

## Autism Acceptance Month



The world is filled with people who are unique and different from each other. Some differences are easy to see, such as our height, our hair color, and whether we wear glasses.





Point to someone who is tall.  
Point to someone who has red hair.  
Point to someone who wears glasses.

2



Other differences cannot be seen on the outside, such as how our brains work.



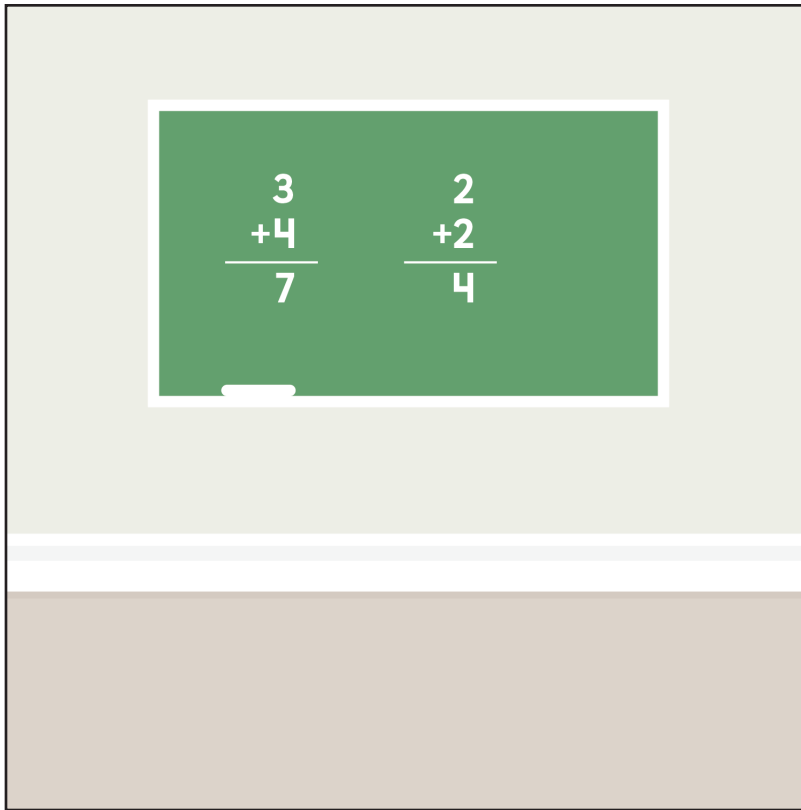
There are many groups of people who have brains that work differently from other groups. Some examples are people with ADHD or autism.



Acceptance and celebration of differences in how people think and act is important. We can celebrate differences by giving compliments on things other people are good at. We can accept differences by being patient and waiting when something is hard for someone.

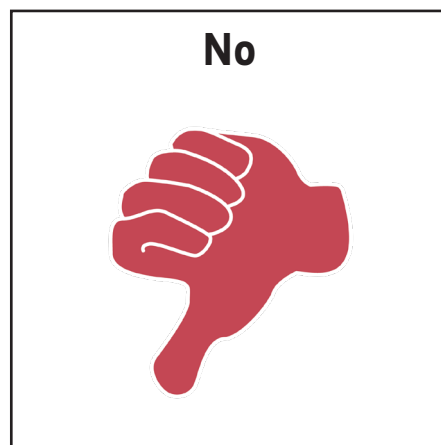
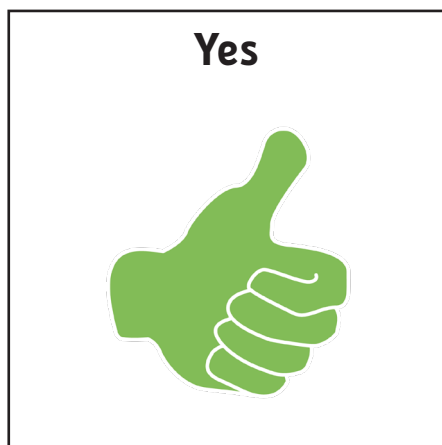
### What is a good way to show someone you accept and celebrate their differences?

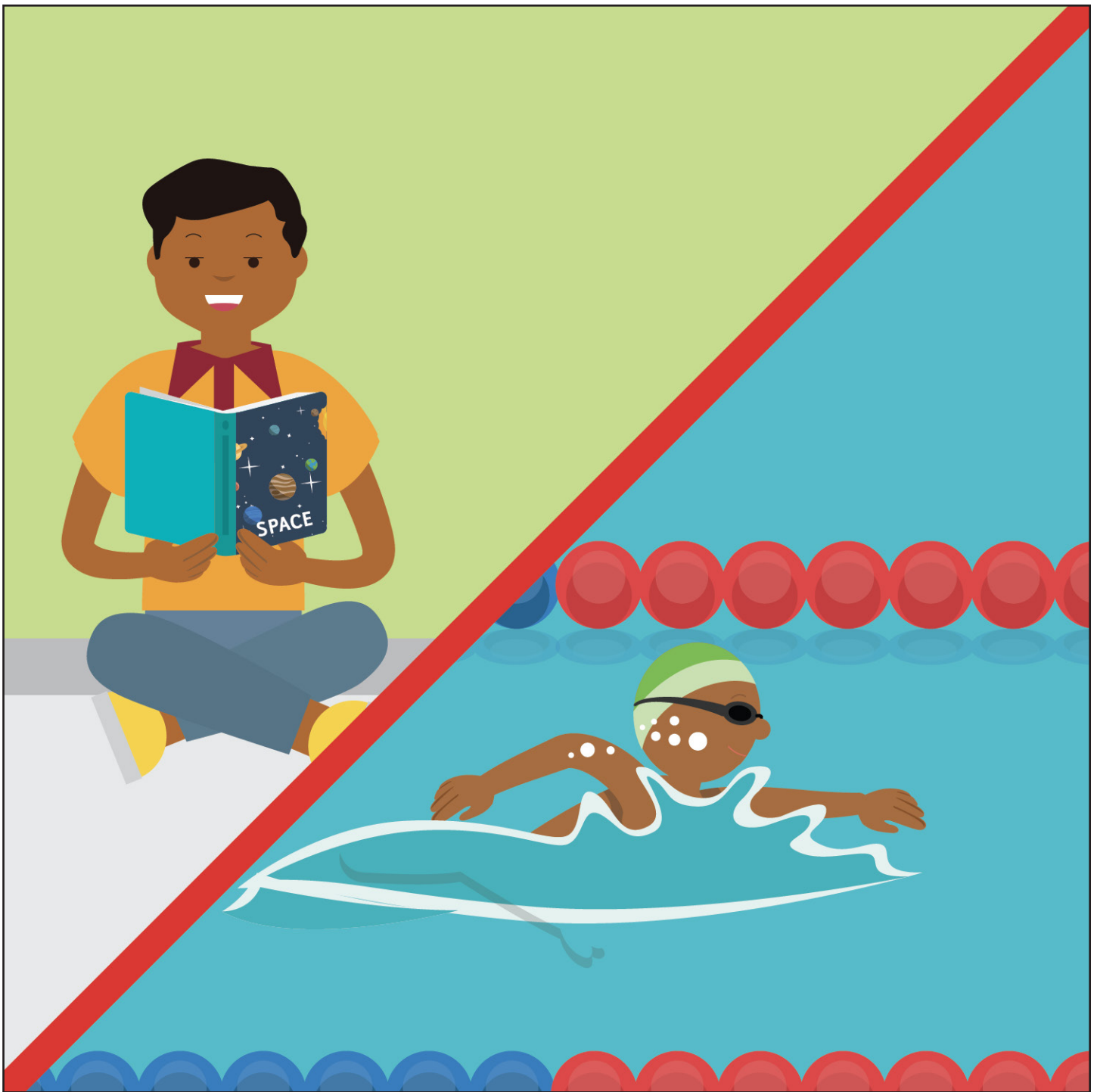




Differences in how our brains work may affect how we learn new things. For example, math is easy for some people to learn and hard for others.

**Is math hard for you?**





These differences are also the reason one person may really like something that another person does not like. For example, one person may like to read books about outer space. Another person might not like to read books at all, but they really like to swim.





Celebrating these differences helps us to appreciate and learn from people with different interests, strengths, and challenges.

## What things do you like?

**Art**



**Sports**



**Math**

$$2 \times 2 = 4$$

**Reading**

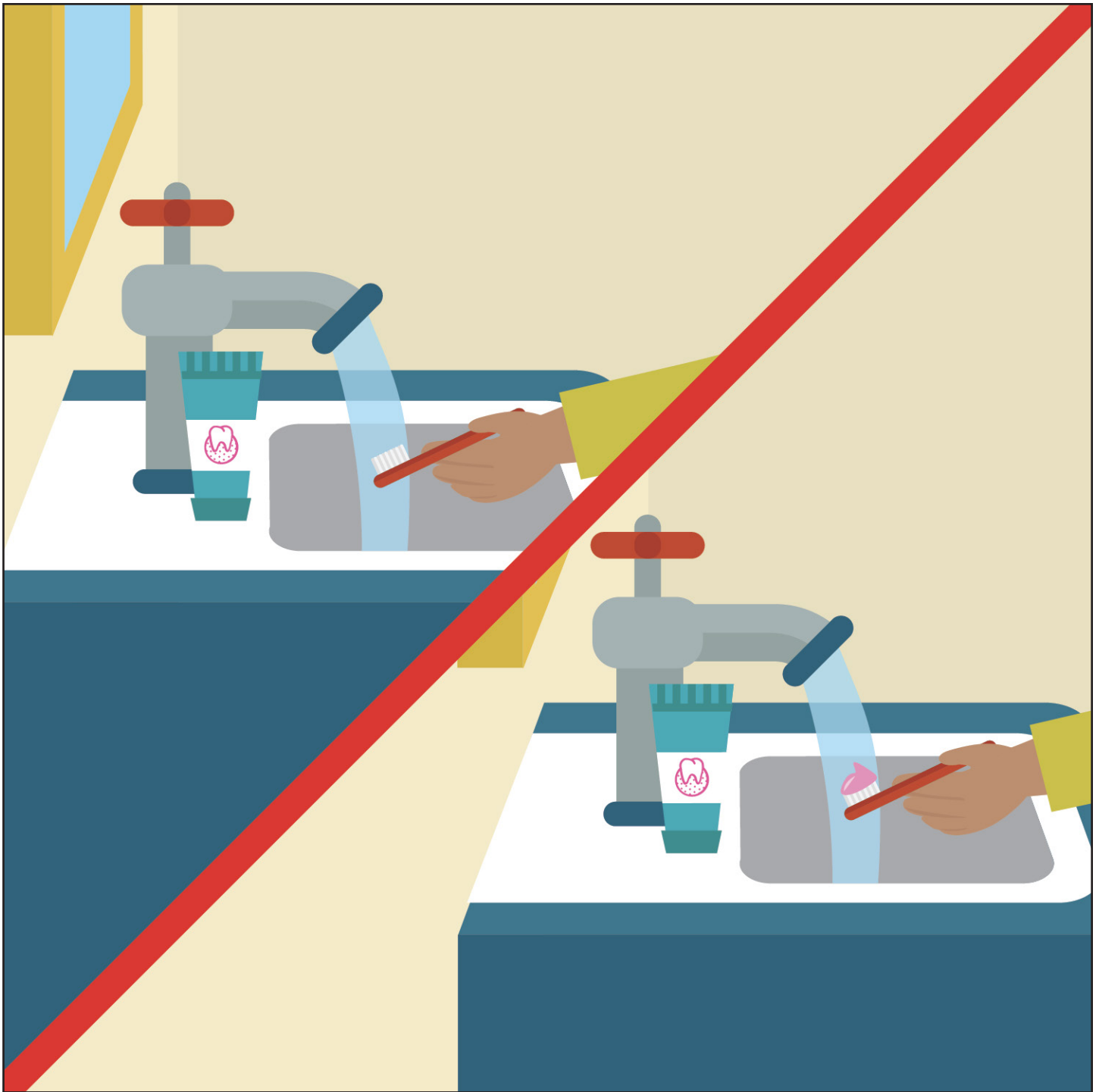


**None of these**





When we celebrate differences, we can accept that everyone does not think about things the same way. We have different ways of doing things, and that's okay.



An example of how people do things differently is brushing their teeth. Some people put water on the toothbrush first, and then they add toothpaste. Other people put toothpaste on their toothbrush first, and then they add water.





It also helps us to value the people around us, especially when they are different and do things differently than us. Our differences make us unique, special, and interesting to be around.