

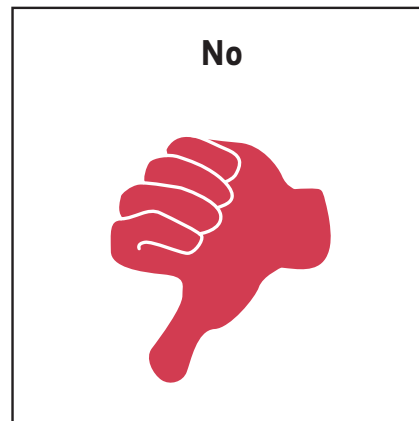
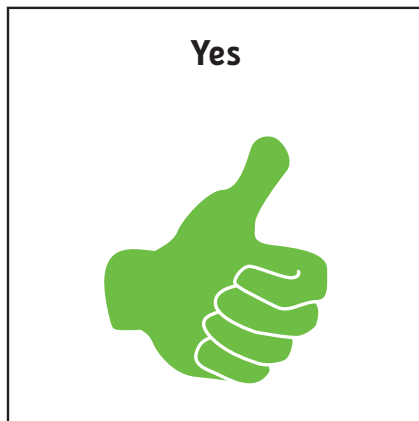


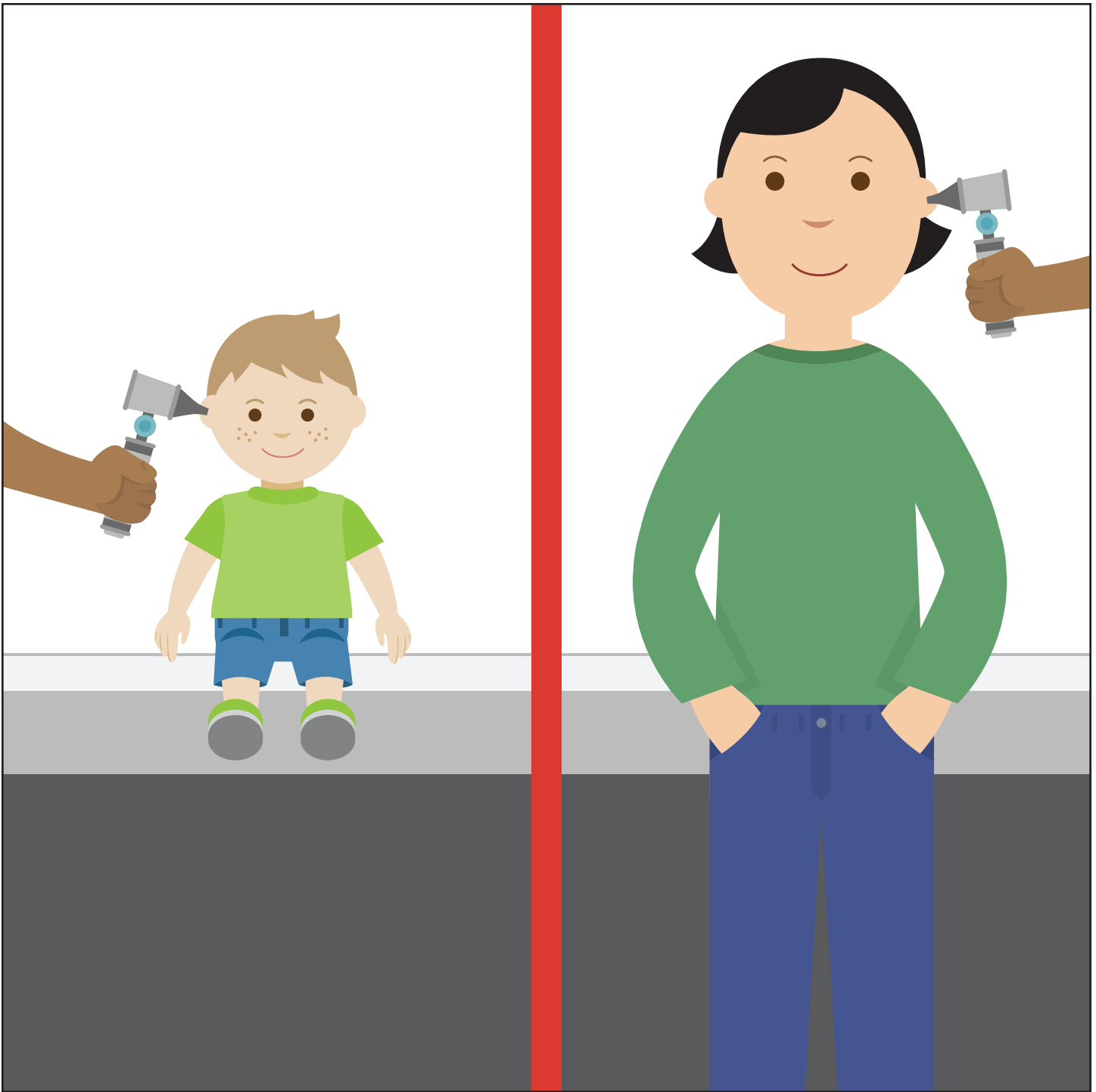
# Who Are Health Professionals?



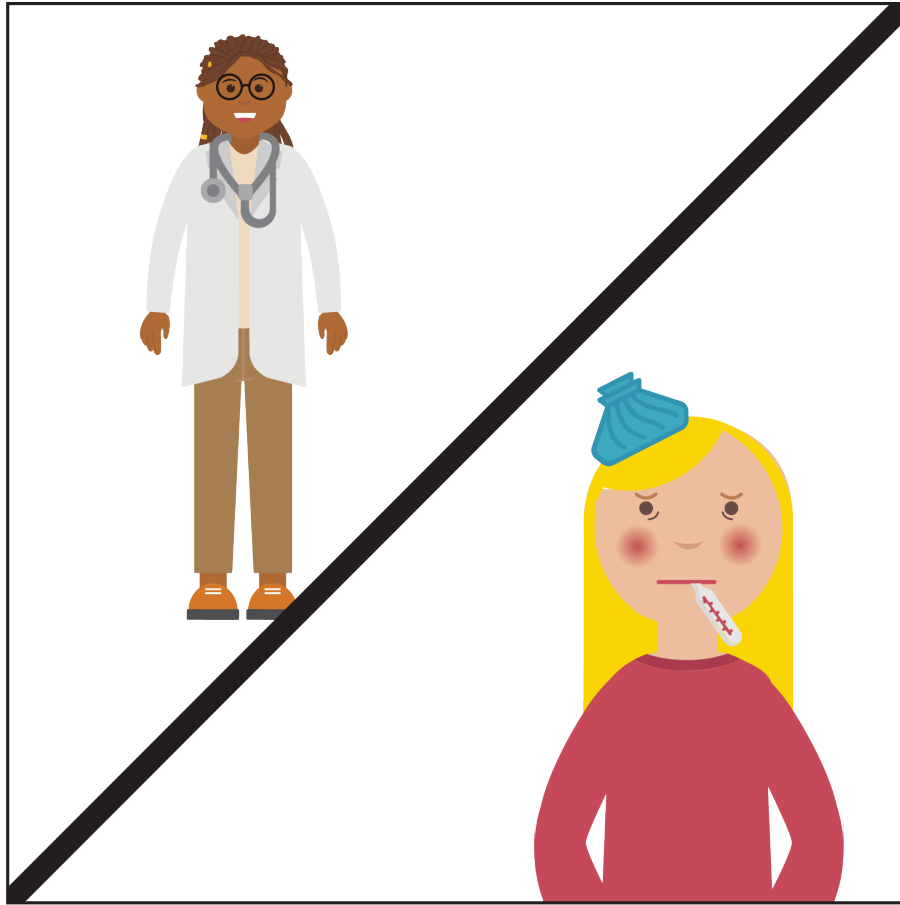
Health professionals are people who help us feel better, keep us healthy, and help our bodies work.

**Do health professionals help us feel better?**





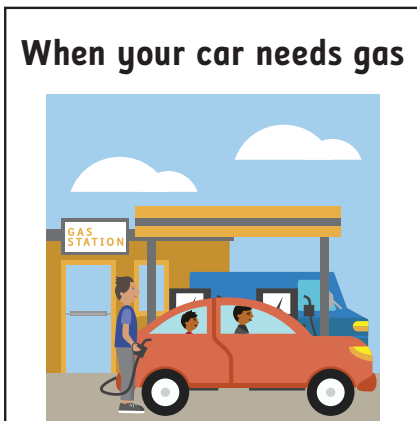
Some health professionals examine parts of our bodies. This means they look at, listen to, and sometimes touch our body parts to find out what is going on inside us. Sometimes health professionals use tools and machines to help them examine people, like using a light to look into someone's ear.



## Doctors

Doctors are one type of health professional. We visit a doctor when we are sick or hurt so they can help us feel better.

### When do you visit a doctor?





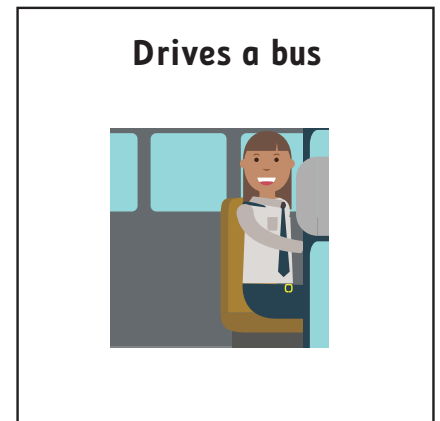
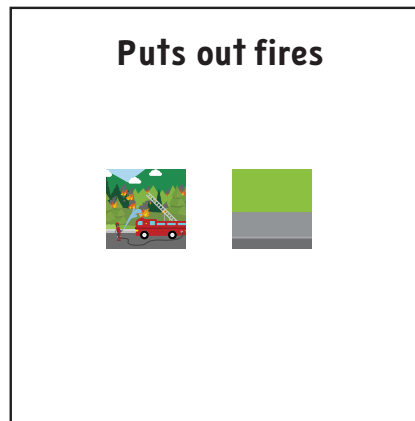
First, doctors examine us to find out why we are sick or hurt. Then, they help us feel better by giving us medicine or telling us what we should do.

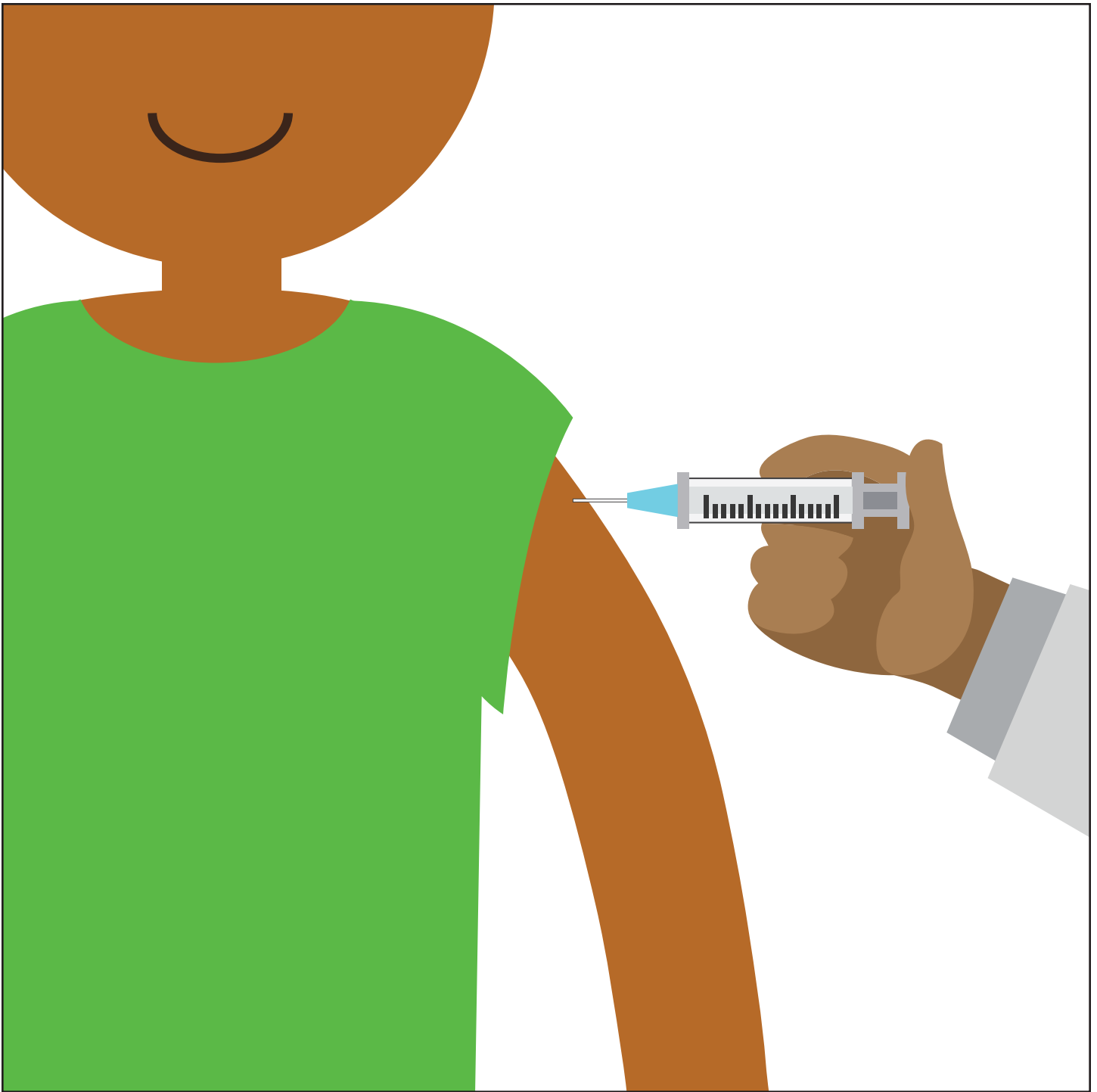


## Nurses

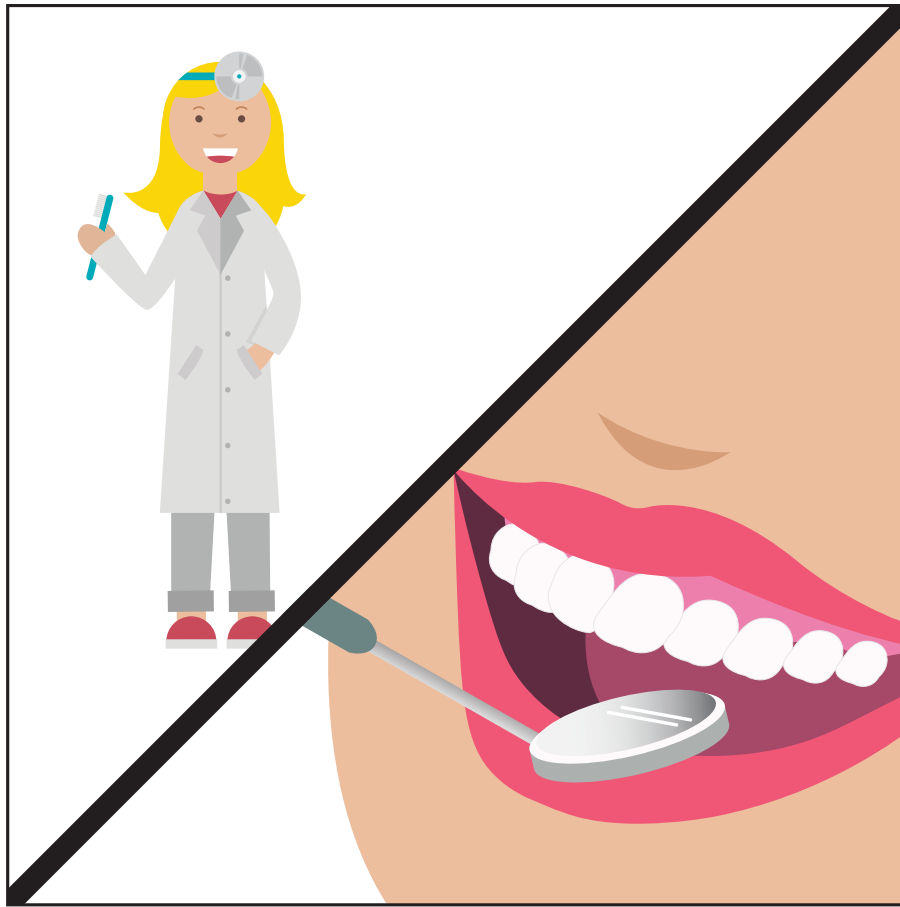
Nurses are another type of health professional. Nurses help care for people. Some nurses work with doctors in a doctor's office or hospital, and other nurses work by themselves or in schools.

### What does a nurse do?





First, nurses ask us questions about how we're feeling. Sometimes they will take our temperature or do other quick exams. Then nurses find a way to help us feel better, like giving us medicine or a Band-Aid. Nurses might give us a shot to stop us from getting sick, too.



## Dentists

Dentists are health professionals, too. Dentists help take care of our teeth and mouths.

### What does a dentist do?

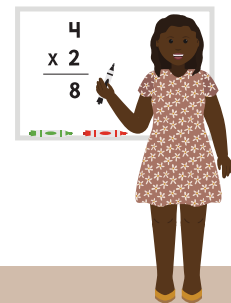
Delivers mail



Takes care of our teeth



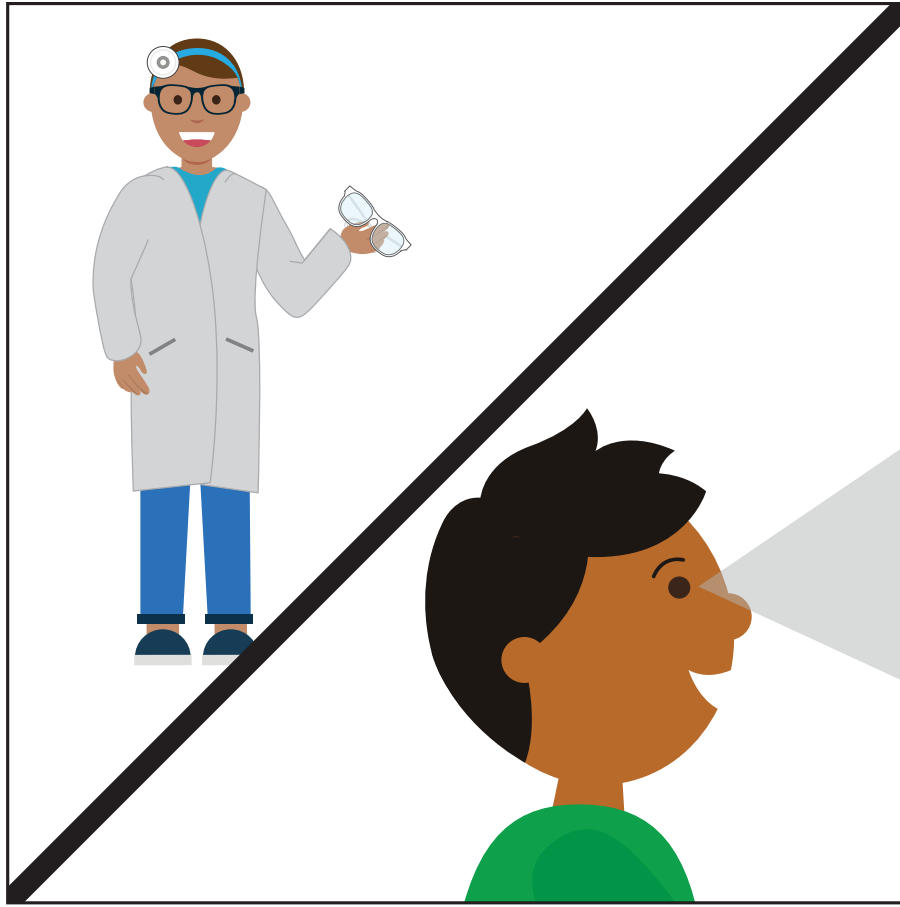
Teaches math







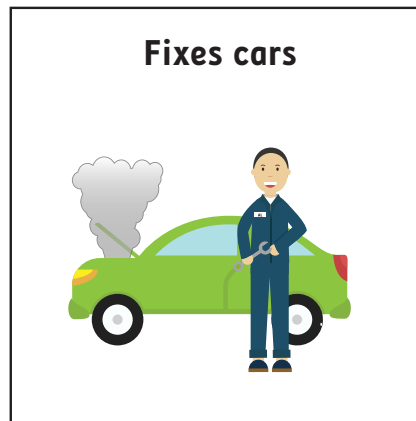
Dentists use special tools to look inside our mouths. Dentists check our teeth to make sure our teeth and gums are clean and that there are no holes in our teeth, which are called cavities. If we have a cavity the dentist can fix it for us.

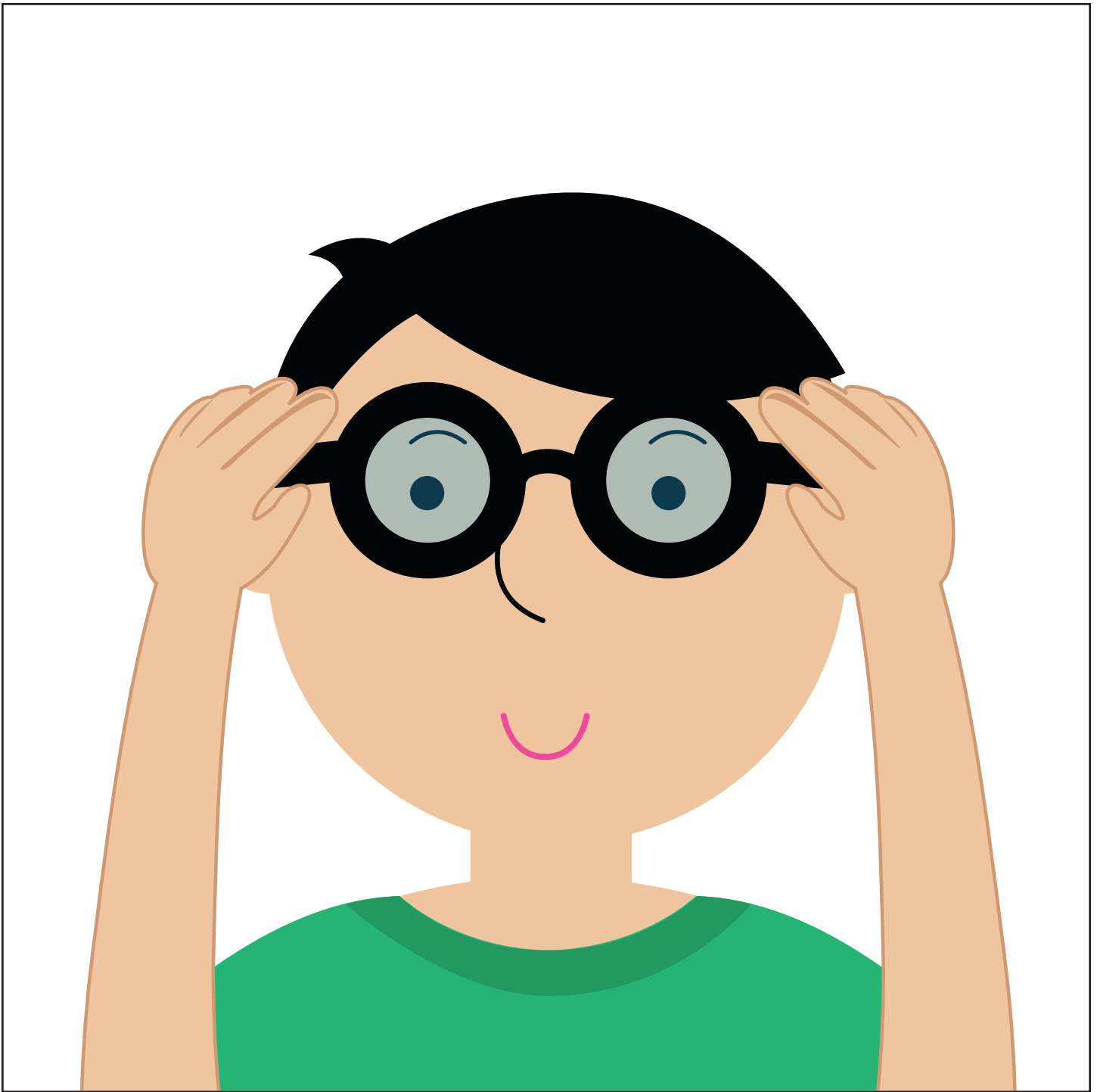


## Optometrists

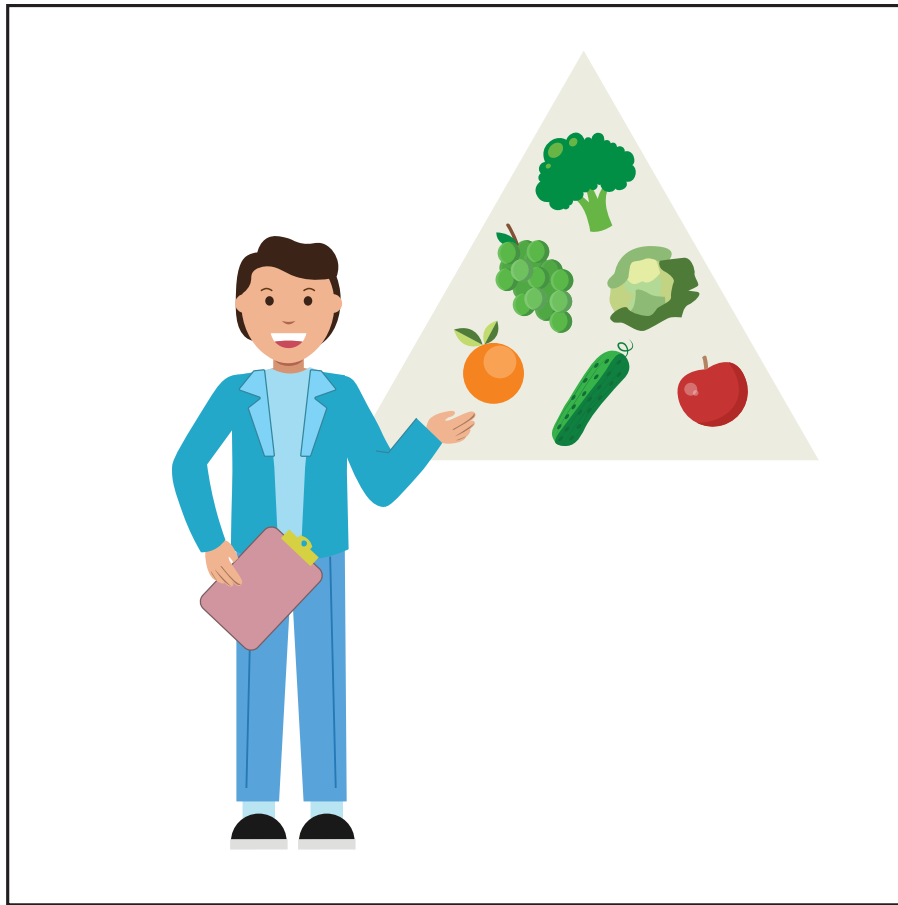
Health professionals who check our eyes are called optometrists. Optometrists help us see better and keep our eyes healthy.

### What does an optometrist do?





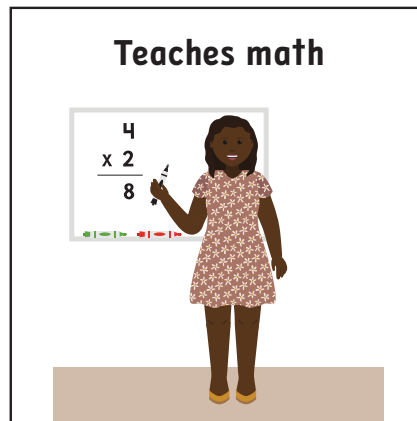
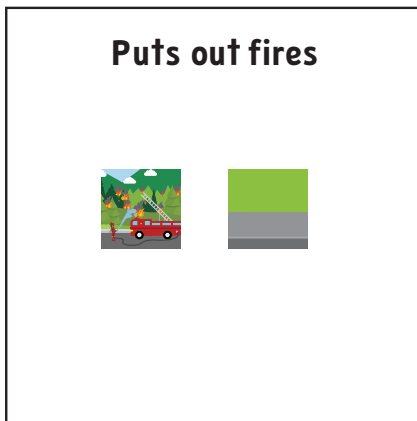
Optometrists use tools, machines, and lights to examine our eyes. If we have a hard time seeing things, optometrists help us find glasses that allow us to see more clearly.



## Nutritionists

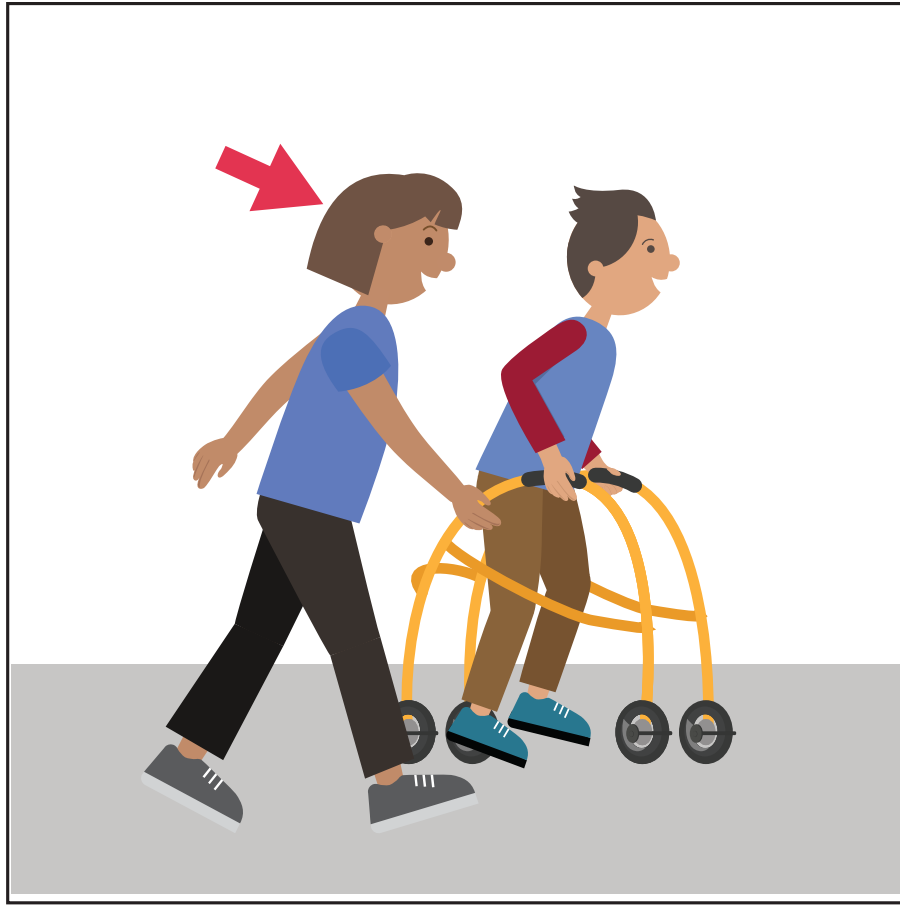
Nutritionists are also health professionals. Nutritionists help people eat healthy.

### What does a nutritionist do?





Nutritionists teach people how food helps or hurts their bodies.  
Nutritionists also help people feel better by planning special meal plans.

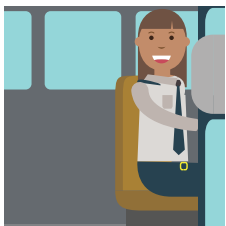


## Physical therapists

Physical therapists are another type of health professional. Physical therapists help us move our bodies.

### What does a physical therapist do?

Drives a bus



Helps people move



Fixes cars





If someone is injured, or has a hard time moving different parts of their body, they can visit a physical therapist. Physical therapists examine our muscles and bones, and then they show us different ways to move. Physical therapists help us practice these movements, too.



## Health professionals

Visiting health professionals can make us feel nervous, but health professionals help our bodies work. Sometimes we even visit health professionals when we're not sick or hurt, just to be sure we are staying healthy. Health professionals are there to help us!