

# Caregiver Session Quick Guide

## Secondary



### Greeting Time

This instructional block provides a consistent and fun routine to start the online sessions. Opportunities will be embedded during greeting time to encourage communication and generalization of previously learned skills.

To help your child move toward independent interaction with their teacher and increase engagement with the screen, you can:

1. Be interactive and animated to get your child motivated and excited to participate.
2. Provide reinforcement for desired behaviors, such as sitting, looking at the screen, imitating actions, singing, and asking or answering questions.

### Lessons

During this instructional block, your child will work on learning new skills or maintaining skills that were learned at school.

To help your child during this block, you can:

1. Gather materials the teacher identifies as needed prior to the session.
2. Follow cues and directions from the teacher. The goal of instruction is to have your child interact with the teacher, but for some children, the instructor will be coaching you through instructing your child. As your child becomes more familiar with remote instruction and gains new skills, independent engagement with the teacher and the screen will typically increase.
3. Provide positive feedback to your child when performing skills and reinforce good attempts. Celebrate small learning steps. Small steps translate into larger gains over time.
4. Ask the teacher to clarify anything you don't understand or need more information on. Caregiver and teacher partnerships provide children with the optimal learning environment.
5. Practice new skills your child has learned at other times during the day. Children learn best through repetition and practice.

### Independent Work

Learning to work independently is an important skill to develop. Your child's teacher will work with you to identify appropriate independent work tasks or activities for your child. The beginning independent work tasks are simple and designed to reward your child for completing their work with limited help from you. As your child progresses, the tasks will become more complex.

To help your child complete their independent work you can:

1. Create an independent work space.
2. Work with your child's teacher to identify independent work tasks.
3. Prepare the independent work task using materials provided by your child's teacher.
4. Identify a time each day for your child to work on the independent work routine.
5. Provide your child with support as needed for them to complete the independent work routine.

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### Functional Routines

This instructional block provides an opportunity to choose a new target routine each week and learn to break typical daily routines into small steps, embed reinforcement and communication, and increase independence.

To help your child during functional routines, you can:

1. Choose routines that your child enjoys. This will motivate students to become independent and provide success for both you and your child.
2. Choose routines that are more challenging for your child to work on behavior, independence, and social skills.
3. Use the visual and environmental supports provided by the teacher. Visuals work and can help your child understand behavioral expectations.
4. Ask the teacher to help and provide additional supports with challenging routines.