

PERSONAL INFORMATION CARD

NAME:



ADDRESS:

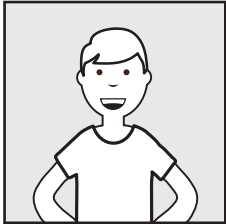
Street:

City, State, Zip:

[student photo]



CAREGIVER'S INFORMATION:



Name:

Phone Number:

See reverse side for more information.

FOLD HERE

PERSONAL INFORMATION CARD

ABOUT ME

I communicate by:



talking

using pictures

using a device

writing

texting

other: _____

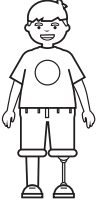


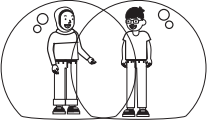


I like:

Three empty rectangular boxes for drawing or writing preferences.


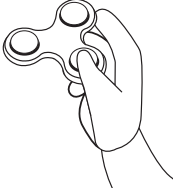
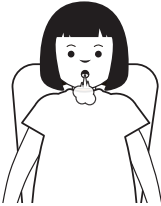



Things that help me calm down:

Three empty rectangular boxes for drawing or writing calming strategies.

Likes:

 <p>being alone</p>	 <p>when it's quiet</p>	 <p>dim lights</p>
 <p>personal space</p>	 <p>fresh air</p>	 <p>following a schedule</p>

Calm down strategies:

 <p>moving my body</p>	 <p>using a fidget</p>	 <p>taking deep breaths</p>
 <p>counting</p>	 <p>sitting down</p>	 <p>wearing headphones</p>

INFORMATION SHEET

NAME: _____



ADDRESS:

Street:

City, State, Zip:



CAREGIVER'S INFORMATION:

Name:



Phone Number: