

### Objective:

Social scripts help students understand expected behaviors, routines, upcoming events, and a variety of social skills including perspective-taking and social-emotional concepts.

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### Materials:

- “Using My Five Senses in the Cafeteria” social script (provided)
  - Comprehension questions (provided)
  - Scissors
  - Hole punch
  - Ring for binding purposes (1 per prepared script)
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### Preparation:

1. Print the social script pages (1 set per student or 1 set for the entire class).
  2. Print and laminate the comprehension questions. Keep the comprehension questions with the social script.
  3. Cut along the dashed lines on the script pages.
  4. Laminate and assemble the script pages.
  5. Hole-punch the top left corner of the script pages.
  6. To bind the book, place a ring through the punched hole.
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### Instructions for use as a visual support:

1. Schedule a time to read the social script to students at least one week before the expected event and each day leading up to the event or expected behavior.
  2. As needed, increase the frequency with which you read the social script to assist students’ skill acquisition.
  3. Social scripts are most effective when combined with opportunities to practice and receive feedback. Give adequate opportunities to practice skills and provide reinforcement to increase appropriate behaviors.
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### Instructions for use as a group activity:

1. Read the social script to the class.
2. Select which set of questions to ask each student. Questions with visual responses are provided for students working in the essential and intermediate levels. More complex questions are provided for students working in the advanced level.
3. Ask each question and provide the visual answer choices if needed to help students support their answer. Students may respond verbally, using the visual answer choices, and/or using augmentative communication.

## Considerations:

- Social scripts are not intended for use following challenging behavior. They are to be used as a teaching tool prior to the event or targeted behavior. If needed, schedule additional times throughout the day to review the script with students.
- To promote maintenance of the desired skills, begin to increase the amount of time between each reading.
- To promote generalization of the desired skills, ask other adults and students to review the script with students and practice the specific skills.
- For learners who would benefit from participating in the development of a social script, allow them to find their own images and/or use some of their own words.
- For learners who are readers and learn independently from social scripts, allow them to read the script on their own.



# Using My Five Senses in the Cafeteria

Lunchtime – Group: Life Skills – Using My Five Senses in the Cafeteria Social Script

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At lunchtime everyone eats in the cafeteria. The cafeteria is a big room with lots of activity for my five senses.



Lunchtime – Group: Life Skills – Using My Five Senses in the Cafeteria Social Script

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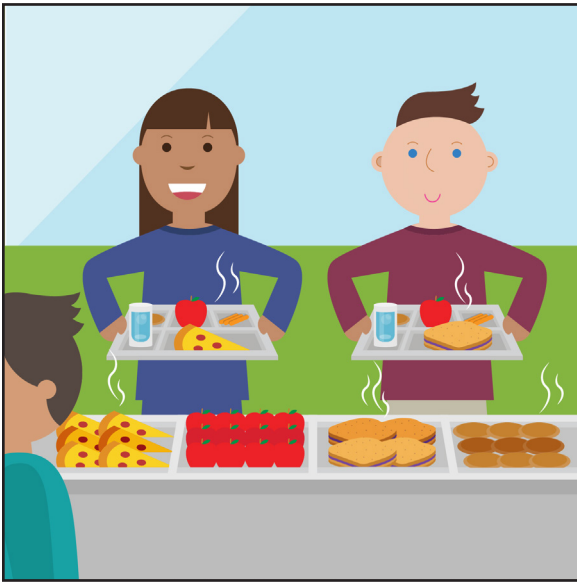
The cafeteria is full of students talking. There are also adults cooking food and helping students. My ears will hear all these sounds.

2



Some days, the noise in the cafeteria isn't very loud. Other days, the noise in the cafeteria is so loud, it hurts my ears. I'm glad I know I might hear lots of noise in the cafeteria so I can be ready for it.

3



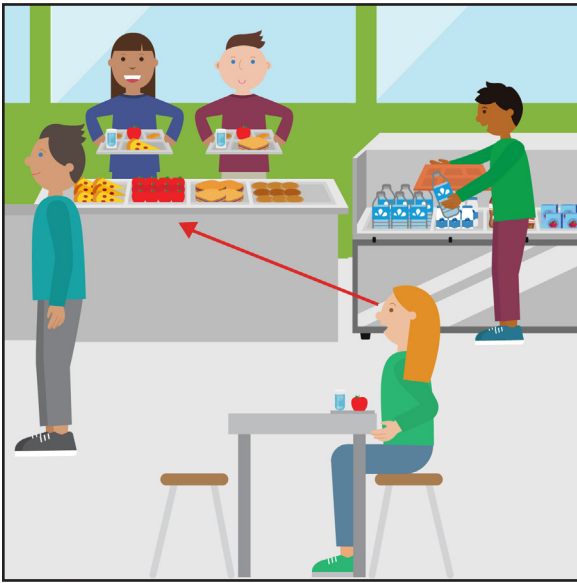
In the cafeteria, they cook food. Students also bring food from home. My nose will smell all kinds of ingredients.

4



Some days, the food smells good. Other days, the food smells terrible, and I don't want to breathe the air. It's a good thing I know that I might not like the smells in the cafeteria so I can be prepared.

5



Lots of people gather in the cafeteria at the same time. There's also a kitchen and lunch tables that fill the space. My eyes will have a lot to see.

6



Some days, I can look at my lunch and my friends. Other days, I am interested in watching all the activity around me. Since I have just enough time to eat, I try to look at my food and my friends sitting at my table.

7



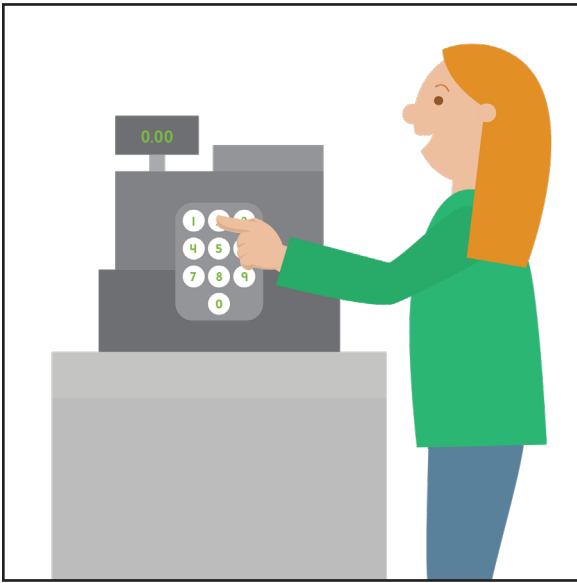
At lunch, we go into the cafeteria to eat. I may bring food from home, or I may eat the food prepared at school. My mouth will taste the food I eat.

8



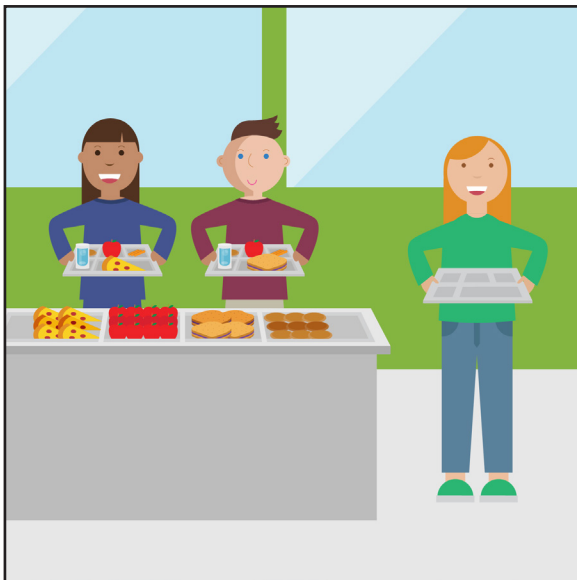
Sometimes I have food I like so I know it will taste good. Other days, I have new foods on my plate that I'm not sure I will like. I feel brave when I taste new food at lunch.

9



There are also lots of items to touch in the cafeteria. If I have lunch at school, I might touch the lunch tray, a cold drink in the cooler, and the keypad to punch in my I.D. number.

10



I also know there are things I should not touch in the cafeteria. I'm glad I know that I should not touch other students or their lunch items.

11





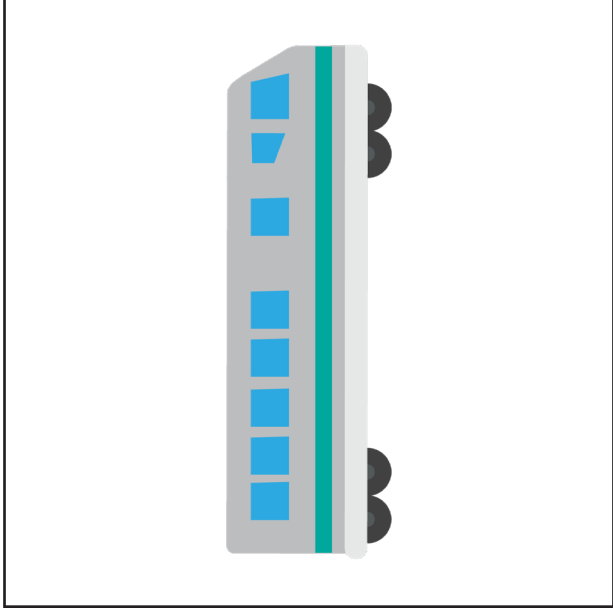
When I am prepared to use my five senses in the cafeteria, I can remain calm, and eat lunch. It feels good to go to the cafeteria and eat lunch with all the other students.

12

# “Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions (Essential and Intermediate)

## QUESTION 1:

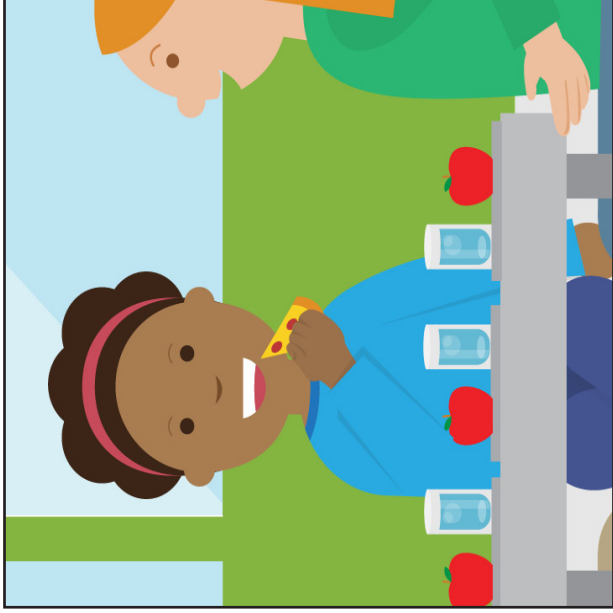
What might you hear in the lunchroom?



**“Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions**  
**(Essential and Intermediate)**

**QUESTION 2:**

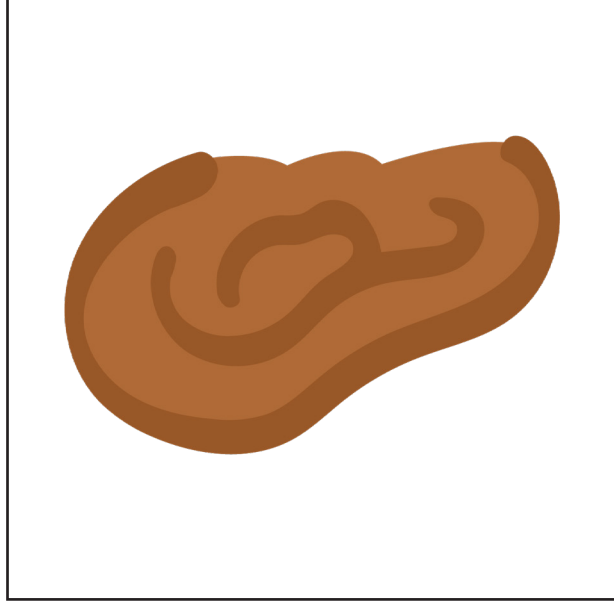
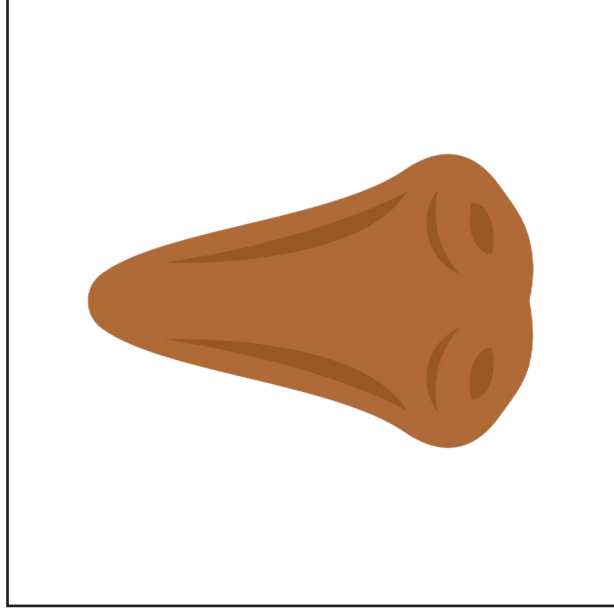
Which picture shows a student tasting?



**“Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions**  
**(Essential and Intermediate)**

**QUESTION 3:**

Point to what helps you use your sense of smell.



**“Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions (Advanced)**

**QUESTION 1:**

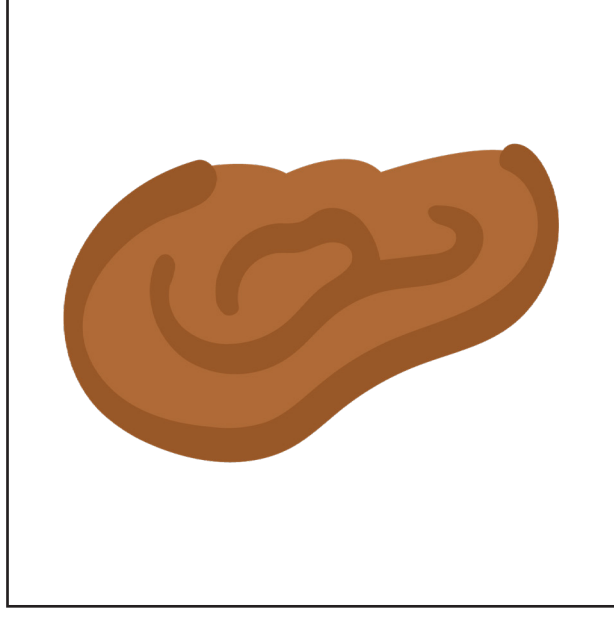
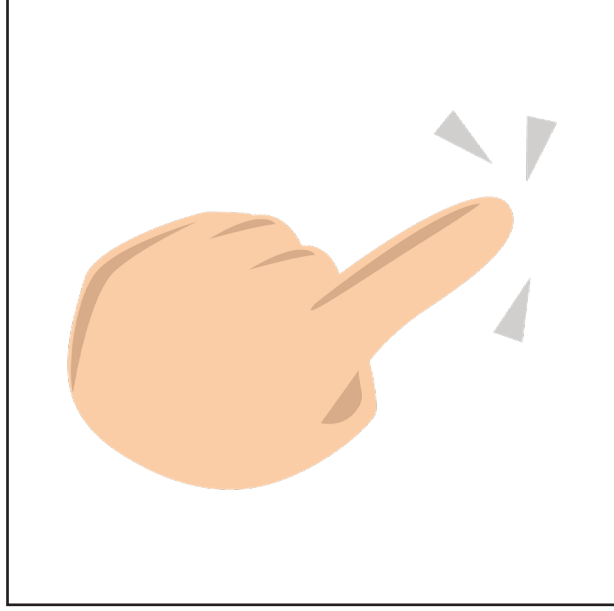
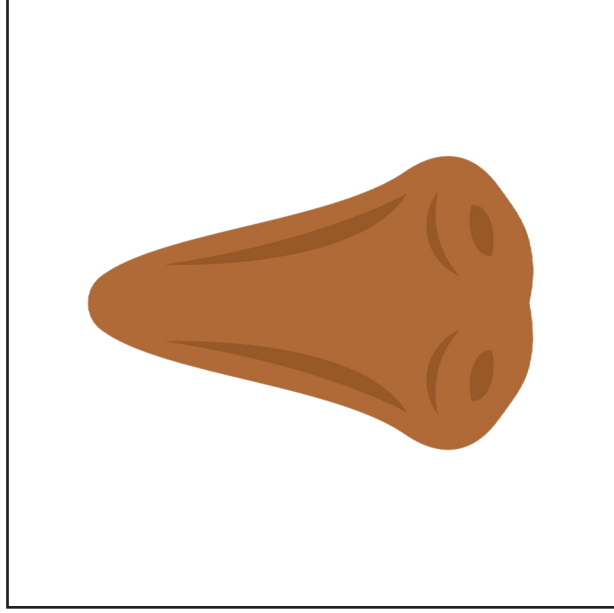
Is it okay to taste new foods in the cafeteria?



**“Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions (Advanced)**

**QUESTION 2:**

Which picture shows the vocabulary word for touch?



**“Using My Five Senses in the Cafeteria” Social Script: Comprehension Questions (Advanced)**

**QUESTION 3:**

How does it make you feel to be prepared to use your five senses in the cafeteria?

