

Strand B1: Teaching Time

Language – Following Directions



Materials (at home):	Provided materials:	Additional materials (if available):
<ul style="list-style-type: none"> • Reinforcers • Token board (optional) • Common items used in the household 	<ul style="list-style-type: none"> • Strand B1 lesson plan • Strand B1 REEL • Data collection sheet 	

Goal: The student will follow one- or two-step directions and find items when requested.

Progression of skills:

Work on each phase until the student meets the criteria for mastery, and then move onto the next phase.

Phase 1: Following one-step directions

Target skill goal: The student will follow 5 one-step directions needed during functional routines in one location by responding to a verbal request to “X [direction]” in 90% of trials across 2 consecutive weekly probes.

Phase 2: Following two-step directions

Target skill goal: The student will follow 5 two-step directions needed during functional routines by responding to the verbal request to “X [direction] and Y [direction]” in 90% of trials across 2 consecutive weekly probes.

Phase 3: Finding items when requested

Target skill goal: The student will find 5 items in specific locations needed during functional routines by responding to the cue “go to X [location] and get Y [item]” in 90% of trials across 2 consecutive weekly probes.

Embedded skills:

During this lesson, continue to work on embedded skills such as attending and social communication (see the teacher guide for more information).

Notes:

1. The caregiver will provide direct instruction with guidance and coaching from the teacher. If the student is able to attend to instruction from the teacher, modify the following lesson plan accordingly.
2. See the teacher guide regarding errorless learning if the student has challenges with a specific language concept.

Phases 1 and 2: Following one-step directions and following two-step directions

1. Explain the activity using the following script to coach the caregiver:
 - a. “We are going to work on following one-step and/or two-step directions. You will give the student a one-step direction like ‘stand up’ or a two-step direction like ‘give me the book and sit down.’”
 - b. “Say, ‘X [direction]’ (i.e. ‘Stand up’) or say, ‘X [direction] and Y [direction]’ (i.e. ‘Give me the book and sit down’).”
2. If the student responds correctly, direct the caregiver to label the action and provide reinforcement (i.e. “Standing up! Good job! Here is your [reinforcer]”).
3. If the student responds incorrectly or does not respond, direct the caregiver to:
 - a. Repeat the cue “X [direction]” one time (i.e. “Stand up”).
 - b. Help the student perform the action and provide social praise.
 - c. Try again without prompting.

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Phase 3: Finding items when requested

Note: With the caregiver, select locations and items that are helpful to the student and household. Before beginning, guide the caregiver to place common objects in familiar locations.

1. Explain the activity using the following script to coach the caregiver:
 - a. “We are going to work on following directions to locate an item.”
 - b. “Say, ‘Go to X [location] and get Y [item]’ (i.e. ‘Go to the kitchen and get cup’).”
2. If the student responds correctly, direct the caregiver to label the location and item and provide reinforcement (i.e. “Going to kitchen and getting cup! Good job! Here is your [reinforcer]”).
3. If the student responds incorrectly or does not respond, direct the caregiver to:
 - a. Repeat the cue “go to X [location] and get Y [item]” (i.e. “Go to the kitchen and get cup”).
 - b. Walk with the student and help them perform the actions and provide social praise.
 - c. Try again without prompting.

Suggested directions to use in this lesson:

Phase 1

1. Sit down
2. Stand up
3. Clap hands
4. Stack blocks
5. Open book

Phase 2

1. Stand up and give me a high five
2. Sit down and clap your hands
3. Pick up the block and put it in the cup
4. Get the book and open it
5. Get the container and put the lid on it

Phase 3

1. Go to the kitchen and get a cup
2. Go to the bathroom and get your toothbrush
3. Go to the closet and get your shoes
4. Go to the table and get a pencil
5. Go to your bedroom and get a toy [name a specific item]