

Fine Motor Skill Review 小肌肉精细动作技能回顾

Homework: Module 11 - The Small Stuff: Fine Motor Skills

家庭作业: 第11模块: 小的事物: 掌握精细动作技能

Name 姓名: _____

Date 日期: _____

Instructions: Read each skill and corresponding example. If your child usually exhibits the skill, check the box and move on to the next skill. If your child has had challenges developing the skill, check the box, and read the ideas for practice at home. Optional: jot down notes about your child's strengths and challenges related to each skill.

说明: 阅读每项技能和相应的范例。如果你孩子通常展示该技能, 请勾选此框并继续学习下一项技能。如果你孩子在开发技能方面遇到了问题, 请勾选此框, 并阅读在家练习的想法。其他选项: 记下你孩子与每项技能相关的优势和挑战问题。

Skill 技能	My child has had challenges developing this skill 孩子发展该技能有困难	My child can usually do this skill 孩子可以做到这个技能	Ideas to build skills at home 家庭练习建议
Colors within the lines 在线内填色 Example: Does your child color simple pictures, staying inside the lines with at least two colors? 范例: 你孩子是否为简单的图片填色, 并至少用两种颜色在线条内填色?	<input type="checkbox"/>	<input type="checkbox"/>	<ol style="list-style-type: none">1. Give the cue, "Do this" and model coloring within the lines. Give positive praise and encouragement when your child imitates your action. 给出“这样做”的提示并在线条内示范填色。当你孩子模仿你的行为时, 给予积极的赞扬和鼓励。 Comments/questions 建议/问题:

Skill 技能	My child has had challenges developing this skill 孩子发展该技能有困难	My child can usually do this skill 孩子可以做到这个技能	Ideas to build skills at home 家庭练习建议
<p>Playing with building and stacking toys 玩建筑和堆叠玩具</p> <p>Example: If you give the direction, “Stack the blocks” or “String the beads,” is your child able to independently complete the tasks? 范例: 如果给出指令, “砌积木” 或 “串珠子”, 你孩子是否能够独立完成任务?</p>	□	□	<p>1. Give the cue, “Do this” and model stacking blocks or stringing beads. Give positive praise and encouragement when your child imitates your action. 给出 “做这个” 提示并示范砌积木或串珠子。当你孩子模仿你的行动时, 给予积极的赞扬和鼓励。</p> <p>Comments/questions 建议/问题:</p>
<p>Completes simple art projects 完成简单的美术项目</p> <p>Example: Does your child cut with scissors and glue/paste objects? 示例: 你孩子是否会用剪刀并用胶水/粘贴物体?</p>			<p>1. Start with very simple cutting and pasting tasks. Model, encourage, prompt, and reinforce. Start with very small steps. 从非常简单的裁剪和粘贴任务开始。示范、鼓励、提示和强化巩固。从非常小的步骤开始。</p> <p>2. To help your child be successful, do the art project collaboratively. Have your child complete the last step independently. Over time, have them complete more and more of the steps independently. 为了帮助你孩子取得成功, 配合完成美术项目。让你孩子独立完成最后一个步骤。随着时间的推移, 让他们独立完成越来越多的步骤。</p> <p>Comments/questions 建议/问题:</p>

What fine motor skills will you work on with your child?

你与你孩子一起练习哪些小肌肉精细动作技能？

During which routines will you work on teaching these skills?

在此日常活动期间，你将学习如何教这些技能呢？

Next steps: Use the four step teaching sequence to teach these fine motor skills to your child:

1. Model
2. Encourage imitation
3. Help if needed
4. Reinforce

后续步骤：使用四步教学顺序教你孩子这些小肌肉精细动作技能：

1. 示范
2. 鼓励模仿
3. 若有需要提供帮助
4. 强化