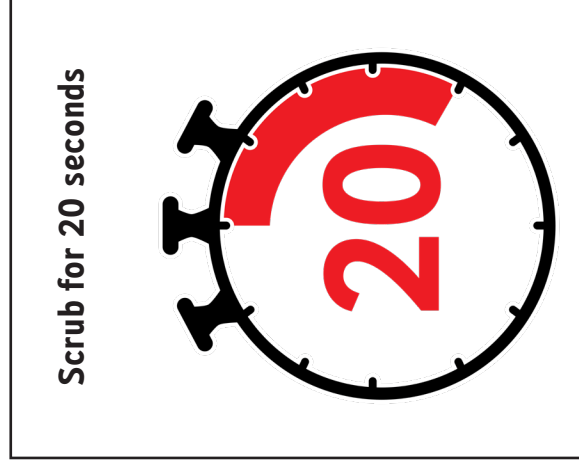


# How Long Do I Wash My Hands?

## Instructions:

1. Print, laminate, and cut out the visual.
2. Post the visual near the sink to encourage students to wash hands for an appropriate amount of time.  
**Optional:** Attach the "Scrub for 20 seconds" image to the handwashing sequence strip to cue students to use the "How long do I wash my hands?" visual.
3. Encourage the student to count slowly to twenty as they wash their hands.



1 · 2 · 3 · 4 · 5 · 6 · 7 · 8 · 9 · 10 · 11 · 12

Home Supports - How Long Do I Wash My Hands?

· 13 · 14 · 15 · 16 · 17 · 18 · 19 · 20



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