

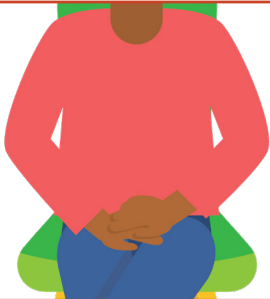
# Listening



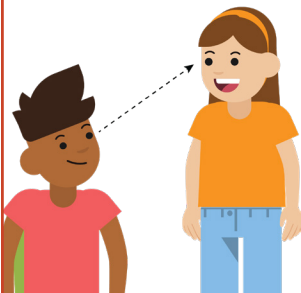
Use a quiet voice.



Keep your body still or not moving much.



Keep your hands still or not moving much.



Look at the person talking, or look at what they are doing.



Wait until the person is done talking before asking questions or speaking.