

# Curriculum Overview



The SOLER (Social Learning and Emotional Regulation) Curriculum is a comprehensive social skills curriculum for students with autism and other social learning challenges. The curriculum can be used with elementary students and taught in small groups or one-on-one settings. Through evidence-based lessons and a scope and sequence that provides scaffolded learning opportunities, teachers can provide students targeted instruction in social skills. SOLER has three leveled units, moving from basic foundational social skills towards more complex social skills. Curriculum areas within each unit include:

Unit 1	Unit 2	Unit 3
Communication Friendship Self-Awareness Self-Management Perspective-Taking	Communication Friendship Self-Awareness Self-Management Perspective-Taking Connections	Communication Friendship Self-Awareness Self-Management Perspective-Taking Connections

## Instructional Procedures

Instructional procedures are systematic teaching steps that lead to skill acquisition, skill performance, and generalization of skills in natural settings. Behavioral strategies form the foundation of the curriculum and include:

- Obtaining baseline information to determine student’s current level for each skill target and where to begin instruction
- Providing step-by-step instruction building on previously learned skills
- Breaking skills down into small, teachable steps
- Using antecedent strategies to provide students with clear information about expected behaviors
- Clearly defining expected student responses for instructors
- Using consequent strategies to provide frequent reinforcement and correction if needed
- Measuring progress both during the social skills group and during generalization of skills in natural settings
- Using evidence-based practices including social narratives, role-play, peer-based instruction, video modeling, and self-monitoring

## Curriculum Components

### Resources

- Scope and Sequence -Unit 1,2,3 lessons
- Standards Alignment Guide - alignment of curriculum with common Social Emotional Learning (SEL) standards and sample IEP goals
- Data collection guide and forms
- Instructional reference guides
- Caregiver information letter

### SOLER Lesson REELS

- SOLER includes seventy unique lessons. Lessons are presented through a one-of-a-kind interactive tool called a REEL (Remote Education for Exceptional Learners). The SOLER Curriculum Overview.

### Generalization REELS

- All lessons have a corresponding generalization REEL that provides activities for students to generalize skills from small groups to other settings. Teachers can provide a link for caregivers or general education teachers to access the generalization REEL.

## Supplemental Resources

- Printable resources are included for all lessons. Printable forms include student worksheets, reflection worksheets, visual supports, and additional materials to support the instructional content for each lesson.

## Curriculum Organization

### Baseline information and on-going progress monitoring

- The Skill Checklist and Progress Monitoring booklet is an individualized record for each student to record baseline data, monitor progress, and document the student's completion of each lesson.

### Instructional sessions -30-minute group instructional sessions divided into three phases

- Phase 1** is the skill acquisition phase and teaches students both the vocabulary and expected behavior needed to perform the target skill correctly. Strategies include modeling, video modeling, discussion, reinforcement, and visual supports.
- Phase 2** provides practice and rehearsal of the target skill within the social skills group. Strategies include video modeling, role play, social narratives, visual supports, reinforcement, and peer-based interventions.
- Phase 3** is the generalization component in which students are expected to perform target skills in natural settings. Strategies include visual supports, self-monitoring, and reinforcement.

### Data Collection Forms

- Data is collected and recorded after each session and is used to determine when the group has mastered the target skills, becoming ready to move on to the next phase. Additional instructional content is suggested for any students who need more instructional support.

## Getting Started

Steps		Instructions	Location of Materials
<b>1</b>	<b>Collect baseline data to establish current skill level before instruction begins</b>	Complete the checklist for each student. Use the interview, frequency, and opportunity forms to gather supporting data. Select a unit to begin instruction based on the student's skill level.	Resources–Data Collection <ul style="list-style-type: none"> <li>SOLER Skill Checklist and Progress Monitoring</li> <li>Teacher/Caregiver Interviews</li> <li>Frequency Data</li> <li>Opportunity Data</li> </ul>
<b>2</b>	<b>Group students/ schedule sessions</b>	Place students in groups based on unit selection. Schedule a minimum of 30-minute sessions two to five times per week.	<ul style="list-style-type: none"> <li>STAR E-Scheduler</li> </ul>
<b>3</b>	<b>Share information with caregivers/teachers</b>	Communicate with caregivers and general education teachers about the SOLER curriculum.	Resources–Additional Resources <ul style="list-style-type: none"> <li>Caregiver Information</li> </ul>
<b>4</b>	<b>Review the lesson content prior to instruction</b>	Review the Lesson Plan, Lesson REEL, and any additional information needed for the lesson.	<ul style="list-style-type: none"> <li>Lesson REELs</li> <li>Lesson Plans</li> </ul>
<b>5</b>	<b>Print materials needed for the lesson</b>	Print worksheets and visuals for specific lessons. Print additional materials needed for the session, such as the SOLER Team Goal Chart and individual token boards.	<ul style="list-style-type: none"> <li>REEL Supplements</li> </ul>
<b>6</b>	<b>Teach the lesson and collect data</b>	Follow the REEL lesson format. At the end of the session, record student performance following the data collection instructions provided.	Resources - Data Collection <ul style="list-style-type: none"> <li>SOLER Session Data Collection</li> <li>Lesson REELs</li> </ul>
<b>7</b>	<b>Assess generalization</b>	Follow the phase 3 instructions for generalization strategies and information.	Generalization REELs Resources – Data Collection <ul style="list-style-type: none"> <li>Teacher/Caregiver Generalization Form</li> </ul>