

# Links EC Video Training Series

## Activity Types



**Instructions:**

- Review the five activities needed to demonstrate skills and concepts learned.
- Discuss with teammates each activity.
- Write down a short summary of what was discussed.

Activities	Summary of Discussion	Questions for Coach / Trainer
Discussion		
Observation		
Practice		
Shadowing		
Demonstration		

Materials Needed	Coach / Trainer Responsibility	Personal Reflection	Group Discussion
None	Answer questions	Write down any questions you have about the activities or training checklist.	Discuss both activities and the training checklist.