

Using the All About Me Tools with Students

This activity can be completed at home or at school. Start by leading a discussion about strengths and weaknesses to explain that everyone has strengths, and everyone has weaknesses, or areas that they want to improve. There are two activity options you can choose to use with your students. Option one allows the students to make choices. If there is not a choice provided, you or the student can draw the image. Option two allows space for the student to write responses. Some students may need you to guide them through brainstorming responses or help them by providing a word bank, choices, or general ideas they can choose from.

Prior to leading this activity in school, discuss your student's awareness of their disability with caregivers. Some caregivers may have had a discussion with their child about autism, while others have not. Some students may have an opinion about how they want to be referred to in groups, for example whether they want to be called a person with autism or autistic. Self-awareness and advocacy will vary from student to student. If you are a caregiver or an educator and would like to learn more about celebrating and promoting the autistic community and culture, visit <https://autisticadvocacy.org/resources/> to see free resources from the Autistic Self Advocacy Network.