

## Newsletter



### Tips and Tricks for Summertime Success

Summer is a time of vitality and creativity. As the weather changes, so too do the landscape and activities around us.

Transitioning to summer break can be difficult for students. We have some tips—and materials—to help take the stress out of this change in routine:

1. Take advantage of the fun themes that come with the summer season. Check out the **sequence strip for applying sunscreen**. You can use routines like this to help children generalize motor skills, identify body parts, and work on sequencing, all while increasing independence.
2. Use hands-on activities throughout the day to practice skills in context. Cooking simple recipes, gardening, and crafting are fun ways to reinforce the skills your children have been working on at school all year. Remember to break these activities down into small steps to encourage independence. Use visuals to help your child understand the steps of each activity.
3. Set up a dedicated space and system for academic work. We've found that students are much more successful when they have a defined system for getting through academic lessons. With their own clear work space, students will have an easier time working on math, reading, and writing skills.

Working on summer-themed lessons is a fun way to ease the transition to summer break while preparing for next year. Feel free to reach out for more tips and tricks to keep your children busy over the summer!

### Suggested Summer Vocabulary:

**Safety:** Sunscreen, Lifeguard, Hat, Sunglasses, Life Preserver, Helmet, Shade, Beach Umbrella, Rules / **Fun:** BBQ, Beach, Vacation, Swimming, Ocean, Amusement Park, Camp, Camping, Picnic, Biking, Kite, Frisbee, Campfire, Tent, Sleeping Bag, Pool, River, Lake, Boat, Fishing Pole, Fish, Hook, Jet Ski, Water Ski, Raft, Pail, Shovel, Sand, Sand Castle, Beach Ball / **Clothing:** Shorts, Tank Top, Swim Trunks, Swimsuit, Flip Flops / **Food and Gear:** Ice Cream, Snow Cone, Hot Dog, Watermelon, Popsicle, Hamburger, S'mores, Graham Crackers, Marshmallows, Chocolate, Lemonade, Grill, Picnic Table, Picnic Basket, Picnic Blanket, Towel / **Weather:** Sun, Sunny, Hot, Humid

### Fun Summertime Activity Ideas:

- Cooking simple recipes
- Applying sunscreen routine sequencing

- Summer-themed crafts
- Tracking summer weather

- Summertime plant sorting
- Vacation social stories