

During the appointment

- I. Why are you doing a blood test?
- 2. Do I need any shots?
- 3. Can you write down my blood pressure for me?
- **4**. Can you write down _____ for me?
- **5**.
- 6.

Going to a Health Professional - Visual Supports: Questions to Ask a Health Professional

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Prescriptions

- I. How long do I have to take it?
- 2. Is there another option instead of taking medicine?
- 3. What can happen to my body if I take this medicine?
- **4.** What do I do if the medicine makes me feel bad?
- **5**.
- 6.



Prevention

- I. How often should I get a check-up?
- 2. How often should I exercise?
- **3**. Which foods should I eat to be healthy?
- **4**. Can you help me understand my blood pressure?
- **5**. Can you help me understand _____?
- 6.
- **7**.

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Medical test or procedure

- I. Why do I need this test?
- 2. What can happen to my body if I don't get the test?
- 3. What will the test tell me?
- **4**. How do I find out what the test says?
- **5**. How long do I have to wait to find out what the test says?
- 6.
- **7**.