



Using the Token Board

Behavior Tools

TOKEN BOARD BASICS

Why use a token board system with students?

- The token board is an evidence-based practice supported by research
- This tool provides a systematic process to reinforce targeted and other skills

Why use “coins” as the token of choice?

- Money is a token system we all use in our daily life
- Students can eventually use the money they “earn” to purchase items in a store
- Some students may respond better to something other than coins. Change the token if needed (example: stickers)

Use the token board system to teach targeted skills

- Reward correct responses during discrete trial sessions
- The token board provides immediate positive feedback to the student
- This reward system offers a visual and tactile stimulus to the student for correct responding

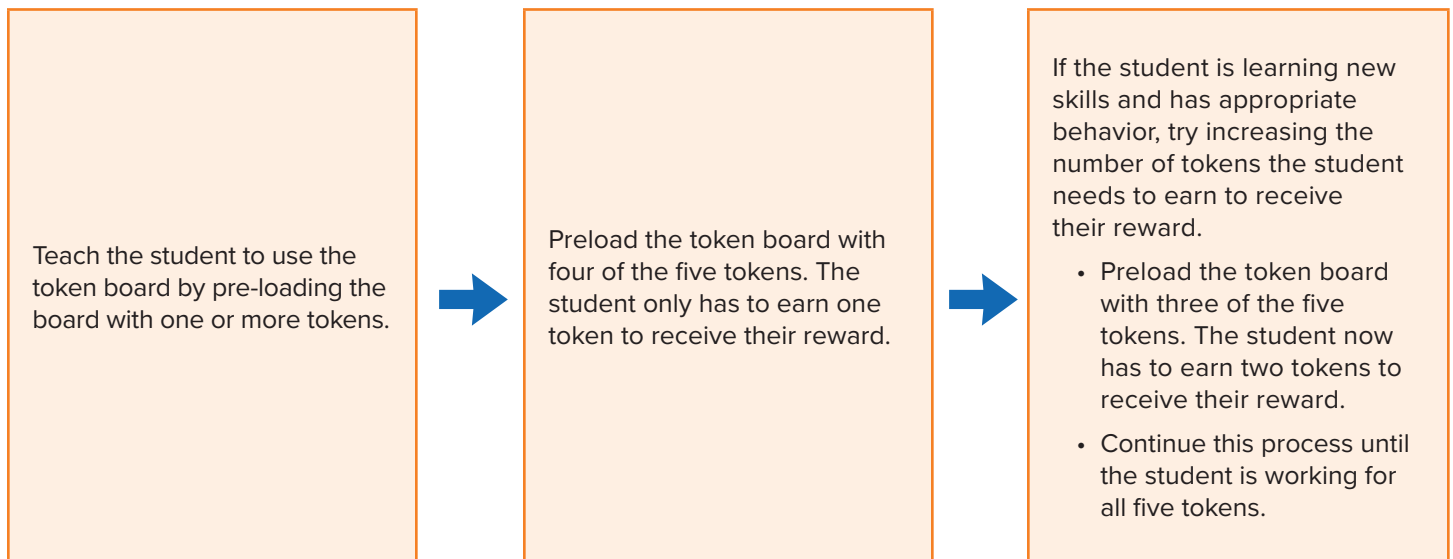
Use the token board system to teach many additional skills

- Teach the student to wait for a reward
- Demonstrate the value of money
- Teach the student to count
- Reward appropriate behavior
- Improve fine motor skills

TOKEN BOARD PROCEDURE

1. Have the student choose a reward
2. Place the reward on or near the token board
3. For higher functioning students, use an icon to represent the reward
4. Ask the student a question or give the student a task to complete
5. For each appropriate response, give the student a “coin” or other token
6. The student should place the coin on the board if possible
7. Once the student has earned all the tokens, give the student their reward
8. After a few seconds or minutes (depending on the reward and student) say, “My turn” and start the process over again
9. Optional: <ul style="list-style-type: none">• If the student can “wait” for their reward, have the student take the coins off the token board and hand them to the teacher. The teacher can count the coins.• If the student enjoys counting the coins, ask the student to take the coins off the token board, counting the coins as they hand them to the teacher.• Do not require the student to “count the coins” if the student needs more immediate feedback to reinforce correct responding.

GETTING STARTED



PUTTING IT INTO ACTION

- Use the token board during a variety of activities
- Teach appropriate behavior throughout the student's day using the token system
 - Use the token board to reward appropriate behavior during functional routines
 - "Catch the student behaving well" during the circle routine, group activity routine, etc. by using the token board to reward appropriate behavior during those activities

UPPING THE ANTE

- Increase the complexity of the token board system as students are able to wait for longer periods prior to receiving a reward
- Start with a penny board
 - For students who are responding well to the penny board, introduce the dime board:
 - i. Have the student earn five pennies to add up to a nickel
 - ii. The student must earn two nickels (adding up to a dime) to receive their reward
 - For students who are responding well to the dime board, introduce the quarter board:
 - i. Have the student earn five pennies to add up to a nickel
 - ii. Have the student earn two nickels to add up to a dime
 - iii. Repeat this process
 - iv. The student must earn two dimes and one nickel to receive a quarter and exchange for a reward