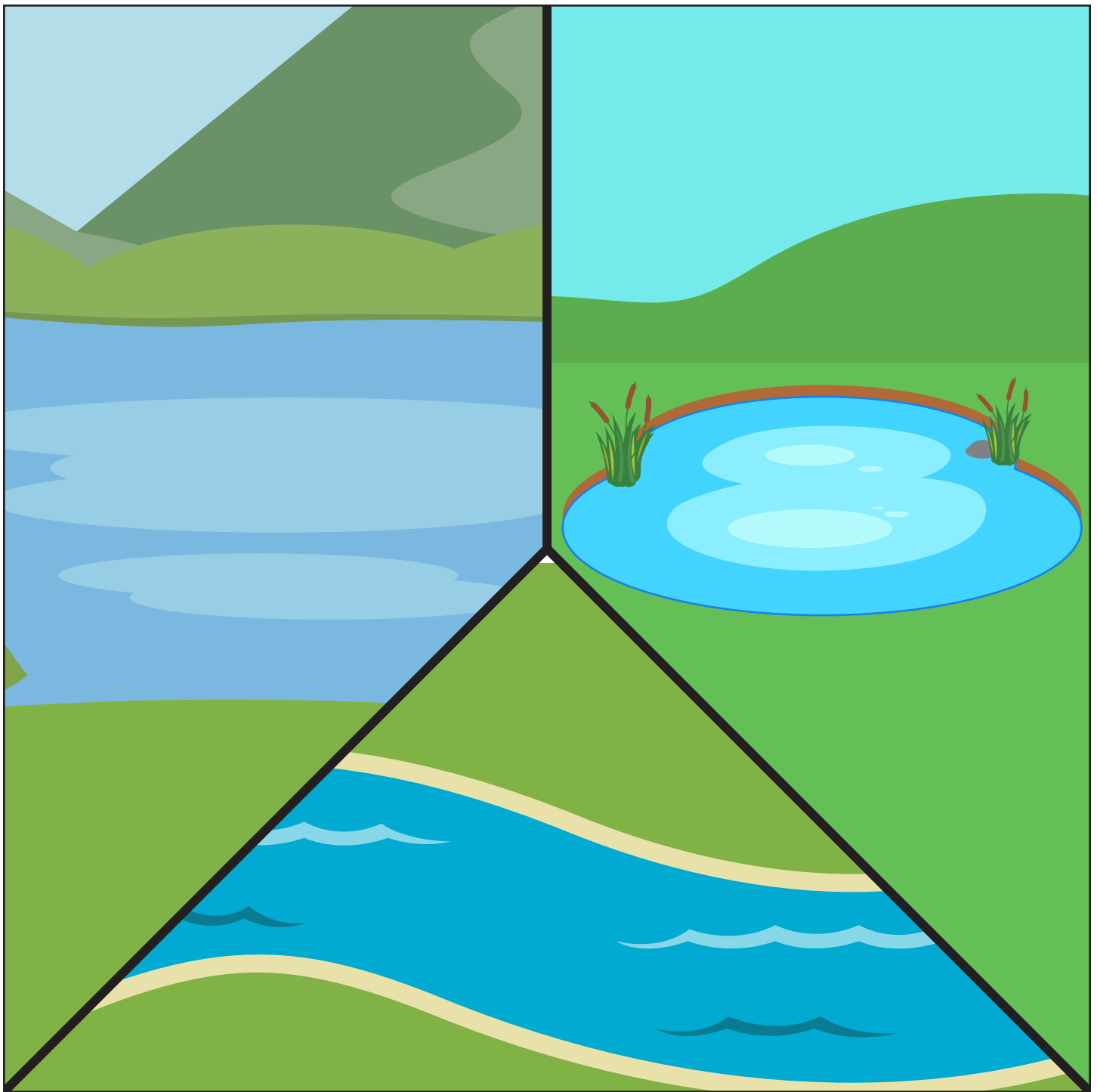
## I Am Safe Around Water



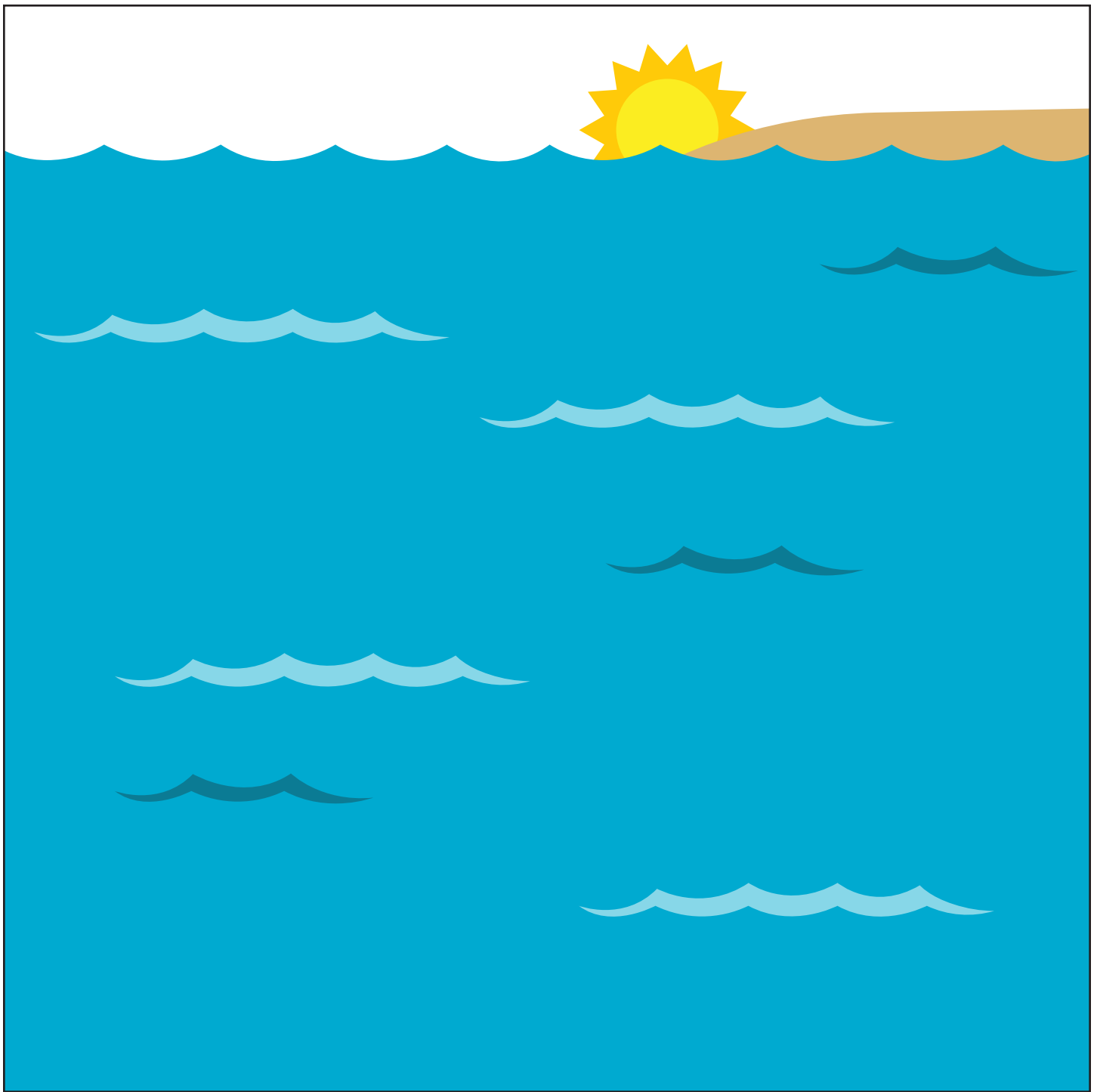
There are many places with deep or flowing water. Sometimes there are waves, and other times there aren't.



Some pools can have deep water.



Rivers, ponds, and lakes can have deep or moving water, too.



Oceans also have deep water that goes on and on.

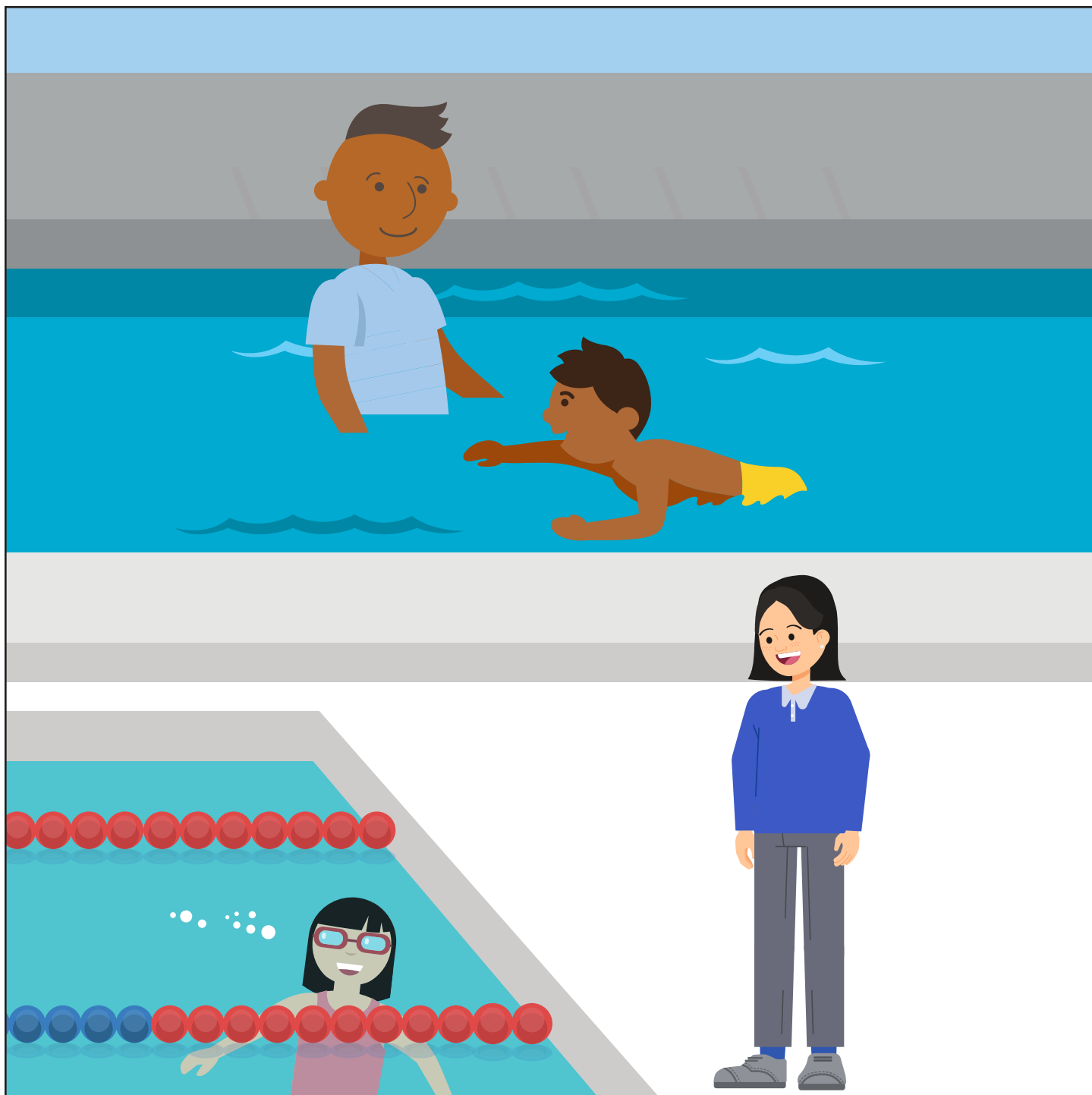


Deep or moving water can be dangerous, even if I know how to swim.

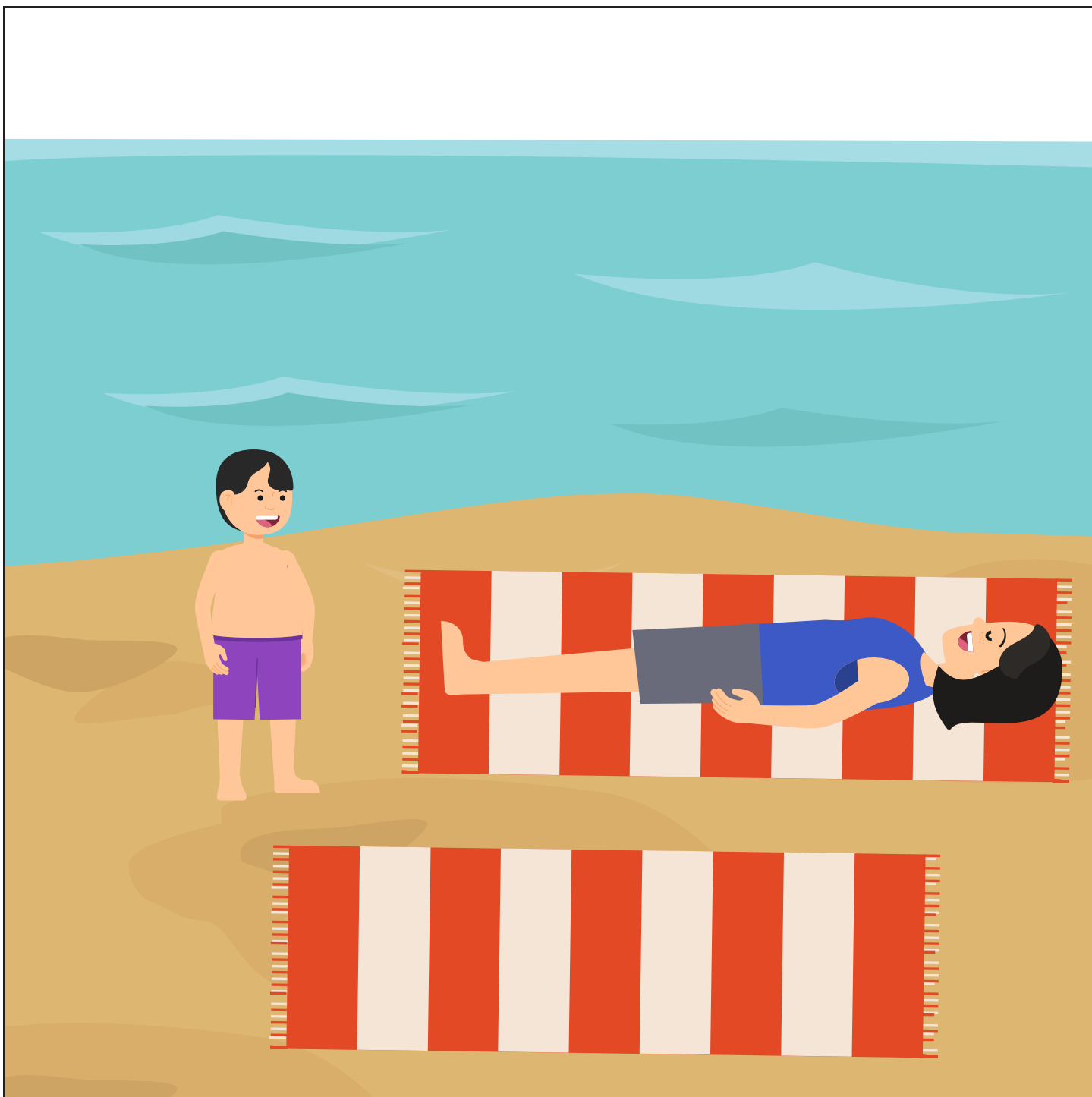




So, it is very important to be safe when I am around water.



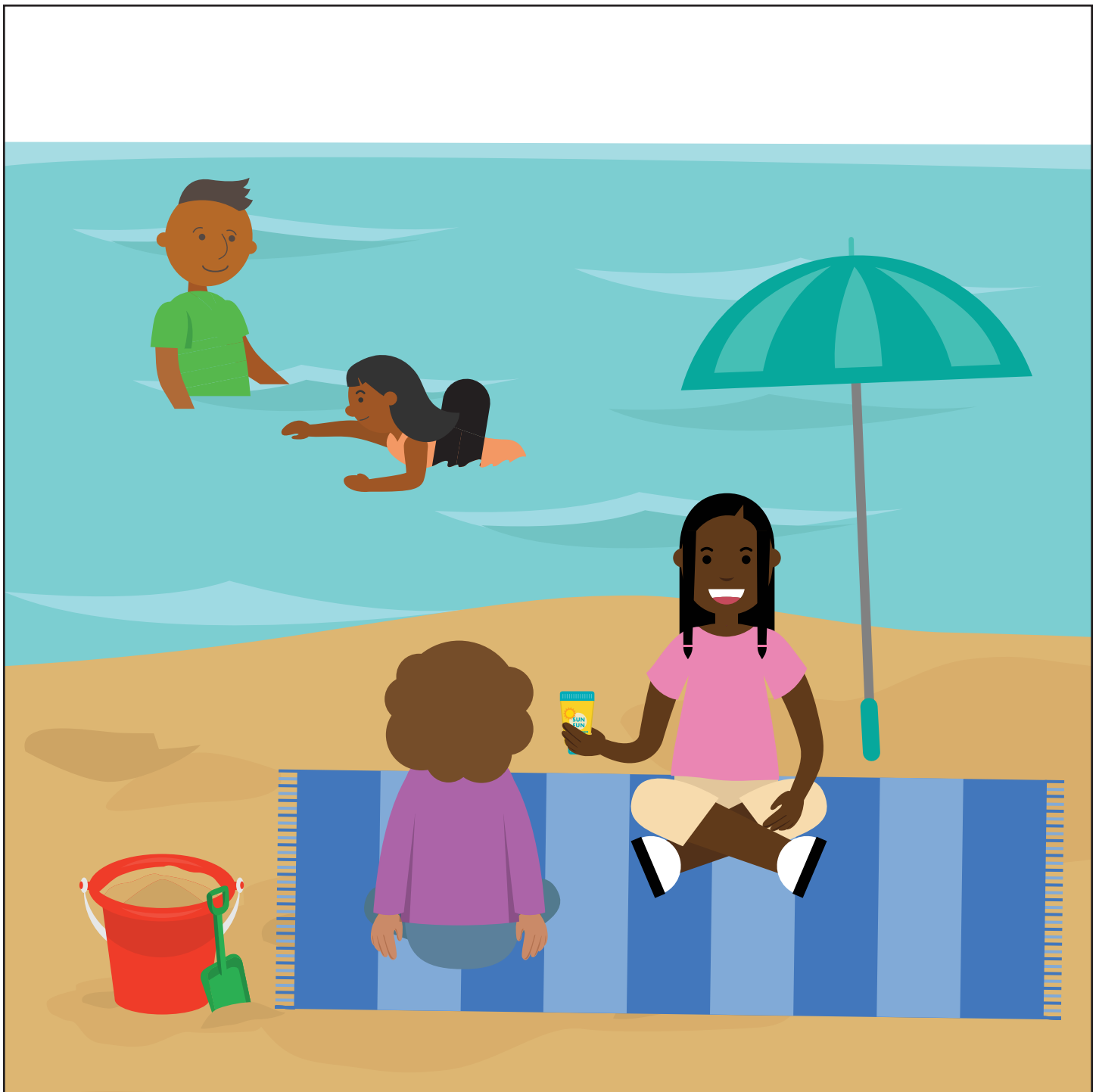
I should only go in the water or swim if an adult is watching me.



If an adult is not watching, I should stay near them and wait.



When an adult is watching, I should walk or move carefully so I don't slip.

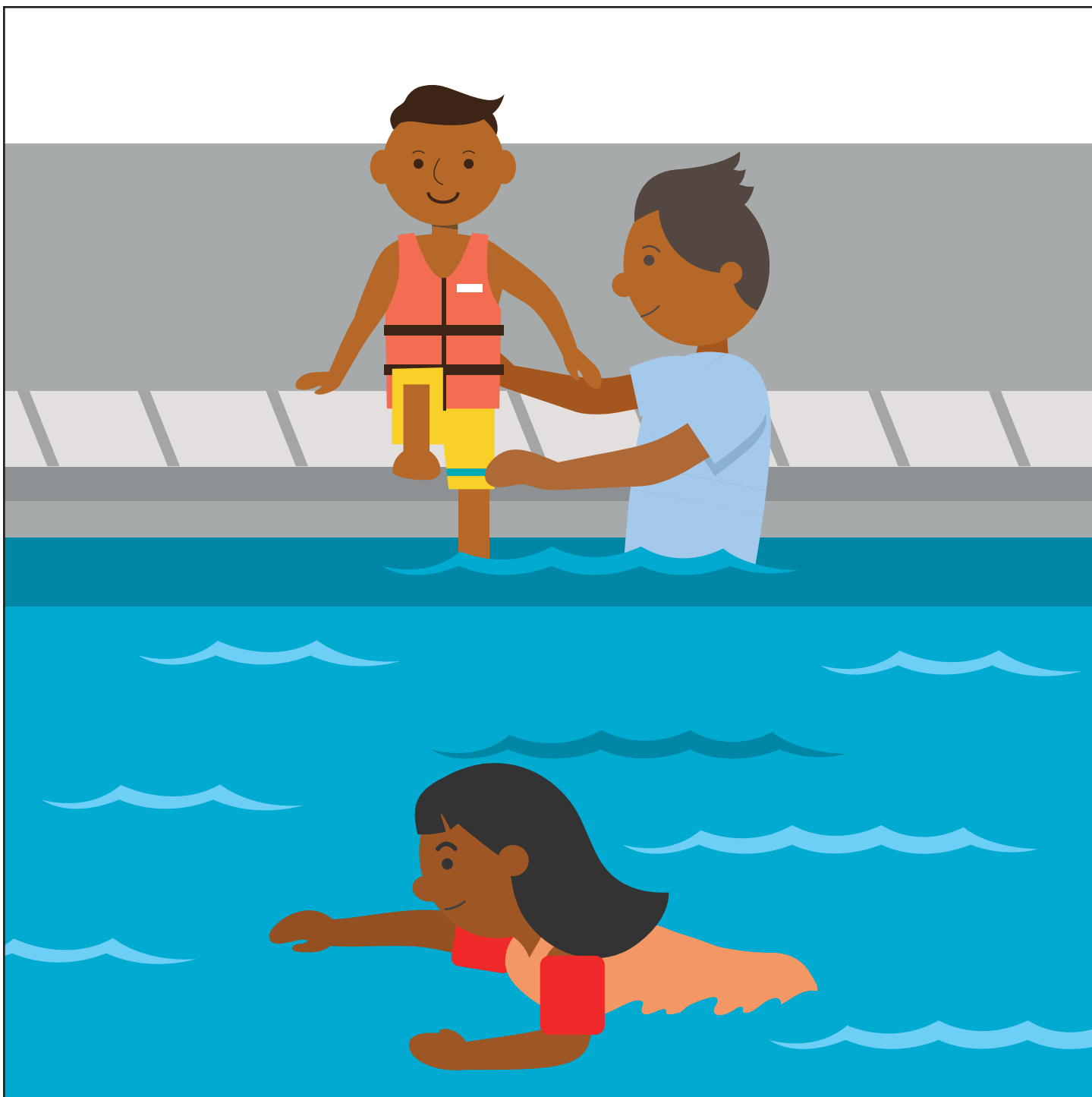


And when I'm in the water, I should stay near others.



If I am riding on a boat, kayaking, or doing other water sports, I need to wear a life jacket.





I should also wear a life jacket or wear floaties if I'm still practicing being a good swimmer.



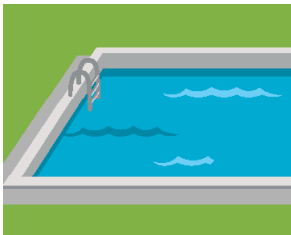
Being in the water is fun when I know how to be safe around water!



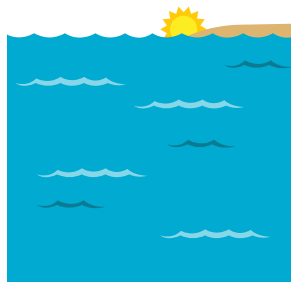


**Which place would you like to visit the most?**

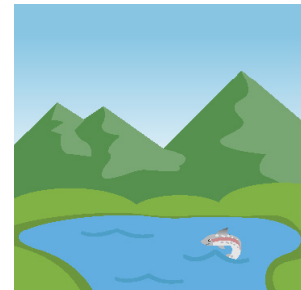
**a pool**



**an ocean**



**a lake**



**Can deep water be dangerous?**

**yes**



**no**



**I don't know**

**?**





**If an adult is not watching, should  
you go in the water?**

**yes**



**no**



**I don't know**

**?**



**What should you wear if you  
are on a boat?**

**goggles**



**flippers**



**a life jacket**





# Do you know how to swim?

**yes**



**no**



**I don't know**

**?**

