



# Fairy Tales and Fables

## Group Activity: Cooking – Cheesy Mouse

### Objective:

This activity promotes independence by providing students the opportunity to follow a series of steps to complete a cooking task.

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### Materials:

- Cracker (1 per student)
  - Cheese wedge (1 per student)
  - Olive piece (1 per student)
  - Sesame seeds (2 per student)
  - Mini peperoni slices (2 per student)
  - Green onion slice (1 per student)
  - Small plate (1 per student)
  - Recipe (provided)
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### Preparation:

1. Print and laminate the recipe; make it available for each student to hold/read.
  2. Gather and organize the cooking supplies in a well-marked, accessible area so students can identify and collect ingredients independently.
  3. Slice olives into half-inch pieces (1 per student).
  4. Slice green onion into thin strips and curl the end by wrapping it around a pencil, or your finger (1 per student).
  5. Make a completed cheesy mouse to serve as a model, visible to all students.
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### Caution!

- a. Always supervise students closely when cooking.
  - b. Follow proper food handling protocols.
  - c. Adults should always complete activities involving hot items or use of the oven.
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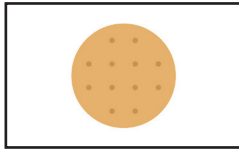
## TEACHING INDEPENDENCE

For students just learning to follow a visual recipe:

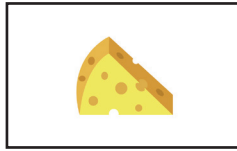
- a. Complete the preparations steps for, or with, the student.
- b. Consult the visual recipe frequently with students and allow them to use it as a tool for independence.
- c. Provide guided support, but encourage the student to complete the steps as independently as possible.

# Cheesy Mouse

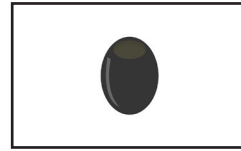
## INGREDIENTS AND MATERIALS:



Cracker



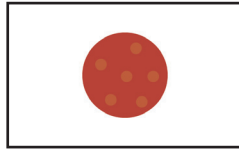
Cheese wedge



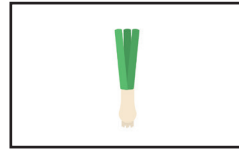
Olive piece



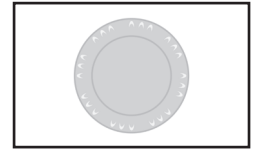
Sesame seeds



Mini peperoni slices



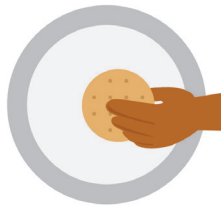
Green onion slice



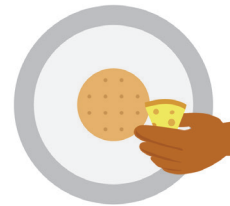
Small plate

## STEPS:

1. Place the cracker on a plate.



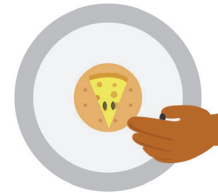
2. Place the cheese wedge on the cracker.



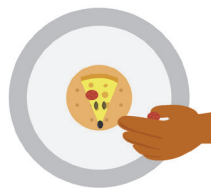
3. Place two sesame seeds at the narrow edge of the cheese wedge: these are the eyes.



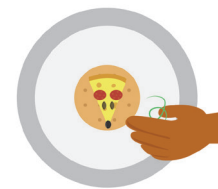
4. Place an olive piece on the tip of wedge: this is the nose.



5. Push two mini pepperoni slices upright into the cheese wedge: these are the ears.



6. Place the curled green onion on the back of cheese wedge: this is the tail.



7. Eat and enjoy!

